

the little servants of Christ The King prayer community

Sudbury, Ontario

. . . . proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

SEPTEMBER 2021



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

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VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a. Lenten Mission of 5 weeks.
- b. Annual Pentecost, Trinity and Corpus Christi Retreats.
- c. Life in the Spirit and Future Growth seminars.
- d. Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: "**FOR NOTHING IS IMPOSSIBLE TO GOD**" - **Luke 1:37**

THE POPE'S MONTHLY INTENTIONS FOR 2021 SEPTEMBER

An Environmentally Sustainable Lifestyle

We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young who are resolutely committed to this.



Knights of Columbus Council 1387
Supporting your Church and the little servants of
Christ The King prayer group

kofc.org/joinus



Guidelines for our Prayer Meetings During Covid Times

>>> We must follow the guidelines set by our Diocese
and do so with prudence and caution. <<<

Before coming to church: • Please check temperature of all family members before coming to church. If any family members have a fever, please remain home.

Arriving at church • Maintain physical distancing at all times – two metres (six feet) from others – in the parking lot, church entrance and in the church itself.

- Put on mask/face covering before entering church. It must cover both nose, mouth and chin.
- Follow directions of the volunteers, sign in your name. No shaking of hands, hugging.
- Sanitize hands upon entry and regularly wherever possible
- Pews and aisles will be marked to note physical distancing requirements. Families and households living at the same residence may sit together; the same two metre (six feet) distance should be maintained concerning others.

Celebration of the Eucharist • Masks/face coverings should be removed only after you have first received Holy Communion in your hand and after you arrive at the space designated for you to receive the Host. Do not take your mask off before arriving at the designated area and put it back on after consumption of the Host and prior to returning to your pew.

- Under the guidance of local medical health officials, the faithful are asked to receive Holy Communion in the hand by placing one on top of the other, allowing the Eucharistic Minister to safely place the Body of Christ in one's hand without contact. Communion is not to be taken on the tongue at this time or by other means.

- Follow directions of the ushers. We must follow physical distancing at all times. • There will be no congregational singing at Mass. • There will be no offertory or collection. Please leave donation in the designated basket upon entry/departure as directed.

- We ask that people do not hold hands or shake hands during any portion of the celebration of the Eucharist. At the Sign of Peace, a nod or bow to others is appropriate.

- Follow directions provided for dismissal and departure – exits may be different than those you are accustomed to. • Following Mass, please depart the church so that cleaning may commence. While it is our nature to congregate/socialize in the foyer or parking lot, we ask you NOT to do so at this time. Please maintain physical distancing.

- If you suddenly feel ill, start coughing or sneezing, please leave the church for the health and safety of others gathered.

September Birthdays



- 1 - Jenny DiPaolo
- 5 - Jeanette Rainville
- 6 - Rose Menard
- 8 - Norm Belanger
Vicky Kotab
- 9 - Beppina Taglialegne
- 11 - Jack Cook
- 13 - Rose Marie Beres
- 14 - Maurice Audette
Lucille Plante
- 15 - Julie Levesque
- 18 - André M. Poirier
- 20 - Brenda Hawes
Dianne Legault
- 21 - Dolores Gash
- 22 - Marinella Piccin Leblanc
- 24 - Larry Prévost
- 25 - Patricia Hatala
- 26 - Joan Murphy
- 28 - Jean Gaba
Bob Williams
- 29 - Remo Floreani
Bob Quinlan

*Happy Birthday
and
God's Blessings*



- Yves Ladouceur – September 11, 1981
- Emma Marshall – September 24, 1990
- Anna Lavery – September, 1992
- Alice Dupuis – September, 1993
- Elmer Lahti – September 5, 1998
- Sister Catherine Crawford
– September 11, 1998
- Sister Noreen Conlon
– September 25, 1998
- Diane Perrier – September 27, 1999
- Stella Thibeault – September 30, 1999
- Margaret Moroney – September 16, 2003
- Rose Mary Coagie – September 17, 2003
- Juliana Sbrega – September 28, 2005
- Huguette Gardreau – September 4, 2007
- Mary Lou Lawson – September 4, 2008
- Peter Kricz – September, 2009
- Annette Schroeder – September 27, 2010
- Joseph Alvin Sunday
– September 17, 2011
- Marlene Mary Oliver – September 1, 2012
- Juliette (Julie) Stinson
– September 6, 2013
- Lois Marilyn Satherstrom
– September 9, 2013
- Fr. Frank L. Farenzena
– September 2, 2014
- Thelma Duvall – September 28, 2014
- Daniel Jones – September 13, 2015
- Maria Teddy – September 27, 2015
- Robert D'Alosio – September 11, 2017
- Catherine Winstanley
– September 14, 2017
- Rhéal Richer – September 30, 2017
- Imelda Lahti – September 4, 2019
- Ornella Grimard – September 7, 2019
- Jennifer Lavigne – September 20, 2019

*Eternal rest grant unto them, O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed, through the mercy of God,
rest in peace. Amen.*

“Brothers and sisters: Faith is the realization of what is hoped for and evidence of things not seen.”

– Hebrews 11:1

A Reflection on Mary, Our Dolorous Mother of Christ

From the moment Pilate had condemned her Son to death, Mary had accompanied Jesus more intensely in His suffering. It must have been hard for her not to recall all the events that followed the Angel's visit to her home some 34 years before. Still a virgin, she had humbly accepted, like a true Handmaid Servant of the Lord, the prophecy concerning the Messiah. She was the highly favoured one and she conceived and bore the Son of the Promise. She could recall the birth of Her Babe, the Son of the Highest, lying in a manger; she most certainly recalled her Son's cries at His circumcision; the old Simeon delivering her a message at the Presentation of Jesus, declaring her Child was destined for the fall and rising of many in Israel... and that a sword would pierce her own soul. She also recalled the old Anna bearing witness that her Son was to be the Redeemer of the world. And there was the family's flight to Egypt, the anguish felt by her beloved Joseph to save the Saviour of the world; and the remark of their twelve years old Son once found Him in the Temple. She had kept all those things in her heart.

How hard it must have been for her to accept the crowd's rejection of her Messiah-Son in favour of Barabbas, thrown in prison for rebellion and murder. She met Jesus, condemned by Pilate and priests of the Temple, carrying His cross on the Way to Calvary. His Holy Face was covered with the blood caused by a crown of thorns; His back and shoulders were torn to the bone by the dreadful scourging He had endured. When they reached the place called The Skull, she saw His executioners roughly pulling off His robe and tearing Jesus' flesh further and she felt His indescribable agony of pain. They divided His clothing leaving Him only the linen that girded His loins. The thought of the torments still ahead, made her heart burst with grief. She saw Him brought to the cross. One executioner knelt on His sacred chest, a second held His hand flat, while a third took a long thick nail, pressed it down in the open palm, and drove it with the great iron hammer through His Holy Flesh and far into the wood of the cross. Mary all this time was standing at the foot of the Cross. She heard the agony of her Son while His executioners drove the thick nail to His feet fastening Him to the cross. Each additional torture and insult inflicted on her Lord Jesus caused fresh pangs into her own heart. She heard His deep suppressed groans and the cry to His Father, "My God, My God". The memory of Isaiah 53 increased her own agony. They had nailed the Son of God: the True Lamb of God, "Yet He was pierced through for our faults, crushed for our sins."

She heard the jeers from the Roman soldiers insulting and mocking Her Son, hailing to the crucified King, while again, her Son unselfishly prayed to the Father to pardon them; they knew not what they were doing. Her beloved Son was dying. The Apostle John, the only disciple of Jesus present at Calvary, was standing near her. While enduring great suffering on the Cross, Jesus showed His concern. In His Divine and Human thoughtfulness, Jesus committed His mother to the disciple He loved, and by extension we all have received Mary, the second Eve through her obedience and servant hood to be our Mother and the Mother of the Church. Soon after, she received the dead body of Jesus in her arms. It was finished! The Precious Blood of her Divine Son had paid the price of our Redemption. "and through His wounds we are healed" (Isaiah 53:4-6).

We Would Like to Extend Our Heartfelt Condolences

to the families & friends of the following members of Christ The King Prayer Group, who have recently passed away...



Stella Mae Hoeg (nee Connors)

Peacefully passed away on Friday, January 1st, 2021 at Extendicare Falconbridge. Loving Mother of Patricia Foster, who is also a member of our prayer community.



Elizabeth "Betty Lou" Grubber

Peacefully passed away on Sunday, January 10th, 2021 at her residence.



Carol D'Angelo

Announced with immeasurable sadness her unexpected passing on Saturday, February 6th, 2021 at her home in Sudbury.



Dorine Celestine Pelletier-Brown

Peacefully passed away at Health Sciences North on Saturday, March 19th, 2021.



Marcel Soulliere

Peacefully passed away in Sudbury on Wednesday, April 28th, 2021.



Marie Marthe Emelie Proulx (née Clement)

Peacefully passed away on Saturday, May 1st, 2021 at St. Joseph's Villa, Sudbury.



Professor Emeritus Dr. John Sahadat

Passed away peacefully in his home on Monday, May 3rd, 2021. Beloved husband of Lorraine (Nault), who is also a member of our prayer community.



Denise Laporte (née Brunet)

Peacefully passed away at home on Wednesday, May 19th, 2021.



George Joseph Arnold Jr.

Peacefully passed away Sunday, June 6th, 2021. Beloved brother of Harold Arnold, who is also a member of our prayer community.

William Mark Shay

We would like to extend our sincere condolences to family and friends on the passing of Mark Shay, brother of Pat Jackson, who is a member of our prayer community. Mark passed away on Wednesday, February 17th, 2021 at the Scarborough Centenary Hospital. May he be welcomed into the Kingdom of God, through the mercy of Christ. Amen

They all have bowed to the will of our loving God.....such beautiful souls, full of love and faith.....now ascended to heaven.

Eternal rest grant unto them, O Lord; and let perpetual light shine upon them. May their soul, and the souls of all the faithful departed, through the mercy of God, rest in peace.

Jesus Sets the Example In Prayer

Jesus' example in prayer has persuasive power. Listen to Him praying for us in John 17:11... "Holy Father, keep those You have given Me true to Your Name, so that they may be ONE LIKE US!" And in His Priesthood, He continues to pray for us even today, "since He is living for ever to intercede for ALL who come to God through Him" (Hebrews 7:25). Prayer was regnant in His life. It was so vital to Him. In Scripture, we see and hear Him: He prayed and prayed. He prayed with the great congregation of the Temple; He prayed whenever He entered a local synagogue. He did again in the circle of His friends; in His habitual solitary moments; in the fields; on the lonely mountainside; along the road. He prayed consistently, thanking God loudly; lifting His eyes to the sky; praying in the routine of the day; praying even while driving all merchants out of the Temple. He revealed the zeal He has for His Father's house that we might be awoken to lovingly worship His Father in sincere and passionate praises.

Jesus earnestly answered one of His disciples who asked to teach them how to pray. He no longer wanted them to be acquainted with Him as a distant God, One who is set apart from the world, but more as a God who exercises kindness, justice, and mercy. To this effect, Jesus taught them to address Him as "Our Father"; to pray for God's authority to rule all over the universe; to relate to our fellowmen as He does with us: to forgive as He forgives; to share in His gift of daily bread; and to lead us always on the right path. He wanted them to grow in the grace and knowledge of Who is; to be awestruck with the Majesty of His Being, yet to grasp the significance of the Sovereignty of God, the One Who has absolute control. A God who cares.

He showed the importance of praying in all circumstances. He demonstrated that prayer has healing power: "And this kind [of the devil] is cast out only by prayer and fasting" (Mark 9:29). It has reconciling power: "Be compassionate as your Father is compassionate; (Luke 6:36). It should be persistent with the resolve of the widow pleading for justice before a heartless judge. Prayer has also interceding grace and must live in lowliness like the story of the Pharisee and the publican: It is worth noting that Jesus never used the petitionary prayer for Himself. He asked nothing but His Father's Will, strength in testing time, and grace to reveal His Father.

Jesus prayed often during important moments in His life. He came to the Jordan to submit to John the Baptist baptism, though sinless (John 8:46). He saw it as a part of God's design, and preparation to His messianic era (Note in Matthew 3: j). He was at prayer after His baptism, when He was anointed by the descending Holy Spirit (Luke 3:21-22). We see Jesus in the wilderness, overcoming the temptation in order to adhere fully to the Father's Plan of Redemption. In full intimate contact with the Father, He abandons Himself with the firm decision to trust Himself to the Father's Providence and remain humble and submissive before the Father. We see Him also on the Mount of Transfiguration, after feeding the five thousands, in the Garden of Gethsemane, and even on the Cross praying "Not My will, but Yours be done."

Praying was Jesus' life and He said it in language of deeds. He worshipped the Will of His Father and accepted Calvary. It is not strange that His example is still the Light that guides our path: Aligning our lives to His Ways brings endless comforts. We get to know Him as He is: the Lord who is Peace. The Lord who sanctifies; who heals; who is Present; who is so good!

Let Go and Let God Navigate Us Safely To Good Shore

The Lord wants our hearts. He created us for a purpose in mind and will exercise His power in accordance: Read 2 Peter:1-3 about God's practicability: "By His Divine Power, He has given us all the things we need for life and for true doctrine, bringing us to know God Himself who has called us by His own glory and goodness." From our childhood, we experience in order to learn. Learning is just that: to experience, understand, practice the new concept, review the skill, then test what we have learned and use it to correct a misunderstanding or master the concept. Take the mastering of sailing for instance and let us apply its main goal to our own spiritual life: to know God and His powers, His pure doctrine in order to skilfully adjust the sails and bring the boat safely to good destination. There are benefits in learning how to sail on sea or in life.

To master the skill of sailing, one needs to develop life skills such as determination, confidence, team work, communication skills, risk-taking, responsibility, courage, perseverance just to name a few habits. The sailor must also know the basic physics and mathematics of sailing; its "language"; how to manoeuvre the direction; what control he has; and all the sailing methods. The sailor's main goal is to learn to adjust his sails in order to achieve maximum speed and gain the pleasure of his sport, the exhilaration experienced when he enters the "close haul" where he faces the strongest wind possible needing to surrender to it without capsizing. The goal is to face the wind that will speed him out of trouble, out of the possibility of encountering dangerously high waves in order to reach the haven safely in the process of having respected and enjoyed the presence of the wind and its power. This experience leads to victory.

What is the Spiritual Application of Sailing?

We all are on a life journey and like the sailor, we are invited to follow the Spirit's lead, trusting and yielding to God's Presence as we master all the pure truths, the true doctrines and all the skills required to reach safely to our ultimate destination. We must discipline ourselves to fix our thoughts on the "Wind" again, again, and again. Be willing to surrender and just concentrate on enjoying His Presence and staying in communion with Him. This way we will savour the pleasures together and endure the difficulties it brings. Because we opened our hearts to return the control to our Master, Jesus became the Captain of our "boat". What an assurance! Life will be blessed as we face its challenges. No one is exempted, tells John 16:33. We will all go through some testing, trials and tribulations. Jesus, who overcame the world, also tells us that He will be with us and even when we become overwhelmed with the strong storms of life, He will make Himself tangible, just like the wind propelling the sailor's sails. Remember the Scripture, our learning manual. "God's love never fails those who fear (revere) Him; His righteousness never fails... those who listen to His voice (communication skills), and keep His covenant (His leadership), who remember His commandments (decision making, risk taking, perseverance) and obey them" (diligence, courage) (Psalm 103:17-18). If we learn to adjust our sails and remain under God's control, we will experience the joy brought about by overcoming the challenges of adversity. Mark the Word of the Lord: on the other side of trials, we will have a closer walk with God, a greater understanding of Who He is, a new found love and trust in Him and indescribable joy and peace. "Trials... are happy privileges" (James 1:1-2). Let go and let God navigate our boat. Trust and lean on Him and learn to encourage and offer wisdom with those going through the same trials. The Lord is so good! He can be found!

Prayer to Our Lady of Sorrows

Our mother of sorrows, with strength from above you stood by the cross,
sharing in the sufferings of Jesus, and with tender care you bore Him in your arms,
mourning and weeping.

We praise you for your faith, which accepted the life God planned for you.
We praise you for your hope, which trusted that God would do great things in you.
We praise you for your love in bearing with Jesus the sorrows of His passion.

Holy Mary, may we follow your example, and stand by all your children
who need comfort and love.

Mother of God, stand by us in our trials and care for us in our many needs.
Pray for us now and at the hour of our death.

Amen!

the little servants of Christ The King prayer community **Follow us on one or more of the following:**



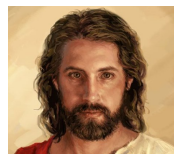
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about our prayer group, our meeting times and our upcoming events.

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When in youtube.com/ search for Little Servants of Christ the King
Here you will see several videos of Father Patrick's Homilies