

**the little servants of Christ The King prayer community**  
**Sudbury, Ontario**

.... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

**March 2018**



**Our Mission Statement:** *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

## THE PASSION OF THE PASSION



It would be a gross presumption on my part to place words in the mouth of Jesus Christ. This is particularly so in relationship to His Passion and death as these events are recorded in Sacred Scripture. We are told however, that Christ spent time in the Garden of Olives. What I am attempting to do is express some of the thoughts that may have passed through His mind.

To my beloved Father: You know that all things will come to pass in conformity with Your Eternal Will. The least word of Sacred Scripture will be fulfilled. The moment of truth is at hand and what is required now is at hand and what is required now is the quiet acceptance of that will in the sanctuary of my own heart. Let it therefore be as You would have it, Father.

You have given me life and will exact that life, but I would live every vital moment with a passion and intensity fired by Your Divine Love. It is not the sheer horror of gross mutilation that frightens or saddens me. Nor is it the thought that I will be hung up before the eyes of mankind to die in apparent abandonment. Rather, it is the realization that the divine sacrifice given to my brothers in humanity will perhaps be spurned. The psychological hurt of giving love, only to be mocked, and crowned with thorns, is the burden I feel most keenly. Since the gifts of life, love, and redemption stem from You the Creator, mankind in rejecting Me rejects You. For that reason I would have this cup pass, because knowing You

as I do I know Your Name is synonymous with Giving. I would not have anyone repudiate Your gifts. If it were necessary to die a thousand times a thousand deaths I would do so to avoid this supreme insult to Your generosity.

I thank you, Father, for this gift of Life, because it stems from the eternal present and from the whirling depths of Your Immense light and love. Would that every man know how much I have cherished each vital second. How profound and bountiful is that generosity which inspires creation. Even to the simplest white sand upon the ocean's shore.

I have confidence that this dark night will pass, but shortly I will be with you fully consumed in the peace of Your Perfection.

With me will be all humanity.

-- by: Marcel Francis, Sudbury  
*With permission from the Bread of Life*



## A Wonderful Reflection on Eucharistic Adoration

3

### Something Very Simple – (It's the secret of our chapel!)

It is enough for you to be with Me.  
This is all I ask of you.  
I do not ask for elevated thoughts,  
or for emotional outpourings,  
or for nicely constructed phrases.  
I ask only that you stay with Me.

I need your company even now  
just as I needed the company  
of Peter, James, and John  
in Gethsemani.  
They slept on, it is true,  
but I knew they were there,  
and their presence was a consolation  
to My agonizing Heart.

You are afraid of distractions, of daydreams,  
and of foolish thoughts;  
these do not offend Me  
because they are no more than flies  
buzzing in the background.

I am absorbed by your presence before Me.  
Does this shock you that I should say  
such a thing?

But I am absorbed by you:  
My eyes rest upon you; My Heart is all yours;  
I am listening intently to you;  
and all My attention is focused on you  
when you come seeking Me.  
Believe that I am totally absorbed by you,  
and soon you will be totally absorbed by Me.

I speak here using human terms,  
using the language of friendship,  
of affection, of love.

I am present here in all the sensitivity and  
tenderness of My humanity.  
I am here offering you My friendship,  
ready to spend as much time with you  
as you are ready to spend with Me.

I want you close to Me:  
as close as John was to Me when,  
at My last supper,  
he rested his head upon My breast.

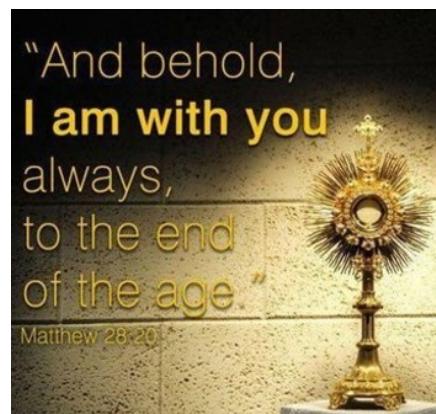
Prayer such as this  
cannot be calculated or measured  
in terms of minutes and hours.  
It is what it is and this for as long  
as you abide in My presence.

Even when the time of your adoration is  
ended, I remain with you,  
I am in you, all attentive to you, all loving,  
ready at every moment to enter into  
conversation with you,  
to strengthen you in temptation,  
to comfort you in your sorrows,  
to be a light for you in your darkness.

It requires but a little bit of faith  
to realize that one is never alone,  
to become aware of My presence,  
of My readiness to communicate Myself  
to you wordlessly by an infusion of My grace.

Use what I am telling you now  
to comfort others who struggle in their prayer,  
who find that prayer is difficult, and arduous,  
and wholly exceptional  
in the lives of ordinary people.  
For the man who seeks My Face  
and desires to rest upon My Heart,  
I make prayer something very simple:  
wordless, peace-giving, cleansing  
and divinely fruitful.

- From *In Sin Jesu*, The Journal of a Priest



# Questions and Answers to Ponder

## **What is Lent?**

Lent is a 40-day period leading up to Easter, beginning with Ash Wednesday. (This year, Ash Wednesday was February 14.) Lent is a penitential season. That means it is an opportunity to examine your life, give your struggles to God, and invite him to help you become the-best-version-of-yourself.

During Lent, there is a strong focus on prayer, fasting, and almsgiving. All these spiritual exercises help prepare us for the celebration of the passion, death, and resurrection of Jesus.

## **When Is Lent in 2018?**

Lent this year began on Ash Wednesday (February 14, 2018).

The day before Ash Wednesday is popularly known as Mardi Gras (literally Fat Tuesday). Since Lent is a season of fasting, Fat Tuesday traditionally is a final day of feasting and merrymaking before the 40-day fast.

## **When Is Easter in 2018?**

Easter this year is April 1, 2018.

## **When Is Holy Week in 2018?**

Holy Week begins on Palm Sunday, which is March 25, 2018. Holy Thursday, which begins the 3-day period the Church calls the Easter Triduum, is March 29, 2018. Good Friday is March 30, 2018.

## **What Should I Give Up for Lent?**

Lent is the perfect time to form new life-giving habits and abandon old self-destructive habits. But most of us just give up chocolate. Then, when Easter arrives, we realize we really haven't grown spiritually since the beginning of Lent.

Giving things up can help us to have a meaningful Lent, but that's not what Lent is really all about. Lent is about doing something—something bold to become a better husband or wife, father or mother, son or daughter, friend, neighbour, etc.

What if this year you did more than just give up something during Lent? Do something life-changing.

## **What are Prayer, Fasting and Almsgiving?**

Prayer, fasting, and almsgiving are three traditional practices of Lent. They are meant to help us turn away from self-destructive habits and open ourselves to God so he can help us become the-best-version-of-ourselves.

## **What Is Prayer?**

Therese of Lisieux wrote, "For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and

joy." And yet, the truth is, prayer is perhaps the most difficult thing we will ever do.

Prayer is central to the Christian experience. A Christian life is not sustainable without it; growth in the Christian life is simply not possible without prayer. Growing in character and virtue, learning to hear the voice of God in our lives, and walking where he calls us all require the discipline of prayer.

If you want to know God, and if you want to know yourself, pray. Talk to God. There are many different kinds of prayer (adoration, petition, intercession, thanksgiving), but in the end, prayer is simply conversation with God.

## **What Is Fasting?**

Fasting is a spiritual exercise, and is primarily an action of the inner life. We do not fast to impress other people. We fast to cultivate the inner life. Fasting should be an occasion of joy, not a cause of sadness. Authentic fasting draws us nearer to God and opens our hearts to receive his many gifts.

Go without food for several hours and you quickly realize how truly weak, fragile, and dependent we are. This knowledge of self strips away arrogance and fosters a loving acknowledgment of our utter dependence on God.

Catholics are invited to fast on Ash Wednesday and Good Friday. Guidelines for a day of fasting include eating only two small meals and one full meal, without eating in between meals. Those who are physically unable to fast from food are encouraged to choose something else to fast from on those days.

## **Why Do Catholics Not Eat Meat on Fridays?**

Catholics often do not eat meat on Fridays, especially during Lent. This is an intentional way to remember Christ's passion and death with an act of self-denial. It is generally practiced on Fridays, since that is the day that Jesus suffered and died.

## **What Is Almsgiving?**

Almsgiving is giving to those in need. If we open our eyes we will discover that we are surrounded by need. We are always called to be generous, but during Lent, we are invited to share the love of God with other people by being especially generous with our time, talent, and treasure.

We cannot do everything, but that doesn't mean we should do nothing. We cannot save everyone, but that doesn't mean we shouldn't save some. Don't let what you cannot do interfere with what you can do. And what we can do, all of us, is make small sacrifices, and simplify our lives in some small ways so that others may simply live.

Source: <https://dynamiccatholic.com/bestlentever/about-lent/>

## **Word Received February 15, 2018.**

Our Lady appeared; Her eyes were filled with tears as she spoke, "The storm is coming!"

I had a vision of a huge heart filled with all of our hearts. "My children thank you for all of your praises.

Are you willing to surrender all to me this Lenten season? Are you ready to clothe yourselves with the armour of God? Surrender all to me, do not be afraid. Are you willing to surrender?"

## **SOME THOUGHTS ON LENT**

If we were knives, Lent would be a time to sharpen our cutting edges.

If we were cars, Lent would be a time for an oil change and a tune-up.

If we were swimming pools, Lent would be a time to filter the dirt out of the water.

If we were gardens, Lent would be a time to fertilize our soil and dig out of the weeds.

If we were carpets, Lent would be a time to get power-cleaned.

If we were VCR's, Lent would be a time to clean our heads and adjust our tracking.

If we were computers, Lent would be a time to overhaul our disk drive.

If we were highways, Lent would be a time to repair our cracks and fill our potholes.

If we were TV sets, Lent would be a time to adjust our focus and our fine-tuning.

If we were silverware, Lent would be a time to clean away our tarnish.

If we were batteries, Lent would be a time to get recharged.

If we were seeds, Lent would be a time to germinate and reach for the sun.

### **But we are none of those things.**

We are people who sometimes do wrong things; we need to repent of them.

We are people who sometimes get spiritually lazy; we need to get back into shape.

We are people who sometimes become selfish; we need to stretch out our narrowness and begin giving again.

We are people who sometimes lose sight of our purpose on earth and the immense promise within us; we need to regain our vision.

And because we are also people who sometimes tend to put those things off, we need a special sort of official time to concentrate on doing them, so we have Lent.

**The Easter candy will taste sweeter, the Easter flowers will bloom more brightly, the Easter Sunday sun will shine more warmly if we are a better people – and all because of how we spend these 40 days.**

*Author unknown*

# Prayer Group Community Notes & News

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**Dear members of  
the little servants  
of Christ The King  
prayer community:**

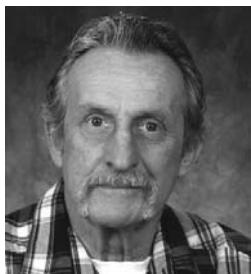
- We deeply appreciate your expression of sympathy and a memorial mass for our dear mother. In gratitude:
  - The family of Margaret Marsh (grandmother of Philip Marsh)
- Sincere thanks for the perpetual enrolment of Josephine DiGioseffo. She often marvelled at your dedication to spreading the good news of our faith through so many workshops, retreats, masses, etc. She loved Thursdays! Come hell or high water, she was going to the prayer meeting, where, when people said they would pray for you – you knew that they did! God continue to bless all of you. In deep appreciation: (p.s. The Holy Sacrifice of the Mass (unannounced) will be celebrated for your intentions by a retired priest of the Diocese of Sault Ste. Marie).
  - Amelia & Killian Deblacam, Austine & Loretta, Joey & Alexandra
- God bless you and thank you for remembering us with your cards and prayers. Please continue to say prayers for my mother, June and I. Love,
  - Luke Hurst
- Dear Friends: We are so appreciative of the enrolment, masses and memorial membership from St. Therese de Lisieux, for Francis. We deeply appreciate your support and comfort, especially in this time of sorrow, and are grateful for friends like you at this very difficult time. God bless all of you! Love and prayers,
  - Nicla, Andrea, Colleen, Deborah, Kathleen and the whole Donnelly family
- I wish to thank the little servants of Christ The King prayer community for their thoughts, gifts and prayers at Christmas time and the new year. Many blessings in 2018.
  - Fr. Gerald Lajeunesse.
- Thank you for the remembrance of prayers and support both personally and by members of the prayer community. Blessing upon all of you and your families in the New Year.
  - Fr. Jim Ketzler

# Prayer Group Community Notes & News

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## Dear members of the little servants of Christ The King prayer community:

- Many thanks for your ongoing support for our ministry in the Philippines. Your small and not so small donations you place in the can go a long way to help our feeding program, medical missions and other projects we continue in Iling Island, Mindoro, in the Philippines. Many thanks and God bless all of you.  
– Fr. Jeff Shannon
- Thank you for sending me the latest edition of your newsletter. I am so delighted to hear that everyone is doing well. I wish you all the best. My regards to everyone!  
– Fr. Patrick Isaiah
- Prayers are requested for Magda Arsenault who is staying with her daughter because she is not well
- Jack Cook is recovering well from his knee surgery. Thank you for your continued prayers for him.
- Please pray for Ted Jolicoeur who is home and doing well. Thank you for your support and prayers! God Bless all of you.
- Prayers are also requested for Gerry Bertrand and wife who are both undergoing health issues at this time. Thank you for your continued prayers.
- We thank God that the “flu season” should be coming to an end. So many of our family, friends, co-workers and members were affected, and we praise God for His Healing Touch!



Robert Rainville – Deepest sympathy is expressed to Jeannette Rainville on the passing of her husband. Robert was called home by the Lord on Wednesday, February 14<sup>th</sup>. Please pray for the repose of his soul and all his family.



Frank Reich – Deepest sympathy is expressed to Marco and Bruna Reich on the passing of Marco’s brother, Frank, who was called home by the Lord. His funeral was held on Saturday, February 3<sup>rd</sup>, 2018 at St. Catherine of Sienna Church, Hamilton, Ontario. Please pray for the repose of his soul and for his family.

## March Birthdays



- 1 - Clémence Wilson  
Shane McIntyre  
James Simaldoni
- 2 - Antoinette Blais  
Diane Martel-Titoc
- 3 - Frances Antonini  
Diane Bertrand  
Anita Greenway
- 4 - Lucia Biondi  
Anne Lemster
- 5 - Claudette Pamela Felhaber
- 6 - Pat Green
- 7 - Suzanne Rancourt
- 8 - Gertrude Lemieux
- 9 - Jean Marie Vianney
- 10 - Theresa Baronette  
Father Gabriel
- 11 - Sharon Campbell
- 12 - Wladimir Almenar  
Sue Botts
- 13 - Germaine Blais  
Adrienne McIntyre
- 14 - Noella Farenzena
- 17 - Chantal Lucarelli
- 19 - Vincent Gauthier
- 21 - Eileen Stonley
- 23 - Agathe Lapalme
- 24 - Roger Labonté  
Bernadette San Cartier
- 25 - Liza Rizzardi
- 28 - Zenaida Odense
- 29 - Gerry Bertrand  
Julie Bertrand  
Marc Grandmaison
- 31 - Demetrius Giroux  
Noel Reid

*Happy Birthday  
and  
God's Blessings*



- Raymond Joseph Birch – March 30, 1992
- Dan MacIntyre – March 19, 1995
- Catherine McIsaac – March 15, 1996
- Fr. Peter Hussey – March 24, 2001
- Fern Richard – March 28, 1998
- Jean-Paul Beaudry – March 22, 1998
- Jackie Giommi – March 20, 2005
- Fr. Gerry Grant, C.Ss.R. – March 10, 2004
- Rose Anne Dozzi – March 6, 2008
- Sister Leona Marchand (Sister St. Leo)  
– March 2, 2009
- Leona Remeikis Juska – March 5, 2009
- Connie Thompson – March 31, 2011
- Anthony (Tony) Hall – March 10, 2014
- Giovanni Taglialegne – March 20, 2015
- Rita Bonin – March 25, 2015
- Rose Coltrinari – March 27, 2015
- Chase Read – March 14, 2016
- Ted Szilva – March 9, 2016
- Chrissie MacDonald – March 14, 2017
- Sylvie Regimbal – March 19, 2017

*Eternal rest grant unto them, O Lord  
and let perpetual light shine upon them.  
May their souls and the souls of all the faithful  
departed, through the mercy of God,  
rest in peace. Amen.*

If you know that the Lord loves you, if you have turned your life over to Jesus, the Saviour, King and Lord of mankind, you have been blessed by God in an incredible way. You have been given a treasure that the whole world's wealth cannot buy or equal.

Father Bob Bedard  
– Companions Of The Cross

# **Lenten Mission – Our Lady of Hope Church**

## **591 Brennan Road, Sudbury, Ontario**

Please pray for the spiritual success of our 5 week Lenten Mission which began on Saturday, February 17<sup>th</sup>, 2018, and continues each Saturday morning until Saturday, March 17<sup>th</sup>, 2018. The theme for this year's Lenten Mission is:

### **“Walking in the Light of Christ” 1John 1:5-7**

**Schedule for the day is as follows:**

**8:00 am. to 9:00 am. – Sacrament of Reconciliation**

**9:00 am. to 9:15 am. – Song and Praise**

**9:15 am. to 10:00 am. – Introduction & first talk followed by a period of  
quiet reflection**

**Special Guest Speaker – Fr. Patrick Okenyi, S.M.A.**

**10:00 am. to 10:15 am. – Short Break**

**10:15 am. to 10:30 am. – Song and Praise**

**10:30 am. to 12:00 pm. – Entrance hymn for mass (Saturday liturgy)  
Second talk is homily**

**Celebrant and homilist:**

**Bishop Marcel Damphousse**

**Or Fr. Gerald Lajeunesse**

**12:00 noon – Conclusion**

**Everyone Is Most Welcome!**

### **Book Store**

**Open - 8:00 am. until 9:00 am. in St. Joseph's room**

- 10:00 am. until break is ended**
- at the conclusion of the morning for a few minutes**

The book store contains excellent Catholic reading material at the lowest possible cost. DVD's are available for rent and our newsletters are available.

### **Income Tax Receipts**

Thank you most sincerely for your generosity to help cover the cost of the Lenten Mission. A collection is not taken up, however, envelops are provided for your donations.

*the little servants of Christ The King prayer community  
Father Patrick Okenyi, SMA – Spiritual Director*

## Weekly Mass Intentions

Each Thursday evening, mass is celebrated at our prayer meeting. In addition to the regular intentions, the following is added.

**The Prayer Intentions of the Mass**  
are as follows:

### First Thursday of the Month

- for all members listed in our memorial book.

### Second Thursday of the Month

- for the intentions of all members celebrating their birthday during the present month.

### Third Thursday of the Month

- for all members and their families who are sick at home or in the hospital.

### Fourth Thursday of the Month

- Sacrament of The Sick for all those of our Catholic faith who are present and are suffering because of a spiritual, emotional or physical illness ... (who are seriously ill ... who are depressed, anxious, distressed, ... elderly ... anyone who is handicapped, ... anyone who is suffering in any way and are in need of The Lord's Healing Touch).

If anyone would like an individual mass offered for any intention, please arrange with the parish priest of your parish, or a retired priest of our Diocese.



When we pray to God, our words may be spontaneous, arising from our most personal and intimate thoughts and feelings. Sometimes our prayer may be wordless, simply a silent, loving, interior gaze on Him. But frequently, the way we pray is more formal, shaped by the traditional prayers of the Catholic Church. Many of these prayers – handed down by the Church from generation to generation – are said communally as we gather together for worship. Others are prayed privately communicating with God devotionally.

“Don’t let a day go by without praying a little! Prayer is a duty, but it is also a joy because it is a dialogue with God through Jesus Christ.”

– **Blessed John Paul II**

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## Golden Threads of Prayer

**God Our Father, We pray for Your Grace to use.....**

**Our hands to serve**

**Our feet to take the extra step**

**Our lips to comfort and nurture**

**Our hearts to love unconditionally**

**Give us the giving spirit of Your**

**Son, Jesus Christ**

**Amen**



## *Prayer to St. Joseph*



O Glorious St. Joseph, you were chosen by God to be the foster father of Jesus, the most pure spouse of Mary, ever Virgin, and the head of the Holy Family. Your have been chosen by Christ's Vicar as the heavenly Patron and Protector of the Church founded by Christ.

Protect the Sovereign Pontiff and all bishops and priests united with him. Be the protector of all who labour for souls amid the trials and tribulations of this life; and grant that all peoples of the world may follow Christ and the Church He founded.

Dear St. Joseph, accept the offering I make to you. Be my father, protector, and guide in the way of salvation. Obtain for me purity of heart and a love for the spiritual life.

After your example, let all my actions be directed to the greater glory of God, in union with the Divine Heart of Jesus, the Immaculate Heart of Mary, and your own paternal heart. Finally, pray for me that I may share in the peace and joy of your holy death.

## Prayer For a Happy Death

O Blessed Joseph, you gave forth your last breath in the loving embrace of Jesus and Mary. When the seal of death shall close my life, come with Jesus and Mary to aid me. Obtain for me this solace for that hour to die with their holy arms around me. Jesus, Mary, Joseph, I commend my soul, living and dying into your sacred arms.

## THE POPE'S MONTHLY INTENTIONS FOR 2018

## MARCH

## Evangelization: Formation in Spiritual Discernment

That the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels.

## **Pope Francis as quoted by Magnificat, April 2<sup>nd</sup>, 2015**

"God placed on Jesus' Cross all the weight of our sins, all the injustices perpetrated by every Cain against his brother, all the bitterness of the betrayal by Judas and by Peter, all the vanity of tyrants, all the arrogance of false friends. It was a heavy Cross, like night experienced by abandoned people, heavy like the death of loved ones, heavy because it carries all the ugliness of evil. However, the Cross is also glorious like the dawn after a long night, for it represents all the love of God, which is greater than our iniquities and our betrayals. In the Cross we see the monstrosity of man, when he allows evil to guide him; but we also see the immensity of the mercy of God, who does not treat us according to our sins but according to his mercy."



The Knights of Columbus Father Brian McKee Council 1387 is involved in Our Lady of Hope Church and annually supports financially the little servants of Christ The King. If you are not currently a member of the Knights of Columbus and you wish to be, contact Tony Sottile at 705-673-2854 or see him at our Thursday evening prayer meeting.

## ***The Wild Goose***

Father Dave Pivonka, TOR, presents a special video series on Evangelization. It will begin at Our Lady of Hope Church on Thursday, February 1<sup>st</sup>, 2018 at 6:50 p.m. followed by the celebration of The Eucharist. Each presentation is approximately 27 minutes in length.

The title of this presentation is called: "***The Wild Goose***" which is a free, high quality video on the Holy Spirit. The name "Wild Goose" comes from an old Irish expression about the powerful movement of the Holy Spirit, which goes wherever He wills, like a wild goose. Each segment of the series addresses a different aspect of the relationship between the Holy Spirit and the mission of the Church and features personal testimonies from clergy, religious and lay people about their experience of the Holy Spirit's presence in their lives and ministry.

All are welcome. Plan on attending this special video on Evangelization.

### **the little servants of Christ The King prayer community** **Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.

Our official address is:

**the little servants of Christ The King prayer community**  
1935 Paris Street  
Box 21056  
SUDBURY ON P3E 6G6



Official E-Mail Address Is:

[ckprayergroup@bell.net](mailto:ckprayergroup@bell.net)



Visit us on Facebook

<https://www.facebook.com/LSCKPG/>



**the little servants of Christ The King prayer community**  
now has a website!!

Please visit us at [www.lsckpg.wordpress.com](http://www.lsckpg.wordpress.com) to find information about our prayer group, our meeting times and our upcoming events.



Using an Internet Browser,

Type the following in the Search line:

**You Tube the little servants of Christ the King Prayer Group**

(You will see approximately 18 videos of Father Patrick's Homilies)

**<<< STAY CONNECTED WITH US. WE WOULD LIKE TO HEAR FROM YOU. >>>**