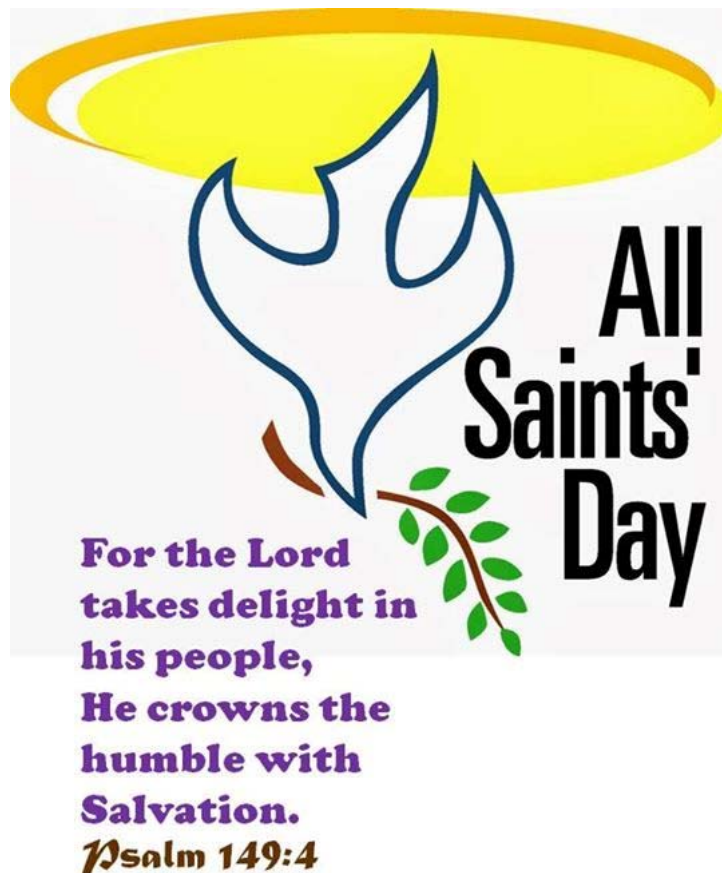


the little servants of Christ The King prayer community
Sudbury, Ontario

. . . . proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

November 2021



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

the little servants of Christ the King prayer community

proclaiming the power of the Holy Spirit - and a personal relationship with Jesus Christ

VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a. Lenten Mission of 5 weeks.
- b. Annual Pentecost, Trinity and Corpus Christi Retreats.
- c. Life in the Spirit and Future Growth seminars.
- d. Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: “**FOR NOTHING IS IMPOSSIBLE TO GOD**” - **Luke 1:37**

THE POPE'S MONTHLY INTENTIONS FOR 2021 NOVEMBER

People Who Suffer from Depression

We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.



Knights of Columbus Council 1387
Supporting your Church and the little servants of
Christ The King prayer group

kofc.org/joinus



Guidelines for our Prayer Meetings During Covid Times

>>> We must follow the guidelines set by our Diocese
and do so with prudence and caution. <<<

Before coming to church: • Please check temperature of all family members before coming to church. If any family members have a fever, please remain home.

Arriving at church • Maintain physical distancing at all times – two metres (six feet) from others – in the parking lot, church entrance and in the church itself.

- Put on mask/face covering before entering church. It must cover both nose, mouth and chin.
- Follow directions of the volunteers, sign in your name. No shaking of hands, hugging.
- Sanitize hands upon entry and regularly wherever possible
- Pews and aisles will be marked to note physical distancing requirements. Families and households living at the same residence may sit together; the same two metre (six feet) distance should be maintained concerning others.

Celebration of the Eucharist • Masks/face coverings should be removed only after you have first received Holy Communion in your hand and after you arrive at the space designated for you to receive the Host. Do not take your mask off before arriving at the designated area and put it back on after consumption of the Host and prior to returning to your pew.

- Under the guidance of local medical health officials, the faithful are asked to receive Holy Communion in the hand by placing one on top of the other, allowing the Eucharistic Minister to safely place the Body of Christ in one's hand without contact. Communion is not to be taken on the tongue at this time or by other means.

- Follow directions of the ushers. We must follow physical distancing at all times. • There will be no congregational singing at Mass. • There will be no offertory or collection. Please leave donation in the designated basket upon entry/departure as directed.

- We ask that people do not hold hands or shake hands during any portion of the celebration of the Eucharist. At the Sign of Peace, a nod or bow to others is appropriate.

- Follow directions provided for dismissal and departure – exits may be different than those you are accustomed to. • Following Mass, please depart the church so that cleaning may commence. While it is our nature to congregate/socialize in the foyer or parking lot, we ask you NOT to do so at this time. Please maintain physical distancing.

- If you suddenly feel ill, start coughing or sneezing, please leave the church for the health and safety of others gathered.

Our Cancer Ministry

***“For where two or three are gathered together in My name,
there am I in the midst of them.”***

(Matthew 18:20)



Due to the coronavirus, our Cancer Ministry has been unable to meet in the Chapel at our Lady of Hope church Thursday evenings. We continue to pray independently for all those who have cancer, their caregivers and family members. If you know of someone who has been diagnosed with cancer, and you would like us to pray for them, simply send me an e-mail at beany7@gmail.com and I will add them to our list.

In Memory of...

We would like to extend our most sincere condolences to the family and friends of the following prayer group members, who have recently passed away:



Suzanne Bailey (nee Meilleur)

The family announces with great sorrow her passing in Sault Ste. Marie on Thursday, September 23, 2021. Beloved sister of Elaine Valade, who is also a member of our prayer community. Suzanne was deeply loved, and she will be missed by all.



Yvonne Lapointe (nee Vaillancourt)

The family announces with deep sorrow her passing on Saturday, September 25th, 2021 at Extendicare York, Sudbury. Yvonne was a social butterfly who made friends wherever she would go. Once a friend always a friend. She was always smiling and filled the lives of those around her with joy and happiness. Her love and positivity were very contagious, and she will be sadly missed.

“The gift of God is eternal life through Jesus Christ our Lord.”

(Romans 6:23)

Mass Intentions For Africa

Beloved, greetings in the Name of Our Lord Jesus Christ:

For the past seven years we have been collecting mass intentions and stipends for priests working in rural parishes in Africa. The masses are celebrated for our various intentions, and the stipends are used to meet their daily needs in their ministries. We have records of the masses that have been celebrated by different priests in Africa, and we continuously receive emails from them to acknowledge their receipts.

Between the first week of October, and the middle of December, we will be collecting mass intentions for priests in Africa. You may drop off your intentions and the stipends, in an envelope at St Patrick's parish, 39 Walford Road, Sudbury. You may also contact Adele Donnelly for drop off, or for more clarification at ckprayergroup@bell.net

Remain blessed, and remain in union of prayers.

Fr Patrick Okenyi, sma

Spiritual Director of the Prayer Group/Parish Priest of St Patrick's Parish



Helping Hands

The month of November is the month where the entire Church is remembered.....

November 1st is All Saints' Day, the **Church Triumphant**.

November 2nd is All Souls' Day, the **Church Suffering**.

And the **Church Militant** remembers the Saints and Souls through our devotions and prayers.



The **Church Triumphant** describes the Church in heaven. In the kingdom of God — the realm in which the holy Trinity, the angels and saints, and the abode of all those who have reached the fullness of salvation in Christ — the Church already exists. But it will have its fullest being at the end of time, when all of creation and (we hope) all human beings will be conformed to Christ and all reality will be one of divine praise and glory.

The **Church Suffering** refers to the church in purgatory. Purgatory is not a kind of temporary hell. It is rather the threshold, the antechamber of heaven. In purgatory, all those — whether

Christian or not — who have reached the gates of death without reaching the full perfection of life represented in Christ are cleansed in a kind of ongoing baptism and are purified by the enlightening fire of the Holy Spirit. The suffering of purgatory is not one of destruction, but the suffering that comes from leaving the old self behind and taking on the new.

The **Church Militant** refers to the Church on earth. The term “militant” can suggest an antagonistic relationship between the Church and the world. Nevertheless, it refers to an authentic reality: that the Church on earth works to overcome the imperfect and sinful dimensions of human existence.

The Catholic Church dedicates the month of November to the Holy Souls in Purgatory.

During this entire month we pray for the souls of the faithful departed, especially those whom we have known and loved, as well as members of our prayer group. Those in purgatory die in the mercy of God; however, because they still had attachment to sin at the time of their death, they must undergo the spiritual purification of their souls before they are able to fully love God with their whole heart, mind, and soul for all eternity. Those in purgatory cannot pray for themselves, this is why they are called “poor” souls. They can no longer merit anything for themselves and rely entirely on others to pray and make sacrifices on their behalf. As they are nevertheless part of the communion of saints, they depend upon us to help ease their suffering and quickly advance them through their purification so that they can join the saints in heaven. Prayers for the faithful departed pleases God, who makes use of our prayers to help purify these souls that He loves. It is an act of charity that we can give for those we have known and loved, for our ancestors who gave us life, for those souls whose memory is lost, and for those who have no one else to pray for them.

We need to pray more for the deceased of this past year because many of them could not receive the Sacraments of Holy Communion or the Anointing of the Sick. Many souls may have been lost or are going to spend more “time” in purgatory because priests were not allowed to bring these Sacraments to the sick and dying. This year we need to double our efforts to pray for the recently departed. We can do the following [and more] to help these souls who are in dire need of our help:

1) Offer Masses for the Dead

It is a custom in the Church to offer the Holy Sacrifice of the Mass for a particular soul, whether they are a deceased relative or friend. The *Directory* recommends having Masses offered on the “third, seventh, and thirtieth day following their deaths, as well as on their anniversaries.”

2) Pray the Novena for the Holy Souls

Composed by Saint Alphonsus Liguori, the nine days of prayer for the Holy Souls in purgatory is a more prolonged way to pray for the deceased. Traditionally, it is prayed in preparation for All Souls Day, or in the days following the celebration.

3) Visit a Cemetery

An indulgence, applicable only to the Souls in purgatory, is granted to the faithful, who devoutly visit a cemetery and pray for the departed. The indulgence is plenary each day from the 1st to the 8th of November; on other days of the year it is partial. Besides benefiting the Holy Souls, visiting a cemetery is a healthy reminder of our own mortality, realizing that we too will pass from this life to the next.

4) Pray the “Eternal Rest” Prayer

A partial indulgence, applicable only to the Souls in purgatory, can be obtained when the “Eternal Rest” prayer is prayed with faith. The prayer is as follows:

Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

This prayer is used most often during the liturgical functions surrounding a funeral, but is often prayed by families in connection with prayers before and after meals.

5) Pray Saint Gertrude the Great’s Prayer for the Holy Souls

One of the most popular prayers for the Souls in purgatory is that of Saint Gertrude the Great. She received many visions of Our Lord during her lifetime, and expressed to Jesus her great desire to pray for the deceased. In return, Jesus taught Saint Gertrude the following prayer. It is piously believed that 1,000 souls are released from purgatory by praying this prayer with the heart.

Eternal Father, I offer You the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family.

Amen.

First Day of Advent *Sunday, November 28, 2021.*

The word 'Advent' is from the Latin 'Adventus', which means 'coming'. Like Lent, Advent is a preparatory season. It has significance because it is a season of looking forward and waiting for something greater; both for the annual celebration of the event of Christ's birth, and for the time when Christ will come again. As noted in the New Catholic Encyclopedia, during Advent, the faithful are asked:

- to prepare themselves worthily to celebrate the anniversary of the Lord's coming into the world as the incarnate God of love,
- thus to make their souls fitting abodes for the Redeemer coming in Holy Communion and through grace, and
- thereby to make themselves ready for His final coming as judge, at death and at the end of the world.

The Beautiful Symbolism of the Advent Wreath



SHAPE: The circular shape of the wreath, without beginning or end, symbolizes God's complete and unending love for us — a love that sent his Son into the world to redeem us from the curse of sin. It also represents eternal life, which becomes ours through faith in Jesus Christ.

NUMBER: The Advent Wreath traditionally holds four candles which are lit, one at a time, on each of the four Sundays of the Advent season. Each candle represents 1,000 years. Added together, the four candles symbolize the 4,000 years that

humanity waited for the world's Saviour — from Adam and Eve to Jesus, whose birth was foretold in the Old Testament. Some Advent wreath traditions also include a fifth white "Christ" candle, symbolizing purity, that is lit on Christmas Eve or Christmas day. Many circular wreaths can incorporate a white candle by adding a pillar candle to the wreath centre.

- The 1st Sunday of Advent symbolizes Hope with the "Prophet's Candle" reminding us that Jesus is coming.
- The 2nd Sunday of Advent symbolizes Faith with the "Bethlehem Candle" reminding us of Mary and Joseph's journey to Bethlehem.
- The 3rd Sunday of Advent symbolizes Joy with the "Shepherd's Candle" reminding us of the Joy the world experienced at the coming birth of Jesus.
- The 4th Sunday of Advent symbolizes Peace with the "Angel's Candle" reminding us of the message of the angels:

"Peace on Earth, Good Will Toward Men."

What Does It Really Mean to “Offer It Up” to The Lord?

Making Sense of Suffering

by Fr. Thomas V. Berg

The *Catechism of the Catholic Church* gives us the framework within which to understand the theological foundation of the practice of “**offering it up**”.

The cross is the unique sacrifice of Christ, the “one mediator between God and men”

[1 Timothy 2:5]. But because in his incarnate divine person he has in some way united himself to every man, “the possibility of being made partners, in a way known to God, in the paschal mystery” is offered to all men (618).

That framework, in other words, is the mystery of *redemptive suffering*. Christ makes us — members of his Mystical Body — participants in that redemptive self-offering of Christ our head. St. Paul left the Church a vivid and poignant understanding of just what that means when he insisted:

Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church (Colossians 1:24).

And St. John Paul II summed up the relationship between Christ’s redemptive sacrifice, and our mysterious participation in it with these words:

In bringing about the Redemption through suffering, Christ has also raised human suffering to the level of the Redemption. Thus each man, in his suffering, can also become a sharer in the redemptive suffering of Christ (*Salvifici Doloris*, 19).

In most of her apparitions, particularly at Fatima, Our Lady also has repeatedly reminded us of this mysterious participation in redemptive suffering. The three visionaries of Fatima received her message as a call, in part, to live the rest of their lives finding frequent opportunities to offer acts of reparation for sinners.

The Church has long recognized that some of the baptized are invited mysteriously to a veritable vocation of redemptive suffering in a very high degree. We often refer to these privileged individuals as “victim souls”. They have even at times been blessed with mystical phenomena such as the stigmata (the wounds of Christ), or living for years solely on the Eucharist. Saints such as Padre Pio and Sister Faustina Kowalska come to mind.

Normally, however, our Lord seems to delight in our generous “offering up” of the lesser daily trials he permits in our lives. The Daily Offering prayer captures what should be ideally our habitual attitude of offering the “**prayers, works, joys, and sufferings of this day in union with the holy sacrifice of the Mass throughout the world**”. To live with that attitude is something beautiful in God’s eyes. Catholic priests, I might add, called as they are to be agents of penance, reparation, and expiation and instruments of Divine Mercy, are particularly responsible for being living examples of such an attitude. A readiness to offer up sacrifices is the best antidote to a mentality of complaining, irritability, negativity, and cynicism.

In fact, it is possible over time with God’s grace to embrace — even with joy — the unpleasant surprises, setbacks, apparent failures, frustrations, and hurts that come our way precisely because we experience how profoundly God can work in and through them for our good, and the good of the Church. By offering these things up, uniting them to the redemptive sacrifice of Jesus, we trust that God the Father mysteriously brings about some good somewhere in the Mystical Body, as a fruit of our generous offering. Yet we benefit as well, as he simultaneously turns our sufferings, big or small, into opportunities for personal growth and holiness.

November Birthdays



- 3 - Nicla Donnelly
- 4 - Patrice Campeau
- 5 - Fr. Joseph Ogah
- 6 - Gerry Shannon
- 10 - Rose Marie Dureau
Eddie Loyer
Debbie Monaghan
- 13 - Marie Persechino
- 14 - Gerry Bertrand
- 16 - Leo-Paul Groulx
Vikki Tinker
- 18 - Pauline Houle
- 19 - Concetta Matarazzo
- 25 - Avis Boyd
- 26 - Debra Poulin
- 29 - Henry Lupien
- 30 - Mary Mancini-Felhaber

*Happy Birthday
and
God's Blessings*

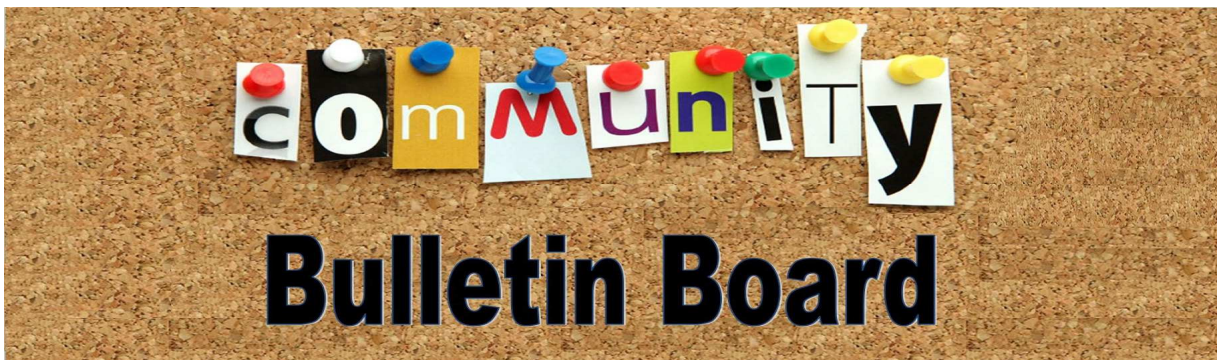


IN MEMORIAM

We remember and pray for those members of our community who have gone home to the Lord

- Anita Lyons – November 4, 1984
- Fr. Clarence Murphy – November 17, 1984
- John Jack Angus MacIsaac – November 26, 1988
- George Fleming – November 10, 1992
- Patricia Kolosky – November 5, 1993
- Darlene Sweezey – November 26, 1993
- Armand Labonti – November 6, 1998
- John Caicco – November 12, 1999
- Lucille Labonte – November 26, 1999
- Fr. Brian McKee – November 15, 2000
- Lillian Teresa Coules – November 24, 2000
- Ronald Young – November 7, 2002
- Aliana Violiono – November 23, 2002
- Martin J. Kennelly – November 27, 2002
- Catherine Mary Cecchetto – November 12, 2003
- Fr. Patrick Moore – November 20, 2004
- Helen Healey – November 28, 2004
- Eli Roy – November 16, 2006
- Larry Cyr – November 19, 2006
- Ron D'Entremont – November 6, 2007
- Mary Claire O'Brien – November 24, 2007
- Marie-Anna Cecchetto – November 7, 2008
- Helen Kelly – November 9, 2008
- Marc Frappier – November 1, 2009
- Peter Van Sprundel – November 21, 2009
- Helen Laliberte – November 30, 2009
- Marcel Lariviere – November 5, 2010
- Lise Gravelle-Rouleau – November 1, 2011
- Alex Plausini – November 8, 2011
- Lillian Cormier – November 15, 2011
- Lucille Levesque Bergeron – November 26, 2011
- Sr. Jeanne Castonguay, csj – November 26, 2011
- Perry D'Aoust – November 16, 2012
- Vaclav Coufal – November 27, 2012
- Elizabeth (Betty) Martin – November 3, 2013
- Lucienne Labre – November 18, 2013
- Alice Jean Milks – November 20, 2014
- Margaret Rose Maniwabi – November 21, 2014
- David Frederick Mahaffy – November 10, 2015
- Jean Fulin – November 26, 2015
- Elizabeth MacMillan – November 23, 2016
- Jeannette Laforge – November 21, 2017
- Yvette (Kitsy) Rymes – November 21, 2017
- Alida Grenier – November 3, 2020
- Dennis "Jud" Greasley – November 26, 2020

*Eternal rest grant unto them, O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed, through the mercy of God,
rest in peace. Amen.*



We Want To Hear From You!!!

Do you have anything you would like to share with everyone?

Would you like to let us know how God has touched your life?

Do you have news you would like us to be aware of?

Do you know of any events that are taking place – Virtual or otherwise?

Any stories? Prayers that have been answered? Miracles?

Send us an email, and we will share it with our prayer community.

ckprayergroup@bell.net

LET'S CONNECT!!!

How God Has Touched My Life...

Each one of us has a story behind how Christ has entered our lives, or how God has touched us. Each one is fascinating and unique. I pray that you will take this opportunity to share your experiences with us. Pray to our Father and ask him to grant you the ability to put your thoughts into words...let him guide you. **DO THIS FOR JESUS!**



David's Divine Rosaries

David Samuel, who is a long time member of our prayer community, is creating rosaries for purchase. They are available in our bookstore every Thursday evening. All rosaries are made with good quality material, glass beads, and are available in various patterns and colours. In addition to rosaries, David also makes the St. Michael chaplet. Customized orders can be made for a desired colour for your own personalization, or to present as a special gift to a loved one. For further information, please see David in the bookstore. God Bless!

***** VIRTUAL HUGS *****



It's wondrous what a hug can do. A hug can cheer you when you're blue.
 A hug can say, "I love you so," Or, "Gee! I hate to see you go."
 A hug is, "Welcome back again!" And, "Great to see you!" or "Where've you been?"
 A hug can soothe a small child's pain, and bring a rainbow after rain.
 The hug! There's just no doubt about it. We scarcely could survive without it!
 A hug delights and warms and charms. It must be why God gave us arms.
 Hugs are great for fathers and mothers. Sweet for sisters, swell for brothers.
 And chances are some favourite aunts, love them more than potted plants.
 Kittens crave them. Puppies love them. Heads of state are not above them.
 A hug can break the language barrier, and make the dullest day seem merrier.
 No need to fret about your store of 'em, the more you give, the more there are of 'em.
 So stretch those arms without delay, and give someone a virtual hug today.

~ Author Unknown ~



the little servants of Christ The King prayer community
Follow us on one or more of the following:



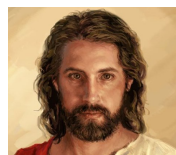
We still provide Mail Outs to those who prefer this method only.
 Our official address is:
the little servants of Christ The King prayer community
1935 Paris Street
Box 21056
SUDBURY ON P3E 6G6



Official E-Mail Address Is:
ckprayergroup@bell.net



Visit us on Facebook
<https://www.facebook.com/LSCKPG/>



Please visit our website at www.lsckpg.wordpress.com to find information about our prayer group, our meeting times and our upcoming events.

Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com