

**the little servants of Christ The King prayer community
Sudbury, Ontario**

.... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

May 2020



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

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VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a.** Lenten Mission of 5 weeks.
- b.** Annual Pentecost, Trinity and Corpus Christi Retreats.
- c.** Life in the Spirit and Future Growth seminars.
- d.** Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: “FOR NOTHING IS IMPOSSIBLE TO GOD” - Luke 1:37

All We Need Is the Mercy Of God

— Fr. Patrick Okenyi (from Divine Mercy Sunday)

We have seen and listened to so many songs with titles talking about what the world and the human soul need the most. Songs like, "All we need is love", "All we need is peace", "All we need is money", "All we need is someone to lean on", "All we need is us", "All we need is now", "All we need is tomorrow" etc.

The celebration of the Divine Mercy reminds us that, If there is anything we need the most as a person, as a country or nation and as a world, it is the mercy of God.

For the world would be in total chaos without the mercy of God; for our lives would be in total chaos without the mercy of God; for our country and even our homes and families would be in total chaos without the mercy of God: All we need is God's mercy.

In the First Reading of today from First Peter Chapter 1:3-9, Peter said, "Blessed be the God and Father of our Lord Jesus Christ! for according to His great mercy, He has caused us to be born again to a living hope through the resurrection of Jesus Christ, to an inheritance that is imperishable, undefiled, and unfading...": All we need is the mercy of God!

In Sister Faustina's Diary (300), Jesus said to St. Faustina, "**Mankind will not have peace until it turns with trust to My Mercy.**" — St. Faustina's Diary (300)

Mercy is defined as, "treating someone better than they deserve". Our lives will therefore be miserable if God treats us always according to what we deserve: All we need is His mercy.

In our Gospel story of the Second Sunday of Easter, Jesus treated His apostles with great mercy. Though they had fled from Him when He was arrested, Jesus would not lay a guilt trip on them. Instead, His first words to them were, "Peace be with you" (John 20:19): All they needed was mercy.

Mercy can also be defined as, "giving someone a second chance..."

We all deserve a second chance and God does not hesitate in granting us multiple second chances. And God's second chance is called, "**Divine Mercy**". Jesus is always ready to grant us His incredible mercy: On the cross, He granted the repentant thief a second chance. And after His resurrection, He gave Thomas a second chance to undo His earlier doubts (John 20:27); later, He gave Peter a second chance to undo His earlier denials (John 21:15).

In Sister Faustina's Diary (367), Jesus Christ said "**My Heart overflows with great mercy for souls, and especially for poor sinners. If only they could understand that I am the best of Fathers to them and that it is for them that the Blood and Water flowed from My Heart as from a fount overflowing with mercy.**"

Knowing how much the world is in need of God's mercy, Jesus did not only accept death on the cross. After His resurrection in today's Gospel, He gave His disciples the "authority to forgive sins". He wanted His mercy to endure forever; He wanted a stable continuity of His mercy in the world; He wanted a stable flow of His mercy into the human heart. He said to His disciples, "If you forgive the sins of any, they are forgiven..."

My brothers and sisters, we now have an easy access to God's mercy through the Sacrament of Confession. By commissioning men as agents of His mercy, God did not make the road to His mercy difficult; rather, He brought His Divine Mercy closer to our reach; He made His mercy obtainable and accessible. All we need to do is to trust in Jesus and to humbly go to Him in the Sacrament of Confession.

May we pray always and ask God for His mercy for the whole world; and may we fall in love with the Sacrament of Reconciliation and obtain His mercy for our own sins: For the sake of Thy Sorrowful Passion, have mercy on us and on the whole world!

"Jesus, I Trust in You!"

SPECIAL BOOK REPORT**PART 10****BOOK UNDER REVIEW IS:****“IN SINU JESUS”****ISBN # 978-1-62138-219-5****Dear Friends of Christ:****“Nothing is more efficacious than Love”**

Come to Me in Adoration, and I will make straight your path before you. I will remove the obstacles that loom in the distance, and I will provide for every need as it arises. Count yourself for nothing, and believe always that you are held safely in My paternal love for you. There are things over which you will have no control. Humble yourself before Me, adhere to all My designs, and trust in My perfect love for you. I am not a cruel tyrant. I am the most loving of Fathers, the Father from whom every fatherhood on earth derives its name.

So few souls understand that My Gospels are spirit and life. One cannot hear My Gospel — the Gospel of My beloved disciple, in particular — without being drawn to My Heart, from whence came the Sacrament of My love, by which I nourish My Church and make Myself present to her all days, even until the end of this passing world. There is nothing that I will not do for those who approach Me in the Sacrament of My Love. Look at Me! Here I am vulnerable, exposed, hidden, and yet entirely delivered over to you. The Eucharist is the invention of My love, and nothing surpasses it in all My works. The Eucharist is more than creation itself; it is the crown of My work of redemption in this world, and the foretaste of the glory that I have prepared for those who love Me, in the next.

If souls understood what treasures of love are freely given to those who approach Me in the Sacrament of My love, My churches would be filled day and night, and unable to contain the multitudes drawn to them. But the evil one has schemed and plotted to cover the mystery of My presence with a dark veil of neglect, of irreverence, of forgetfulness, and of unbelief. He has obscured the mystery of My real presence, and so My faithful, have walked away from Me, one after the other, even as they did when first I spoke plainly of Myself as the living Bread come down from heaven to give life to the world.

Satan hates those who, resisting his lies, have remained close to Me, adoring Me in the Sacrament of My love, and consoling My Heart that is so afflicted by the ingratitude of men and their lack of faith in the mystery of love that is My real Eucharistic presence. We pray, we hope that by now you have purchased your own book and are reading it, little by little each day. This not a book you sit and read as a novel, it is a book where you read a small part, pause, become silent, focus on The Lord, and let Him talk to you in a special way.

A final word from Our Lord: **“Love Me then, and allow Me to love you with My Royal Heart. It is a great thing to be loved by the Heart of a King, and I am the King of all that is, that was, and that will be. My Heart is yours. Give Me your heart in return. Thus will our friendship be sealed in heaven and on earth.”**

God bless you on your journey as you learn to seek and do The Lord's Will each day. There is a simple prayer to get into the habit of saying each morning before your feet hit the floor. The prayer is as follows:

I open the door to my heart, Lord, I invite You in, and I surrender my will for Yours, and I give You permission to use me this day as You wish. Amen.

God bless you. May your heart be on fire for Our Lord in a very special way.

COVID-19 is not God's judgment, but a call to live differently, Pope Francis says.

March 27, 2020

VATICAN CITY:

The worldwide coronavirus pandemic is not God's judgment on humanity, but God's call on people to judge what is most important to them and resolve to act accordingly from now on, Pope Francis said.

Addressing God, the pope said that "it is not the time of your judgment, but of our judgment: a time to choose what matters and what passes away, a time to separate what is necessary from what is not. It is a time to get our lives back on track with regard to you, Lord, and to others."

Pope Francis offered his meditation on the meaning of the COVID-19 pandemic and its implications for humanity March 27 before raising a monstrance with the Blessed Sacrament and giving an extraordinary blessing "urbi et orbi" (to the city and the world).

Popes usually give their blessing "urbi et orbi" only immediately after their election and on Christmas and Easter.

Pope Francis opened the service — in a rain-drenched, empty St. Peter's Square — praying that the "almighty and merciful God" would see how people are suffering and give them comfort. He asked to care for the sick and dying, for medical workers exhausted by caring for the sick and for political leaders who bear the burden of making decisions to protect their people.

The service included the reading of the Gospel of Mark's account of Jesus calming the stormy sea.

"Let us invite Jesus into the boats of our lives," the pope said. "Let us hand over our fears to him so that he can conquer them."

Like the disciples on the stormy Sea of Galilee, he said, "we will experience that, with him on board, there will be no shipwreck, because this is God's strength: turning to the good

everything that happens to us, even the bad things."

The Gospel passage began, "When evening had come," and the pope said that with the pandemic and its sickness and death, and with the lockdowns and closures of schools and workplaces, it has felt like "for weeks now it has been evening."

"Thick darkness has gathered over our squares, our streets and our cities; it has taken over our lives, filling everything with a deafening silence and a distressing void that stops everything as it passes by," the pope said. "We feel it in the air, we notice it in people's gestures; their glances give them away."

"We find ourselves afraid and lost," he said. "Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm."

However, the pandemic storm has made most people realize that "we are on the same boat, all of us fragile and disoriented," the pope said. And it has shown how each person has a contribution to make, at least in comforting each other.

"On this boat are all of us," he said.

The pandemic, the pope said, has exposed "our vulnerability and uncovers those false and superfluous certainties around which we have constructed our daily schedules, our projects, our habits and priorities."

In the midst of the storm, Francis said, God is calling people to faith, which is not just believing God exists, but turning to Him and trusting Him.

As Lent and the pandemic go on, he said, God continues to call people to "convert" and "return to me with all your heart."

COVID-19 is not God's judgment, but a call to live differently, Pope Francis says.

March 27, 2020

It is a time to decide to live differently, live better, love more and care for others, he said, and every community is filled with people who can be role models — individuals, "who, even though fearful, have reacted by giving their lives."

Francis said the Holy Spirit can use the pandemic to "redeem, value and demonstrate how our lives are woven together and sustained by ordinary people — often forgotten people — who do not appear in newspaper and magazine headlines," but are serving others and making life possible during the pandemic.

The pope listed "doctors, nurses, supermarket employees, cleaners, caregivers, providers of transport, law and order forces, volunteers, priests, religious men and women and so very many others who have understood that no one reaches salvation by themselves."

"How many people every day are exercising patience and offering hope, taking care to sow not panic but a shared responsibility," he said. And "how many fathers, mothers, grandparents and teachers are showing our children, in small everyday gestures, how to face up to and navigate a crisis by adjusting their routines, lifting their gaze and fostering prayer."

"How many are praying, offering and interceding for the good of all," he said. "Prayer and quiet service: These are our victorious weapons."

In the boat, when the disciples plead with Jesus to do something, Jesus responds, "Why are you afraid? Have you no faith?"

"Lord, your word this evening strikes us and regards us, all of us," the pope said. "In this world that you love more than we do, we have gone ahead at breakneck speed, feeling powerful and able to do anything.

"Greedy for profit, we let ourselves get caught up in things and be lured away by haste. We did not stop at your reproach to us, we were not shaken awake by wars or injustice across the world, nor did we listen to the cry of the poor or of our ailing planet," Pope Francis said.

"We carried on regardless, thinking we would stay healthy in a world that was sick," he said. "Now that we are in a stormy sea, we implore you: 'Wake up, Lord!'"

The Lord is calling on people to "put into practice that solidarity and hope capable of giving strength, support and meaning to these hours when everything seems to be foundering," the pope said.

"The Lord awakens so as to reawaken and revive our Easter faith," he said. "We have an anchor: by his cross we have been saved. We have a rudder: by his cross we have been redeemed. We have a hope: by his cross we have been healed and embraced so that nothing and no one can separate us from his redeeming love."

Pope Francis told people watching around the world that he would "entrust all of you to the Lord, through the intercession of Mary, health of the people, and star of the stormy sea."

"May God's blessing come down upon you as a consoling embrace," he said. "Lord, may you bless the world, give health to our bodies and comfort our hearts. You ask us not to be afraid. Yet our faith is weak, and we are fearful. But you, Lord, will not leave us at the mercy of the storm."

***I command you: be firm and steadfast!
Do not fear nor be dismayed, for the Lord,
your God, is with you wherever you go.***
(Joshua 1:9)

Mary - Mother of Christ, Mother of the Church

Excerpt from the Catechism

Since the Virgin Mary's role in the mystery of Christ and the Spirit has been treated, it is fitting now to consider her place in the mystery of the Church. "The Virgin Mary is acknowledged and honoured as being truly the Mother of God and of the redeemer. She is 'clearly the mother of the members of Christ', since she has by her charity joined in bringing about the birth of believers in the Church, who are members of its head." "Mary, Mother of Christ, Mother of the Church."

I. MARY'S MOTHERHOOD WITH REGARD TO THE CHURCH

Wholly united with her Son ...

Mary's role in the Church is inseparable from her union with Christ, and flows directly from it. "This union of the mother with the Son in the work of salvation is made manifest from the time of Christ's virginal conception up to his death." It is made manifest above all at the hour of his Passion:

Thus the Blessed Virgin advanced in her pilgrimage of faith, and faithfully persevered in her union with her Son unto the cross. There she stood, in keeping with the divine plan, enduring with her only begotten Son the intensity of his suffering, joining herself with his sacrifice in her mother's heart, and lovingly consenting to the immolation of this victim, born of her: to be given, by the same Christ Jesus dying on the cross, as a mother to his disciple, with these words: "Woman, behold your son."

After her Son's Ascension, Mary "aided the beginnings of the Church by her prayers." In her association with the apostles and several women, "we also see Mary by her prayers imploring the gift of the Spirit, who had already overshadowed her in the Annunciation."

...also in her Assumption

"Finally the Immaculate Virgin, preserved free from all stain of original sin, when the course of her earthly life was finished, was taken up body and soul into heavenly glory. She was exalted by the Lord as Queen over all things, so that she might be the more fully conformed to her Son, the Lord of lords, and conqueror of sin and death." The Assumption of the Blessed Virgin is a singular participation in her Son's Resurrection, and an anticipation of the resurrection of other Christians:

In giving birth you kept your virginity; in your Dormition you did not leave the world, O Mother of God, but were joined to the source of Life. You conceived the living God, and by your prayers, will deliver our souls from death.

...she is our Mother in the order of grace

By her complete adherence to the Father's will, to his Son's redemptive work, and to every prompting of the Holy Spirit, the Virgin Mary is the Church's model of faith and charity. Thus she is a "preeminent and wholly unique member of the Church." Indeed, she is the "exemplary realization" of the Church.

Her role in relation to the Church and to all humanity goes further still. "In a wholly singular way she cooperated by her obedience, faith, hope, and burning charity in the Saviour's work of restoring supernatural life to souls. For this reason she is a Mother to us in the order of grace."

Mary - Mother of Christ, Mother of the Church

Excerpt from the Catechism

"This motherhood of Mary in the order of grace continues uninterruptedly from the consent which she loyally gave at the Annunciation, and which she sustained without wavering beneath the cross, until the eternal fulfillment of all the elect. Taken up to heaven she did not lay aside this saving office, but by her manifold intercession, continues to bring us the gifts of eternal salvation. Therefore, the Blessed Virgin is invoked in the Church under the titles of Advocate, Helper, Benefactress, and Mediatrix."

"Mary's function as mother of men in no way obscures or diminishes this unique mediation of Christ, but rather shows its power. But the Blessed Virgin's salutary influence on men flows forth from the superabundance of the merits of Christ, rests on his mediation, depends entirely on it, and draws all its power from it." "No creature could ever be counted along with the Incarnate Word and Redeemer; but just as the priesthood of Christ is shared in various ways both by his ministers and the faithful, and as the one goodness of God is radiated in different ways among his creatures, so also the unique mediation of the Redeemer does not exclude, but rather gives rise to a manifold cooperation which is but a sharing in this one source."

II. DEVOTION TO THE BLESSED VIRGIN

"All generations will call me blessed." "The Church's devotion to the Blessed Virgin is intrinsic to Christian worship." The Church rightly honours "the Blessed Virgin with special devotion. From the most ancient times the Blessed Virgin has been honoured with the title of 'Mother of God,' to whose protection the faithful fly in all their dangers and needs. This very special devotion differs essentially from the adoration which is given to the incarnate Word, and equally to the Father and the Holy Spirit, and greatly fosters this adoration." The liturgical feasts dedicated to the Mother of God and Marian prayer, such as the rosary, an "epitome of the whole Gospel," express this devotion to the Virgin Mary.

III. MARY - ESCHATOLOGICAL ICON OF THE CHURCH

After speaking of the Church, her origin, mission, and destiny, we can find no better way to conclude than by looking to Mary. In her we contemplate what the Church already is in her mystery on her own "pilgrimage of faith," and what she will be in the homeland at the end of her journey. There, "in the glory of the Most Holy and Undivided Trinity," "in the communion of all the saints," the Church is awaited by the one she venerates as mother of her Lord, and as her own mother.

In the meantime, the Mother of Jesus, in the glory which she possesses in body and soul in heaven, is the image and beginning of the Church, as it is to be perfected in the world to come. Likewise, she shines forth on earth until the day of the Lord shall come; a sign of certain hope and comfort to the pilgrim People of God.

IN BRIEF

By pronouncing her "fiat" at the Annunciation, and giving her consent to the Incarnation, Mary was already collaborating with the whole work her Son was to accomplish. She is mother wherever he is Saviour, and head of the Mystical Body.

The Most Blessed Virgin Mary, when the course of her earthly life was completed, was taken up body and soul into the glory of heaven, where she already shares in the glory of her Son's Resurrection, anticipating the resurrection of all members of his Body.

"We believe that the Holy Mother of God, the new Eve, Mother of the Church, continues in heaven to exercise her maternal role on behalf of the members of Christ" (Paul VI, CPG § 15).

MAY – THE MONTH OF MARY



We honour Mary, the Mother of Jesus, and have placed our prayer Community under her protection, as Mother of Perpetual Help. The fact that our community has flourished for forty-eight years is testimony to the faithfulness of our Blessed Mother. We thank her for keeping her blue mantle of protection over us, and for interceding on our behalf before the throne of God.

“Pray for us, O Holy Mother of God, that we
may be made worthy of the promises of Christ.”

A MOTHER'S DAY PRAYER

Dear Lord, today I turn to you to give you thanks for my mother. With your own gift of life, she bore me in her womb and gave me life. She tenderly, patiently cared for me and taught me to walk and talk. She read to me and made me laugh. No one delighted in my successes more; no one could comfort me better in my failures. I am so grateful for how she mothered me and mentored me, and even disciplined me.

Please bless her, Lord, and comfort her. Help her loving heart to continue to love and give of herself to others. Strengthen her when she is down and give her hope when she is discouraged.

Most of all, Lord, on this Mother's Day, give my mother the graces she most needs and desires. I ask you this, in the name of Jesus, our Lord and Saviour forever and ever.

Amen



May Birthdays



- 1 - Lorraine McCoshen
- 5 - Pamela Beauvais
- 6 - Magda Arsenault
- 7 - Suzanne Rancourt
- 8 - Keith Gauthier
- 9 - Daniel Faucon
 Marie Vautour
- 11 - Léo Fortin
 Lillian Hrytsak
 Viviane Kone
- 12 - Ron Botts
 Kevin Lalonde
 Ken Naples
 Marinella Pegoraro
- 13 - Hector Lemieux
 Lois Muncaster
- 15 - Fernande Richard
- 17 - Marie Rose Charron
 Diana Frappier
- 19 - Larry Joseph Arsenault
 Kate Bailey
- 22 - Donat Charron
 Bruna Souliere
- 24 - Marie-Anna D'Amour
 Marg Plausini
 Kim Woodbury
- 25 - Lydia Stopar
 Terry Woodbury
- 27 - Paulette Bean
- 28 - Sally Power
- 30 - Marie Proulx

*Happy Birthday
and
God's Blessings*



In Memoriam

- Sister Dorothy Brown – May 1, 1991
- Marie Lafreniere – May 9, 1993
- Laurier Bonin – May 5, 1995
- Leslie John Stinson – May 2, 1996
- Ben Moroney – May 9, 1999
- Lorraine Brunet – May 12, 2008
- Patricia Anne McArthur – May 14, 2008
- Louis Anzil – May 17, 2009
- Mary Donnelly – May 22, 2009
- Annette Trehan – May 1, 2013
- Don Davidson – May 9, 2014
- Mariette Sobchuk – May 4, 2015
- Antonio (Tony) Pasquale – May 9, 2015
- Raymonde Fex – May 9, 2016
- Inez Campbell – May 29, 2017
- Carmen Pelland – May 19, 2018

*Eternal rest grant unto them, O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed, through the mercy of God,
rest in peace. Amen.*

*"I lift up my hands to Your commands;
I study Your laws, which I love.
Remember Your word to Your servant
by which You give me hope. This is my
comfort in affliction, Your promise that
gives me life. Though the arrogant
utterly scorn me, I do not turn from
Your teaching. When I recite Your
edicts of old I am comforted, Lord."*

(Psalm 119:48-52)

Act of Spiritual Communion



Catholics across the world are experiencing an unexpected and unfortunate fast from the Eucharist, which comes in the wake of the novel coronavirus COVID-19. In many ways, the inability of many to receive Holy Communion has become an unimaginable Lenten penance.

It has long been a Catholic understanding that when circumstances prevent one from receiving Holy Communion, it is possible to make an Act of Spiritual Communion, which is a source of grace. Spiritual Communion is an ardent desire to receive Jesus in the Most Holy Sacrament, and lovingly embrace Him at a time, or in circumstances, when one cannot receive Him in sacramental Communion.

You may receive Communion Spiritually by making the following acts:

Conceive a real desire to be united to Jesus Christ by acknowledging the need you have to love His life; arouse yourself to perfect contrition for all your sins, past and present, by considering the infinite goodness and sanctity of God; receive Jesus Christ in spirit in your inmost soul, entreating Him to give you the grace to live entirely for Him, since you can live only by Him; imitate Zacheus in his good resolutions, and thank our Lord that you have been able to hear Holy Mass and make a Spiritual Communion; offer in thanksgiving a special act of homage, a sacrifice, an act of virtue, and beg the blessing of Jesus Christ upon yourself and all your relatives and friends.

Here is a prayer in which we ask our Lord to come to us in the same way He would, if we were able to receive the Sacrament.

*My Jesus, I believe that You are truly present in the Holy Eucharist.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there, and unite myself wholly to You.
Never permit me to be separated from You.
Amen*

St. Alphonsus Liguori(A.D. 1696-1787)

In Memory of
Alfred Schinko



Our most heartfelt condolences and prayers are extended to the family and friends of **Alfred Schinko**, who passed from this world and its cares on Thursday, March 26th, 2020, at Health Sciences North. Alfred was a long time member of the little servants of Christ The King prayer community, and he will long remain in the loving memory of his wife Elisabeth, who is also a member, and family and friends. He possessed a very strong Catholic faith, and a passionate drive to defend what is right. Alfred has now bowed to the will of our loving God, and ascended to heaven.

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.”
(Psalm 34:18)



the little servants of Christ The King prayer community would like to extend their deepest condolences to Liz (Pagnutti) DiSalle, a long time member of our prayer group, on the passing of her husband, **Concezio “Con” DiSalle**, on Wednesday, March 25th, 2020. He was a devout Catholic and was happiest around his family, who he loved greatly. A good heart has stopped beating, and a good soul has ascended to heaven.



In Memory of
Monsignor Normand P. H. Clément



Our most heartfelt condolences and prayers are extended to the family and friends of **Monsignor Normand Clément**, who passed away on Sunday, April 5th, 2020, at the St. Joseph Motherhouse in North Bay.

For 56 years, Msgr. Clement exercised his priestly ministry in our Diocese of Sault Ste. Marie as parochial vicar, chancellor, vicar general, episcopal vicar for deacons, and chaplain of the Sisters of the Precious Blood in North Bay. He was also very involved with high school students, as a religion teacher, a chaplain and a member of the catechetical team.

He was often a speaker at the little servants of Christ The King's Lenten Missions, and he was well versed with his intriguing classroom stories, about the purity of a child's expression of God's love. He had a sense of humour like no other, and will be remembered for his love of God, and for always embracing his flock.

“The gift of God is eternal life through Jesus Christ our Lord.”
(Romans 6:23)



REFLECTIONS

by
MATTHEW KELLY

“God of deep waters and infinite riches, challenge me to go where I fear, to do what is difficult and what I thought could never be done. Push me to go to the deep waters of life and cast my net wide, for I put all my hope, trust and faith in you.”

“The challenge life presents to each of us is to become truly ourselves – not the self we have imagined or fantasized about, not the self that our friends want us to be, not the self our ego would have us be, but the self God has ordained us to be from before we were in our mother’s womb.”

“If we will walk humbly with our God, He will lead us by the hand to exactly who and what we need, to those people, things, and experiences He has designed and intended for us, and this alone will be the cause of our deep fulfillment and happiness.”

“Catholicism is not merely a religion, or a sect, or a set of rules. When small minds and smaller spirits try to capture the essence of Catholicism, this is often what they tend to conclude. But Catholicism is more than a religion. It is more than just another movement. The essence of Catholicism is not sin, punishment, duty, or obligation, and it is more than a set of lifeless rules and regulations. Catholicism is more. It is more than most people think

and more than most Catholics ever experience. The essence of Catholicism is dynamic transformation. You cannot become more like Jesus Christ and at the same time stay as you are.”

“I will proactively seek out my mission in life in these four ways: by choosing the-best-version-of-myself in each moment, by doing what I can where I am right now to help others celebrate their best selves and to make the world a better place, by exploring how my talents and passions can be put to use to serve the needs of others, and by listening to the voice of God in my life.”

“When you know you are doing the will of God, that alone is enough to sustain your happiness. When you don’t have that, all the possessions in the world cannot sustain happiness in the depths of your heart.”

“We begin by turning to God in prayer. “Teach me your ways, O Lord, that I may walk in your truth; unite my heart to fear your name” (Psalm 86:11). Lord, inspire me to live an undivided life. Cast everything out of my life that creates an obstacle to the unified life you created me to live, and give me the courage to make decisions that defend and celebrate unity of life. Amen.”

Pope Francis' Prayer for Spiritual Communion

I prostrate myself at Your feet, O my Jesus, and I offer You the repentance of my contrite heart, which abases itself in its nothingness in Your Holy Presence. I adore You in the Sacrament of Your Love; I desire to receive You in the poor abode that my heart offers You. While waiting for the happiness of a Sacramental Communion, I want to possess You in spirit. Come to me, O my Jesus, that I may come to You. May Your Love inflame my whole being, in life and in death. I believe in You, I hope in You, I love You. Amen.

“I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.”
(John 6:35)

Letter of Thanksgiving from Bishop François

Dear brothers and sisters,



otherwise. Let us give thanks to God in Everything!

Coronavirus, or COVID-19, is a puny little virus, which ravages without regard and obliges everyone without exception, to kneel down on their knees. Ah if the powerful who bow to nobody, the rich who ignore the existence of God and need no one, and if the poor whose misery without immediate solution seems to distance them from God, could all understand that the only true power that can stop this evil and ensure life which is so vulnerable, is God that we adore and praise on our knees, we would quickly get out of the misfortune that afflicts our humanity. Wiped out by the devastating force of this COVID-19, all humanity which is frightened, has only one last resort: God, Master of time and history. Only God can do everything and help us to find suitable solution to our human problems.

If our movement is limited and human contact is strictly controlled, or to be avoided, faith and spiritual communion are and will never be limited and controlled. Indeed, it is in faith that we are strong and it is through spiritual communion that our supplications go up with insistence to God who listens and answers. "Yes, our help is in the name of the Lord who made heaven" (Psalm.124:8). Yes in all circumstances and at all times, let us turn to God, and trust Him, His Grace will never be wanting.

It is a great joy for me to share with you today my thanksgiving of five years of episcopal ordination at the heart of the Eucharist which confinement has not prevented me from celebrating.

My prayers and my blessing are with you.

+ François-Xavier, sma

Peace and divine blessings be upon you and may God of all mercy reassure you of His infallible proximity. I wish to express my heartfelt gratitude for your friendship, your spiritual and fraternal support, on this day of my episcopal anniversary which I would have liked to share with you and to give thanks to God for His blessings. But alas, the health requirements to protect us from the lethal threats of this biting virus identified as Coronavirus has decreed

"Everything indeed is for you, so that the grace bestowed in abundance on more and more people may cause the thanksgiving to overflow for the glory of God."

(2 Corinthians 4:15)

POPE FRANCIS' COVID-19 PRAYER

Heavenly Father, we thank You for the gift of good health and peace that we have enjoyed for so many years. As we find ourselves in this time of crisis today, we ask for Your Divine intervention and mercy to be upon each of us.

Come and guide the minds of those working to discover a treatment to the COVID-19 virus. Grant them wisdom, knowledge, and clarity of mind, so that all peoples will be free from the threat of this ailment. We also pray for the healthcare workers that are standing in the front line of this battle.

Father, we thank you for their hearts of service, putting the needs of society before their own, generously responding to the cry of Your people. We ask that You will grant

them strength and protection. As they give of themselves in selfless service, may You fill them with Your Holy Spirit as they work to be Your healing hands and feet!

Father, we also surrender to You all those who have been afflicted with the virus. Grant them Your healing grace, merciful Father, so that they may recover swiftly and continue to be witnesses of Your love in their lives.

Mother Mary, we ask for Your intercession in this great time of need. Cover each of us with Your blue mantle of protection, so that we may be preserved in good health to continue to glorify Your Son, Jesus Christ. We make this prayer through Christ, our Saviour and Redeemer. Amen.

THE POPE'S MONTHLY INTENTIONS FOR 2020 MAY

For Deacons

We pray that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church.



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*"Because you have the LORD for your refuge, and have made
the Most High your stronghold, no evil shall befall you,
no affliction come near your tent. For He commands His angels with
regard to you, to guard you wherever you go.
(Psalm 91:9-11)*

Today's Humour (We have to smile)...



Day 2 without sports: Found a young lady sitting on my couch yesterday. Apparently she's my wife. She seems nice.

Half of us are going to come out of this quarantine as amazing cooks. The other half will come out with a drinking problem.

I used to spin the toilet paper like I was on Wheel of Fortune. Now I turn it like I'm cracking a safe.

I need to practice social distancing from . . . the refrigerator.

Still haven't decided where to go for Easter . . . The Living Room or The Bedroom.

It was a quiet Monday morning in September 2053 when John awoke with a need to go to the bathroom. To John this wasn't just any ordinary day! This was the day he would open the last package of toilet paper his parents bought in the year 2020.

Homeschooling is going well. 2 students suspended for fighting and 1 teacher fired for drinking on the job!

I don't think anyone expected that when we changed the clocks we'd go from Standard Time to Twilight Zone.

This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came into the house, told my dog... we laughed a lot.

So, after this quarantine, will the producers of My 600 Pound life just find me or do I find them?

Quarantine Day 5: Went to this restaurant called THE KITCHEN. You have to gather all the ingredients and make your own meal. I have no clue how this place is still in business!

My body has absorbed so much soap and disinfectant lately that when I pee it cleans the toilet.

Day 5 of Homeschooling: One of these little monsters called in a bomb threat.

I'm so excited . . . it's time to take out the garbage. What to wear, what to wear?

I hope the weather is good tomorrow for my trip to Puerto Backyardia. I'm getting tired of Los Livingroomia.

While everything is shut down... maybe they should pave the roads.

Day 6 of Homeschooling: My child just said "I hope I don't have the same teacher next year." I'm offended.



THE HOLY SPIRIT

Lord and Giver of Life

by Deacon Joe DiMauro

In human terms, it is not easy to decide to follow Jesus Christ and to live our lives as Christians. Jesus requires that we surrender ourselves to Him, relinquish our aspirations for our lives and submit our will to God. Men and women have never been able to do this easily; if we could, we would not need a Saviour.

Once we accept the invitation and decide to follow Jesus, a new set of obstacles and problems assert themselves. We find that we are often ignorant about what God wants of us as His daughters and sons. For example: What does it mean to obey the first commandment? To love God with our whole heart and mind and strength? How can we know God's will? How do we love people we don't like? How does being a Christian affect what we do with our time and our money? What does it mean to turn the other cheek? In these areas and many others it is not easy to understand exactly what God wants.

Even when we do know what God wants, it can be quite difficult to apply His teaching to our daily lives. Questions abound. How do we find time to pray regularly? How do we repair a relationship with someone we have wronged or who has wronged us? How do we handle unruly emotional reactions? These are examples of perplexing questions about the application of Christian teaching to our daily lives.

Furthermore, we soon find that Christians have enemies – the devil

outside and the flesh within. Satan tempts us to sin, our inner urges welcome the temptations and we find our will to resist steadily eroding. Finally, we must overcome the world. We are trying to live in an environment that is hostile toward what Christians believe and how they live, and friendly to those who believe and do the opposite. The world in which we live works on our Christian resolve in subtle ways. How much easier it is to think and act like those around us. How do we persevere?

The answer to these questions is "The Holy Spirit" given to us freely by the Lord and available to those who seek Him. As Christians we live by grace. The very life of God, the Holy Spirit, who lives and works unceasingly in us. The grace we need is always there. We must learn to apply it to our lives and overcome the forces that would turn us from the chosen path that God has mapped out for us. The Holy Spirit is with us always and His supply of grace is inexhaustible.

Christians must learn a great deal about how to live according to God's will. He has a plan for each of our lives. We must study God's word in Scripture, be aware of the teachings of our Church, reflect on our own experiences and the experiences of others, and we must be attentive and open to the promptings of the Holy Spirit who has much to teach us and many gifts to give us.

COME HOLY SPIRIT
FILL OUR HEARTS AND ENKINDLE IN US
THE FIRE OF YOUR LOVE

"The Lord God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being."
(Genesis 2:7)

Prayer For Those in Isolation

God of compassion, be close to those who are ill, afraid, or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through Him who suffered alone on the cross, but reigns with You in glory, Jesus Christ our Lord. Amen.

Almighty God, You have knit together Your elect in one communion and fellowship in the mystical body of Your Son Christ our Lord: Give us grace so to follow Your blessed saints in all virtuous and godly living, that we may come to those ineffable joys that You have prepared for those who truly love You; through Jesus Christ our Lord, Who with You and the Holy Spirit lives and reigns, one God, in glory everlasting. Amen.

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Our official address is:
the little servants of Christ The King prayer community
1935 Paris Street
Box 21056
SUDBURY ON P3E 6G6



Official E-Mail Address Is:
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