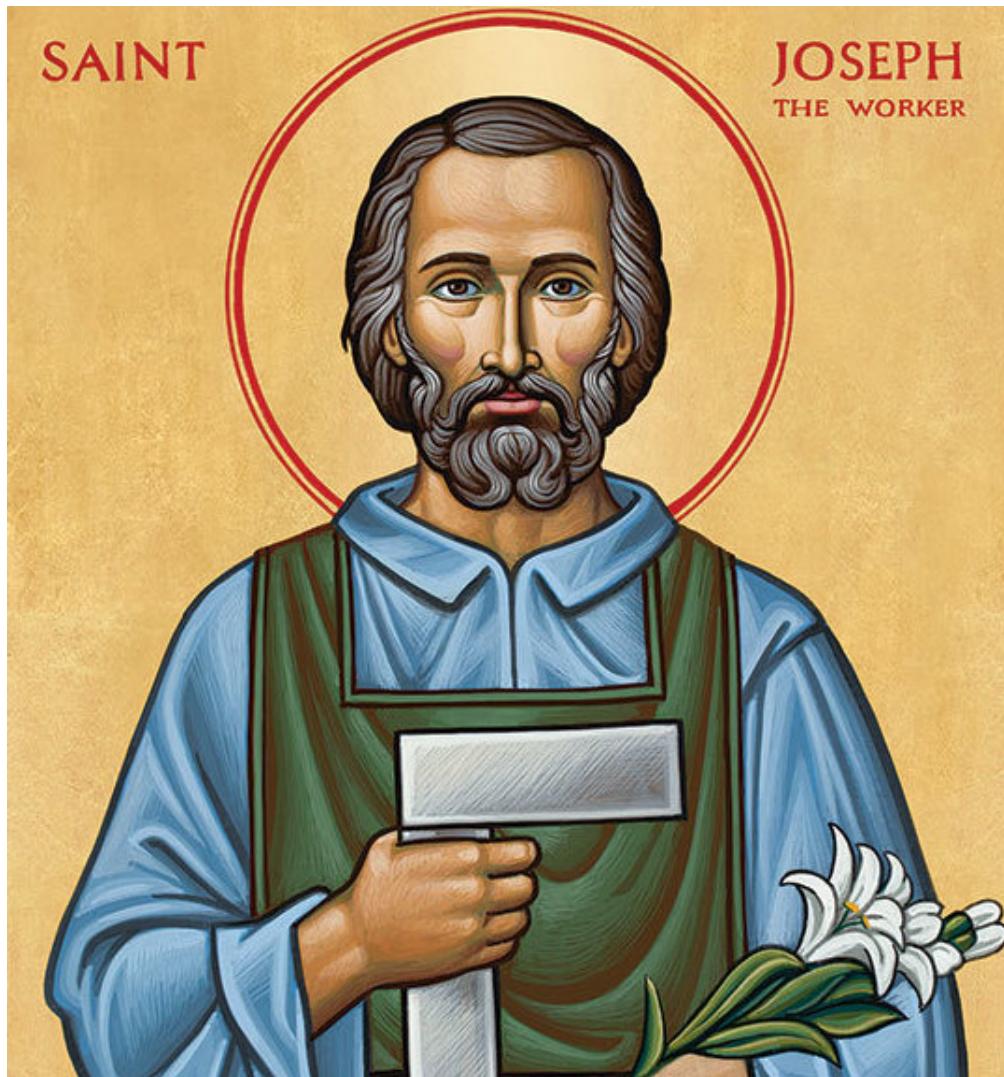


the little servants of Christ The King prayer community
Sudbury, Ontario

.... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

January 2021



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

the little servants of Christ the King prayer community

proclaiming the power of the Holy Spirit - and a personal relationship with Jesus Christ

VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a.** Lenten Mission of 5 weeks.
- b.** Annual Pentecost, Trinity and Corpus Christi Retreats.
- c.** Life in the Spirit and Future Growth seminars.
- d.** Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: “FOR NOTHING IS IMPOSSIBLE TO GOD” - Luke 1:37

THE POPE'S MONTHLY INTENTIONS FOR 2021 **JANUARY**

Intention for Evangelization – Human Fraternity

May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.



Knights of Columbus Council 1387
Supporting your Church and the little servants of Christ The King prayer group

kofc.org/joinus



Pope Declares 2021 the Year of St. Joseph



VATICAN CITY - Pope Francis is declaring December 2020–2021 the Year of St. Joseph, asking people to "implore his intercession and to imitate his virtues and zeal".

The apostolic letter, released Tuesday, December 8, 2020 features seven reflections on

the person of St. Joseph. Pope Francis declares, "After Mary, the Mother of God, no saint is mentioned more frequently in the papal Magisterium than Joseph, her spouse". He further notes that Pope Pius IX declared him patron of the Catholic Church. Pope Pius XII declared him patron of workers, and Saint John Paul II called him guardian of the Redeemer.

In the letter, Pope Francis speaks to the fatherly qualities of St. Joseph, declaring that each of us can discover in St. Joseph — the man who goes unnoticed, a daily, discreet and hidden presence — an intercessor, a support and a guide in times of trouble. St. Joseph reminds us that those who appear hidden or in the shadows can play an incomparable role in the history of salvation.

Plenary Indulgences for the Year of St. Joseph

All this year until Dec. 8, 2021, the decree from the Apostolic Penitentiary, which is in charge of indulgences, has established that the faithful "following his example can daily strengthen their life of faith in the full fulfillment of God's will". They will have "the opportunity to commit themselves, with prayers and good works, to obtain with the help of St. Joseph, head of the heavenly Family of Nazareth, comfort and relief from the serious human and social tribulations that today afflict the contemporary world".

We can gain a plenary indulgence under the usual conditions — sacramental confession, Eucharistic communion, and prayer for the intentions of the Holy Father, "with a soul detached from any sin," if we participate in the Year of St. Joseph in several specific ways, that the Apostolic Penitentiary has established for us, to gain the plenary indulgence.

First: Because St. Joseph "invites us to rediscover the filial relationship with the Father," renew faithfulness to prayer and listen intensely to God's will, the plenary indulgence is granted if we meditate for at least 30 minutes on the Our Father, or be part of a "spiritual retreat of at least one day that includes a meditation on St. Joseph".

Second: St. Joseph the just man "urges us to rediscover the value of silence, prudence and loyalty in fulfilling one's duties". Because St. Joseph practiced the virtue of justice in a perfectly model way "full adherence to the divine law, which is the law of mercy". So, following St. Joseph's example, we can obtain a plenary indulgence carrying out a corporal or spiritual work of mercy.

Third: St. Joseph's main vocation was to be guardian of the Holy Family, husband of Mary, and legal father of Jesus. To inspire, enthuse and encourage all Christian families to live with the same "intimate communion, love and prayer" that the Holy Family lived, we can obtain a plenary indulgence for praying the Holy Rosary "in families and between engaged couples". What a start this is for engaged couples' upcoming marriage too.

Fourth: Considering the feast of St. Joseph the Worker was instituted on May 1, 1955, those can gain a plenary indulgence "who daily entrust their activities to the protection of St. Joseph and all the faithful who invoke with prayer," the intercession of St. Joseph the Worker (or Craftsman), "so that who is looking for work can find a job and work [for] everyone is more dignified."

Pope Declares 2021 the Year of St. Joseph

Fifth: Considering the Holy Family's flight to Egypt "shows us that God is where man is in danger, where man suffers, where he escapes, where he experiences rejection and abandonment," as Francis said, we can gain a plenary indulgence if we recite the Litany to St. Joseph (Latin tradition), or the Akathistos to St. Joseph, in whole or at least some of it (Byzantine tradition), or some other prayer to St. Joseph, "proper to other liturgical traditions" for the Church persecuted from inside and outside, and "for the relief of all Christians who suffer every form of persecution."

Sixth: "To reaffirm the universality of St. Joseph's patronage on the Church," we can gain a plenary indulgence if we recite any legitimately approved prayer or act of piety in honour of St. Joseph — for example, "To you, O Blessed Joseph," especially on his feast days of March 19 and May 1, on the Feast of the Holy Family of Jesus, Mary and Joseph, on the Byzantine Rite's St. Joseph's Sunday, on the 19th of each month and on every Wednesday, the day dedicated to St. Joseph.

In Light of the Health Crisis

The Apostolic Penitentiary has also taken into account the worldwide situation regarding the health crisis. The office stated the "gift of the plenary indulgence is particularly extended to the elderly, the sick, the dying and all those who for legitimate reasons are unable to leave the house, who with a soul detached from any sin and with the intention of fulfilling, as soon as possible, the three usual conditions, in their own home or where the impediment holds them, they will recite an act of piety in honour of St. Joseph, trust in God the pains and discomforts of their life".

Furthermore, for people's fulfillment of getting divine grace, the Penitentiary "earnestly prays that all priests endowed with the appropriate faculties, offer themselves with an available and generous spirit to the celebration of the sacrament of Penance, and often administer Holy Communion to the sick".

St. Joseph's Time Has Arrived

This Year of St. Joseph is ready to draw down graces upon us through the intercession of St. Joseph. Exactly 103 years after he appeared in the last Fatima apparition with Mary, and as he held the Child Jesus with whom he jointly blessed the world, St. Joseph is ready to bring this downpour of grace after grace upon us — if we accept and follow and ask and pray. What an unbelievable gift from heaven.

Our Cancer Ministry

"For where two or three are gathered together in My name, there am I in the midst of them." (Matthew 18:20)

Due to the coronavirus, our Cancer Ministry has been unable to meet in the Chapel at our Lady of Hope church Thursday evenings. We continue to pray independently for all those who have cancer, their caregivers and family members.

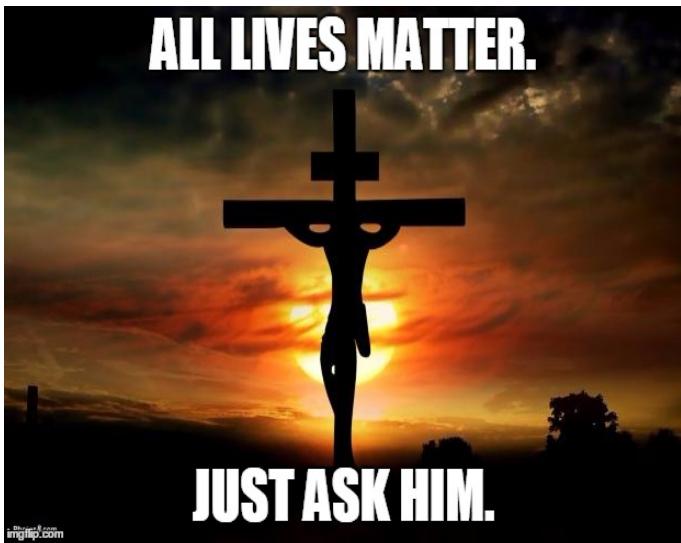
If you know of someone who has been diagnosed with cancer and would like us to pray for them, simply send me an e-mail at beany7@gmail.com and I will add them to our list.

Until we meet again, wishing all of you a very Merry Christmas and a Happy New Year!

— Paulette Bean

All Lives Matter

God's Point of View



There is a whole lot of shouting going on right now about whose lives matter. Suffice to say those are political arguments. What I want to convey is God's point of view: **YOU** matter. Whoever you are, whatever your race, your gender, your age, your income, your abilities, your faults, your mistakes, your brokenness: **YOU** are precious to God.

If you're like me, that may make you feel a bit uncomfortable. You may prefer to think that **PEOPLE** are precious to God, or **ALL OF US** are precious to God. It's nice to hide in the anonymity of the collective. But hear this: **YOU**, personally, matter to God.

God knows each of us and He can see in us the best version of ourselves, the persons we were created to be. It's very easy to let the world around us define who we are. The world looks at skin color, gender, education level, accents, hairstyles, clothing and other outward appearances, but God looks at our heart. (1 Samuel 16:7) We may feel unprepared, unable, unworthy, even useless, but God knows the good works He has prepared for us. (Ephesians 2:10) Perhaps we even feel victimized, persecuted, discriminated against, lied about – no worries, God can still use you. Our issues and brokenness actually add to God's glory: "But we have this treasure in jars of clay to show that this all-surpassing power is from God, and not from us." - 2 Corinthians 4:7 We are frail, cracked pots, but God uses us anyway.

Just ask Joseph, a young man with big dreams who was hated by his brothers, sold into slavery, falsely accused and left to rot in prison. After years of faithfully doing the small work he was given, he finally ended up second in charge of all of Egypt. Or look at Gideon, a nobody from the smallest tribe, so afraid of the bad guys harassing his town that he did his work in a hole at night. But God saw him and addressed him as a mighty warrior – and by the end of the story, he was! Or Mary, a young girl from a backwater town and an unimportant family, who, through faith and making herself available to God, became the mother of the Messiah. Or consider the Samaritan woman at the well – her personal life was a disaster and the whole town knew it. Her race was despised, and her religion was considered illegitimate, but Jesus, the Messiah, sat with her, took a drink from her, and in a short conversation made it clear that He knew all about her sin, and still offered her salvation. She became the first Gentile witness.

God will not give up on you. He will not leave you nor forsake you. He stands at the door knocking, waiting for you to open up and let Him in. Even when you get on a boat and sail in the opposite direction of His will for you, He can re-route you with a storm and a whale

All Lives Matter

God's Point of View

(figuratively). You cannot hide from His love -- even on the other side of the farthest ocean or in the deepest depths, God sees you, and loves you, and guides you.

It seems that this time of fear and isolation is causing a rise in the suicide rate. Anger and violence permeate the news. Natural disasters abound. Civility has flown out the window. Frustration and a sense of powerlessness can slip easily into hopelessness – but don't let it! YOU matter to God! He has a plan for your life! You have a purpose! You have value! YOU matter!

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." - John 16:33



Has the COVID-19 pandemic weakened or strengthened your faith?

It's easy to get lax in your faith. As restrictions increase and fear persists, we find other ways to spend our regular Mass time. Watching live-streamed Mass at our convenience, instead of gathering as a community can become a new norm for many.

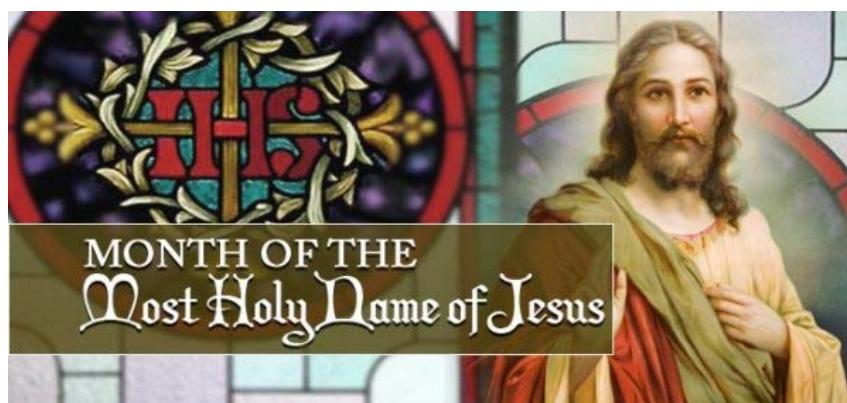
On the other hand, as the pandemic continues and staying at home is common, many have lengthened their regular Mass time by adding spiritual readings, or uplifting religious programming to their weekly or daily routine.

So...which direction have you gone in?

Holy Name of Jesus

The month of January is dedicated to the **Holy Name of Jesus**, which is celebrated on January 3rd. The first ten days of January fall during the liturgical season known as **Christmas**, which is represented by the liturgical color white — the color of light, a symbol of joy, purity and innocence (absolute or restored). The remaining days of January are the beginning of **Ordinary Time**, which is represented by the liturgical color green. This symbol of hope is the color of the sprouting seed, and arouses in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection.

As children, we were taught to bow our head whenever we heard the name of Jesus, or said His name ourselves. This pious practice is seldom taught today. As children grow into adults and have children of their own, they are unaware of this practice.



WHAT DOES THE NAME OF JESUS MEAN?

The name Jesus comes from the Greek “*Iesous*” which was derived from the Aramaic, “*Yeshu*”. It means “Yaweh is salvation.” The name was not unique, even in biblical times, and today it is common in Arabic-speaking East, and in Spanish-speaking countries. From apostolic times the name has been treated with the greatest respect, as honour is due the name which represents Our Lord, himself.

The Holy Name of Jesus is, first of all, an all powerful prayer. Our Lord Himself solemnly promises that. Therefore, we say, “Jesus,” let us ask God for all we need with absolute confidence of being heard. For this reason, the Church ends the prayer with the words, “through Jesus Christ,” which gives the prayer a new and Divine worth. But the Holy Name is something still greater. Each time we say, “Jesus,” we give God infinite joy and glory, for we offer Him all the infinite merits of the Passion and Death of Jesus Christ. St. Paul tells us that Jesus merited the name Jesus by His Passion and Death. Each time we say “Jesus,” let us clearly wish to offer God all the Masses being said all over the world for all our intentions. We thus share in these thousands of Masses. Each time we say “Jesus,” we gain indulgences for the Holy Souls in Purgatory, thus relieving and liberating many of these holy souls from their awful pains. They may be our best friends and pray for us – however, they cannot pray for themselves. Each time we say “Jesus,” it is an act of perfect love, for we offer to God the infinite love of Jesus. The Holy Name of Jesus saves us from innumerable evils, and delivers us especially from the power of the devil, who is constantly seeking to do us harm. The Holy Name of Jesus gradually fills our souls with a peace and joy we never had before. The Holy Name of Jesus gives us strength that our sufferings become light and easy to bear. So let us bring back the piety of our childhood and when we hear His Holy Name of Jesus, let us bow our heads in reverence.

January Birthdays



- 1 - Doreen Tremblay
- 2 - Jack MacDonald
- 4 - Fr. Jean Gobeil
- Fr. Larry Rymes
- 5 - Sylvia Folz
- 6 - Elsa Anzil
- 7 - Marlynn McBain
- 9 - Leona Michel
- 10 - Dora Gagnon
- 11 - Carol D'Angelo
- 12 - Luciano Giusto
- Liz Mantler
- 15 - Brian MacLeod
- 22 - Dora Favaro
- 23 - Claudia Bédard
- 24 - Ursula Wittmer
- 25 - Angelica Suorineni
- 28 - Agnes Suorineni

*Happy Birthday
and
God's Blessings*



- Ella Tait – January 11, 1985
- Catherine Griffin – January 1, 1986
- Gertrude Thomas – January 16, 1986
- John Delorey – January 2, 1989
- Gordon Boivin – January 4, 1991
- Gary Gainer – January 20, 1991
- Lillian Moyle – January 2, 1991
- Gerard Blanchard – January 20, 1993
- Margaret Simoncini – January 28, 1998
- Anton Roesli – January 16, 2000
- Yolande Nadon – January 13, 2000
- John Beauchamp – January 11, 2004
- Henry Gash – January 31, 2004
- Des McGowan – January 27, 2006
- Findlay MacLeod – January 22, 2007
- Mary Eileen Gallagher – January 1, 2008
- Mike Van Empel – January 23, 2009
- Vina Marie Sunday – January 1, 2010
- Wayne Harvey Spencer – January 5, 2010
- Lawrence (Larry) Arsenault
 – January 11, 2011
- John Lackmanec – January 22, 2011
- Ronald Byrnes – January 5, 2012
- Fr. Francis Reed – January 21, 2012
- Tony (Antoine) Sonier – January 12, 2013
- Jeanne Rivard – January 16, 2013
- Ron Richardson – January 29, 2013
- Angele Crepeau – January 16, 2014
- Peter Samborski – January 12, 2018

*Eternal rest grant unto them, O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed, through the mercy of God, rest in peace.
Amen*

*"For the Lord Himself with a word of command, with the voice of an archangel and
with the trumpet of God, will come down from heaven, and the dead in Christ will rise first"*

– 1 Thessalonians 4:16



In Memory of

Dennis Noel Greasley

Our most heartfelt condolences are extended to Lorraine Greasley of our prayer group, on the passing of her husband **Dennis Noel Greasley**. Dennis, who was also a member of the little servants of Christ the King prayer group, passed away on Thursday, November 26, 2020. A wonderful soul, full of love and faith, has now ascended to heaven.



In Memory of

Joyce Marie Tovey (Callahan)

We extend our most sincere condolences to the family and friends of **Joyce Marie Tovey (Callahan)**, who passed away peacefully surrounded by her family, on Thursday, December 3, 2020. Joyce had a true zeal for working within the community, and was a woman of lifelong service. She was also a long time member of our prayer group. A good heart has stopped beating, and a good soul has ascended to heaven.

*In your hands, O Lord,
we humbly entrust our brothers and sisters.
In this life you embraced them with your tender
love;
deliver them now from every evil
and bid them eternal rest.
The old order has passed away,
welcome them into paradise,
where there will be no sorrow, no weeping or
pain,
but fullness of peace and joy
with your Son and the Holy Spirit,
forever and ever.
Amen.*



My Testimony to the HEALING POWER of the Goodness of God

- by Lorraine Sahadat

PART THREE: My Witness to God's Healing Powers

God plans are beyond our plans. I rapidly learned to lean on Him more and more. He knows the full extent of our weaknesses, and His Powerful Presence meets us daily. His Strength, Power, Favour, Loving-kindness and Mercy are more effective in our weakness and with the coming days, I was becoming more aware that my times were in His Hands. But stuck in my mind was my husband, John's condition. He needed me so much. A verse from Habbakkuk 3:19, reaffirmed God's Loving Will, "He makes my feet like hind's feet and will make me walk (not stand in terror), and make progress upon my high places" (of trouble, suffering, or responsibility!).

In March 2020, with God's permissive will, I was diagnosed one more time with another primary cancer. It was T-cell Prolymphocytic Leukemia. It was multiplying rapidly. It needed to be treated aggressively and the prognosis was not good. It would be life threatening. My age was a factor. There were little chances that remission would be reached, even with a repetition of a suggested 9 cycles of three times a week protocol: a chemo on Monday, one on Wednesday and another one on Friday. Repetition of these 9 cycles was likely to extend my life for another six months. The hope was to reach remission. The mountain I was asked to climb appeared exceedingly high. I yearned for my life to be less complicated but I knew in my heart that the days ahead would be an arduous adventure. I resolved to take the time to enjoy the scenery at least by trying to see it from a heavenly perspective. I was not going to focus on the dirt on the window, but on the majestic scenery I would see through it. This would transcend my circumstances. I had to let go and let God do His work.

During this first cycle, the first week I received chemo on Monday and Wednesday only. Friday, being Holy Friday, was rescheduled after Easter Sunday on Good Monday. However, these first three treatments did not work. My body was definitely not responding to the Alemtuzumab chemo. The white blood cells, instead of declining, were climbing at a very dangerous level (from 149, 162 to 173 level. Normal range is from 4 to 11). This trend had been charted since late 2018, when a slower but gradual level had started to be detected. However, since January of 2020, the WBC (white blood count) and specifically a component of the T-cells, the Abs Lymphocytes (the cancer cells in my case), were taking dangerous leaps (level of 169 as opposed to a normal range of 1 to 3.50). It so happened that John's health too had taken a dangerous dive. In late January of 2020, John was hospitalized, received a pace maker, and remained there until he was transferred to St. Joseph Rehabilitation Centre until April 1st. All that time, Dr. Herst, my oncologist, was getting anxious. The white cells were now climbing more rapidly with each blood test given on a regular basis. On March 10th, my body started to show signs of stress. My immune system was weakening fast. A fever and bad cold obliged me to stop visiting John. Worse, on March 14th, Sudbury had the first case of COVID-19, and the St. Joseph Rehab was closed to the public on the following day. Before this, I had spent my every moments of each days being with John. He would light up as soon as I would enter his room away from home. Now, the pandemic realities were stripping us from being together. His progress was declining. During our phone calls, I felt him sad and even silent at times. I was worried for John especially when he was brought to the emergency with a fever of 103. Everything seems to be caving on me. Even the hospital closed its doors to visitors.

Negative emotions slowly crept into my life. I was sick, I was lonely for John's companionship, and stripped of so many blessings: I was missing our Mass, our Thursday church prayer gatherings, our true Christian friends, and time spent in the perpetual chapel of adoration at Our Lady of Hope Church. I knew from past experiences, that I must not take my eyes off the Lord. My spirit was so hungry for His presence. This was the time He opened a door for me. I sent a first e-mail to Christine, the leader of our sub-group in the Compassion Ministry, asking her for prayers. The reply

/...continued on page 11

from the prayer friends overwhelmed me. Let me extend my thanks to you all for responding to my long and sometimes babbling writings. I just needed to blurt out my feelings, needing all encouragement I could muster and the outcome came powerfully as if the power of the Holy Spirit was anointing me. His presence became tangible. I clung to those moments I was given by your generosity in supporting me through your responses. At times, it overwhelmed me with tears when I realized that I was not only helping myself by opening up, but that I was touching some of my own nieces, personal friends and neighbours by sharing my failures, and shortcomings with you all. It made me realize how deeply our Lord Jesus loved us when He assured us of His constant companionship at all times, even when we feel alone on a raging sea. Your encouragement became an incredible gift for me. It gave me hope, strengthened my faith, and reminded me that God is in control. I received so much grace. At times, I felt the great love of our Father when I expressed myself so plainly, something I had found so hard to share all my life.

Determined to make God's Presence a stronghold in my heart, a flash of divine energy made me recall another time the Lord Jesus had opened yet another door for me to cultivate this dream. It was a transforming moment. I had left John for his physiotherapy at the "I CAN" situated on the right side of the Church, just before entering the grounds of Our Lady of Hope. Waiting for John, I decided to visit the Adoration Chapel. I could not focus on any prayers and constantly was unable to sustain my attention. In other words, I was so restless. Distractions were high and I tried hard to attune my heart to His without any success. It is then that my eyes caught the title of a book as I tried other ways of communing with HIM. I picked up the book entitled ***In Sinu Jesu*** written by a Benedict Monk who had jotted down every encounter he had with the Lord Jesus. I opened the book aimlessly to page 127 and what I read blew my mind. I quickly took a piece of paper and scribbled the exact words that had touched me so deeply.

"Your union with Me, My beloved, will take place through My Immaculate Mother and by the gentle and continuous operations of the Holy Spirit in your soul. Together, the Holy Spirit and My Immaculate Mother put themselves at the service of souls who seek union with Me. In this day you will know that I AM in My Father, and you in Me, and I in you (John 14:20). And in this work of uniting a soul to Me, no one can take the place of My most pure and loving Mother. She is the MEDIATRIX of all graces and just as no one can come to the Father except through Me, so too, can no one come to Me except through her in whose virginal womb I took flesh. If only My Mother's role and the greatest of her work even now from her place in heaven, were better known, then there would be a great springtime of holiness in My Church and, first of all, among My priests, for I have entrusted each one of them to her as the most attentive and compassionate of mothers. All the resources of her Immaculate heart, full of grace, are at the service of her motherhood of the souls of My priest."

What troves of grace that is? An occasion given me! I am now thinking of the late Fr. Suarez. He was God's instrument. He was the founder of the MMMP Foundation - the Missionaries of Mary Mother of the Poor. He was known throughout the world for his gift of healing. Jesus' Immaculate Mother and the Holy Spirit were at work in my own heart! It is then that I started more fervently to claim His divine truth. I asked them for the possibility of going to her Son and ask Him, for just an iota of His Precious Blood. I was assured of this by the Lord's Prayer to give us our daily bread. I believed that all He wants is our heart, and through the Holy Spirit's power we will heal bodily, spiritually, and mentally. He has washed us whole and paid an exorbitant price. We are His and He cares.

A few months after, I was obliged to make another move and set the date for the Alumtuzumab Chemotherapy. It was scheduled to start on April 6th. Happily, John finally came home on April 1st. But now, I had a more pressing and urgent decision to make. Canada's borders were closing. Joyce, John's sister, who was coming to Canada from Trinidad to take care of John, was now prevented entry. My dear niece, Fareeda, who was now working from home due to the pandemic, agreed to take care of uncle John. Unfortunately, on April 4th, she received a phone call making her an essential worker, as a Chemical Technician (II) at the Willet Millet Centre. She too could not

come. My treatments were to start on April 6th and all my plans had collapsed. What NOW? The only real Way to deal with this dilemma was to commit all my care to the Lord Himself. I literally fell on my knees, face down and with my whole heart, since my conversion to Christ in January 1961, I cried to the Lord. LORD I NEED YOU! HELP!!!! What followed was an incredible blessed weekend. Peace and Joy invaded my whole being as I learned again to let Him go ahead of everything I planned to do, and this one time, so important in my life, I had forgotten to include Him in the plans. John was so sick, but God was already at work. On April 4th, two days before my first chemo, Dr. Giroux's secretary called to ensure that John was well from his stay from St. Joseph. She wanted to set a meeting on the following week. She happened to be a former university student of John's years back, and it reassured me to talk to her over my overwhelming lack of assistance and help. She would speak to Dr. Clark of the possibility of seeing both of us at such a trying time: the COVID scare, our isolation from each other, the lack of resources etc., etc. It all appeared so high a mountain to climb but somehow, God's plan was already in progress towards success now that I had entrusted all into His Capable Hands. No sooner had I hung up the phone, then Dr. Clark was on the line, asking if she could come to our home immediately as she had time in her hands. She assured me she was COVID free and would wear a mask. I saw the Lord present in my situation. He was already lifting me out of the doldrums faster than thanking Him and praising Him. He is ALIVE. No sooner was she home, Dr. Clark attended to John first who was so sick; she even washed him! After, she called the Home Care and succeeded to increase the time of the Personal Service Worker (PSW). The services were immediately increased to one hour in morning to prepare John for the day, and another hour at night to prepare Him for bed. Although John and I were finally under one roof, I was obliged to stay isolated from him when I started the chemo on Monday. It was imperative that I was not in contact with anyone who had the potential of bringing harm in the house, while we both recovered in our own quarters. There was no doubt in my mind that the Lord was at work! And where He is at work, there is no hopeless situation. When the doctor left, Fareeda, my niece called, she had found a family relative friend willing to give us 9 hours a day for 7 days, for two weeks or more until need was felt. I believe that God can show up in ways we could never anticipate when we invite Him in our human fragile plans. I called it God-plans.

Our neighbours, Don and Roberta Cotnam came asking if they could help. They informed me about a padlock they had purchased for Roberta's sick mother that would allow free entry of the PSW in the house. This was the answer to my need and the only way to allow them to enter without my contacting them coming inside. The key and the security fob were to be locked in and accessed through a security code. Don willingly purchased it for us, and even programmed the code in. They also suggested a Lifeline, which I got from True Steel, our security provider, and on the same day, which to me was God's way of saying that nothing is impossible to Him. It could only be God's tender mercies to attune the worker to program the Helpline on that very same day. Both John and I had our secure watch in case of a need for assistance. Moreover, that same day, our dear friends Dr. Andrew Adegbite and Glenda Hicks offered to be called any time, night or day if the Lifeline received a distress call from either of us. What a wonderful God we serve! On April 5th, all was ready, even the baby monitor that would allow me to see and hear John in case he would call during the night, while I was sleeping downstairs, isolated from him. This monitor which demonstrated yet another of God's goodness, was purchased by our nephew Dr. Denis Bonin and his wife Ann who were sensitized to God's touch in our lives. They introduced us to a technology we were unaware even existed. God had answered my cry in a wonderful way!

End of part 3.

Part 4 will be in the February Newsletter

A Special Thank You

**"Thank you for prayers answered for employment for a loved one.
God is good."**

– Mary A.

Jesus, the Royal Messiah, the Name Long Predicted in Scriptures

Sent by God, the Angel Gabriel came to Mary with the glorious message. “Rejoice so highly favoured! The Lord is with you. You are to conceive and bear a Son and you must name Him Jesus. He will be great and will be called Son of the Most High” (Luke 1:28-32). “He is the One who is to save His people from their sins. Now all this took place to fulfill the words spoken through the Prophet: the virgin will conceive and give birth to a Son and they will call Him Emmanuel a name which means ‘God-is-with-us’” (Matthew 1:21-23). A very help in trouble.

At the end of His Ministry, Jesus challenged His followers, to search the Scriptures, for in His Word is found the testimony of His pre-existence (He transcends time: He is and was and always will be). “If you really believed Moses, you would believe Me too; since it was I that he was writing about” (John 5:39, 46). It was on the road to Emmaus that Jesus stressed the full message of the prophets. He said, “Was it not ordained that the Christ should suffer and so enter into his Glory? Starting with Moses and going through all the prophets, He explained the passages throughout the Scriptures that were about Himself” (Luke 24: 25-27). Jesus is the golden NAME that brings Light to all the Scriptures. Through Him and with Him and in Him...all glory and honour is to God the Father! Make room for Him!

- He is the Precious Blood of the Passover Lamb delivering from death those who marked their doorposts with it (Exodus 12: 13; 23); the Sinless Lamb rose from death to mark and redeem those covered with His Precious Blood (John 1:29; 1 Peter 1:19-21).
- He is the God who heals, the bronze serpent lifted up on Moses’ pole (Numbers 21: 7-9); the Son of Man lifted upon Calvary’s Cross healing the repentant (John 3:14-16).
- He is the True Manna daily rained down from heaven (Deuteronomy 8:3); the Living Bread sent by the Father (John 6:32-35), our daily bread (Matt. 6:11; 4:4).
- He is the Appointed Judge and Advocate, the living testimony of God’s faithfulness and compassion (Judge 2:18); the Deliverer who defends, directs, and restores our peace.
- He is the Faithful Scribe weeping over Jerusalem (Ezra 10:1); the Author and Maker of Scripture (John 1:1) weeping as he passed down that Palm Sunday road (Luke 19:41).
- He is the Good Shepherd (Psalm 23); the Gate of the sheepfold, the only entrance to the path of Life, the Eternal life (John 10: 7-9); the Good Shepherd laying down His life for the sheep (John 10:11, 15, 17-18). Our Rock, our Fortress, our Deliverer (Psalm 18).
- He is the Suffering Servant, boring our infirmities, enduring our suffering (Isaiah 53); pierced for our sins (Psalm 22); the Light that shine in the darkness (John 1:5).
- He is the Messiah putting an end to transgression, placing the seals on sin (Daniel 9:24); “cut off” as a substitute (Isaiah 53:11); The Redeemer-Saviour (Rom 3:23-26).
- He is the Stronghold in the day of trouble (Nah 1:7); a safe haven, a shelter. (Prov. 18:10). He is *in* the Father; we are *in* Him (John 24:20); The light and salvation (Ps 27:1)
- He is the Word that came to Jonah, the second call (Jonah 3:1); He is the living Lord and Saviour still offering second chances. (Matthew 12: 38-40). Our hope of glory (Col.1:27).
- He is the Resurrection and the Life, the Way to the Father, the undeniable Truth and Eternal Life, “the Wonder-Counsellor, Mighty God, Eternal-Father, Prince-of-Peace...from this time onwards and for ever” (Isaiah 9: 6). Every knee will worship Him!

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