

# the little servants of Christ The King prayer community Sudbury, Ontario

. . . . proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

## OCTOBER 2021



**Our Mission Statement:** *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

# the little servants of Christ the King prayer community

proclaiming the power of the Holy Spirit - and a personal relationship with Jesus Christ

## VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

**STREAM 1.** Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

**STREAM 2.** Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

**STREAM 3.** Teaching through special days of reflection.

- a. Lenten Mission of 5 weeks.
- b. Annual Pentecost, Trinity and Corpus Christi Retreats.
- c. Life in the Spirit and Future Growth seminars.
- d. Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

**QUOTE:** “**FOR NOTHING IS IMPOSSIBLE TO GOD**” - **Luke 1:37**

## THE POPE'S MONTHLY INTENTIONS FOR 2021 OCTOBER

### Missionary Disciples

We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavour of the Gospel.



Knights of Columbus Council 1387  
Supporting your Church and the little servants of  
Christ The King prayer group

[kofc.org/joinus](http://kofc.org/joinus)



## **Guidelines for our Prayer Meetings During Covid Times**

>>> We must follow the guidelines set by our Diocese  
and do so with prudence and caution. <<<

**Before coming to church:** • Please check temperature of all family members before coming to church. If any family members have a fever, please remain home.

**Arriving at church** • Maintain physical distancing at all times – two metres (six feet) from others – in the parking lot, church entrance and in the church itself.

- Put on mask/face covering before entering church. It must cover both nose, mouth and chin.
- Follow directions of the volunteers, sign in your name. No shaking of hands, hugging.
- Sanitize hands upon entry and regularly wherever possible
- Pews and aisles will be marked to note physical distancing requirements. Families and households living at the same residence may sit together; the same two metre (six feet) distance should be maintained concerning others.

**Celebration of the Eucharist** • Masks/face coverings should be removed only after you have first received Holy Communion in your hand and after you arrive at the space designated for you to receive the Host. Do not take your mask off before arriving at the designated area and put it back on after consumption of the Host and prior to returning to your pew.

- Under the guidance of local medical health officials, the faithful are asked to receive Holy Communion in the hand by placing one on top of the other, allowing the Eucharistic Minister to safely place the Body of Christ in one's hand without contact. Communion is not to be taken on the tongue at this time or by other means.

- Follow directions of the ushers. We must follow physical distancing at all times. • There will be no congregational singing at Mass. • There will be no offertory or collection. Please leave donation in the designated basket upon entry/departure as directed.

- We ask that people do not hold hands or shake hands during any portion of the celebration of the Eucharist. At the Sign of Peace, a nod or bow to others is appropriate.

- Follow directions provided for dismissal and departure – exits may be different than those you are accustomed to. • Following Mass, please depart the church so that cleaning may commence. While it is our nature to congregate/socialize in the foyer or parking lot, we ask you NOT to do so at this time. Please maintain physical distancing.

- If you suddenly feel ill, start coughing or sneezing, please leave the church for the health and safety of others gathered.

# *The Canadian Thanksgiving Day*



## **Did you know?**

The Canadian Thanksgiving Day came about because of a combination of traditions. Before the first Europeans arrived in North America, the farmers in Europe held celebrations at harvest time. The farm workers filled a curved goat's horn with fruit and grain to give thanks for their harvest having been a good one. This horn was called a Horn of Plenty... or a Cornucopia, and the farm workers who started a new life in Canada took this tradition with them.

In Newfoundland in 1578, the English navigator, Martin Frobisher, held a ceremony to give thanks for surviving the long journey. He was later knighted and had an inlet of the Atlantic Ocean in Northern Canada named after him... Frobisher Bay. As other settlers arrived they continued these ceremonies.

In 1621, in what is now the United States of America, the Pilgrims celebrated their harvest in the New World. By the 1750's settlers moving to Canada from America had taken this celebration to Nova Scotia. At the same time, French settlers arriving in Canada with the explorer Samuel de Champlain held thanksgiving feasts and shared their food with their Native neighbours. After the seven years war ended in 1763 the citizens of Halifax held a special day of Thanksgiving.

At the time of the American Revolution, the people who remained loyal to the Government in England moved to Canada and spread the Thanksgiving celebration to other parts of the country. Other English settlers were also used to having a harvest celebration in their churches every Autumn.

In 1879 the Canadian Parliament declared the 6th of November as a day of Thanksgiving and a national holiday. Over the years the date has changed with the third Monday in October being the most popular time. Finally, on the 31st of January 1957 the Canadian Parliament proclaimed that...

'A Day of General Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed... to be observed on the second Monday in October.'

(Source: Crew's Nest October 2002)





# The Supernatural Mysteries of the Eucharist



Many mysteries are rooted in an infinity of some kind. The supernatural mysteries of the Eucharist are rooted in the infinite love that Jesus has for each and every one of us. The Eucharist is called the Sacrament of Love because it is Jesus'

greatest expression of His love for us; it is the gift of Himself. Jesus expresses His love for us in the Eucharist in three ways:\

## ***Sacrifice:***

The **first way** Jesus expresses His love for us in the Eucharist is by sacrifice. Sacrifice is a sign of authentic love. It is willingness to give up something precious for the sake of the beloved. Jesus loves us so much that He was willing to sacrifice His life on the Cross to free us from the curse of original sin. Jesus renews that sacrifice and distributes its fruits every time the Holy Sacrifice of the Mass is celebrated.

## ***Communion:***

The **second way** Jesus expresses His love in the Eucharist is by uniting His life with ours. In John's Gospel our Lord says: "He who eats My flesh and drinks My blood abides in Me and I in him". When we receive Holy Communion, we are united in a special way with Christ, and in Him we are united with each other. During Mass the priest prays that "we who are nourished by His Body and Blood may become one Body, one Spirit in Christ". That is why the Eucharist is also called the Sacrament of Unity. The fruit of this union with Christ is an actual sharing in His Divine life. This is brought to mind when the priest says at Mass while adding water to the wine: "By the mystery of this water and wine may we come to share in the Divinity of Christ Who

humbled Himself to share in our humanity". By sharing in His divine life we grow in love for Him and each other.

## ***Presence:***

The **third way** Jesus expresses His love for us in the Eucharist is by giving us the gift of His continual presence. After the priest says over the bread and wine at Mass the words "This is My body, this is the cup of My Blood," bread and wine are no longer present on the altar. Rather, Jesus Himself is there, under the appearances of bread and wine. And after Mass Jesus stays with us in the Blessed Sacrament reserved in the tabernacle or exposed in a monstrance. There He is fully *Immanuel, God with us*. There He literally fulfills His promise: ***"Behold I am with you all days, even to the consummation of the world"***. ***There He says to us: "Come to Me, all you who labour and are burdened, and I will give you rest"***.

These then are the three ways that Jesus expresses His love for us in the Eucharist: sacrifice, communion and presence. And He wants us to express our love for Him in the same three ways. When St. Therese of Lisieux entered the Carmelites she took for her motto the words of St. John of the Cross, the great Carmelite mystic: "Love is repaid by love alone". We repay Christ's love for us in the Eucharist with love by offering our own sacrifices and prayers in union with His in the Holy Sacrifice of the Mass, by uniting our life with His by receiving Him worthily in Holy Communion, and by giving Him the gift of our presence by spending time with Him in the Blessed Sacrament.

We are blessed to have a Chapel for Perpetual Adoration in Sudbury. There is an ongoing need for people to commit to a weekly hour or to fill in as spares for those unable to keep their commitment from time to time. †

*Then you will begin to say, "We ate and drank in Your presence, and You taught in our streets".*

*– Luke 13:26*

## *Mass Intentions For Africa*

Beloved, greetings in the Name of Our Lord Jesus Christ:

For the past seven years we have been collecting mass intentions and stipends for priests working in rural parishes in Africa. The masses are celebrated for our various intentions, and the stipends are used to meet their daily needs in their ministries. We have records of the masses that have been celebrated by different priests in Africa, and we continuously receive emails from them to acknowledge their receipts.

Between the first week of October, and the middle of December, we will be collecting mass intentions for priests in Africa. You may drop off your intentions and the stipends, in an envelope at St Patrick's parish, 39 Walford Road, Sudbury. You may also contact Adele Donnelly for drop off, or for more clarification at [ckprayergroup@bell.net](mailto:ckprayergroup@bell.net)

Remain blessing, and remain in union of prayers.

Fr Patrick Okenyi, sma

Spiritual Director of the Prayer Group/Parish Priest of St Patrick's Parish



# Helping Hands

## *Divine Mercy Chaplet and The Chaplet of Reparation*

As you know Our Lord is speaking to a Benedictine Monk in Ireland and he has been asked by Our Lord to write everything down that He is dictating to him, thus the book EN SINU JESUS. We have spoken to you many times about this book, in fact it is worth purchasing a copy. It is very, very good.

On Monday, March 8, 2010, Our Lord said the following to the Monk. "You please Me by praying the Chaplet of Reparation and by offering My Precious Blood to My Father for the purification and sanctification of My priests. I received that prayer and brought it before My Father; abundant graces fell upon the priests of My Church in response to that simple prayer. I am pleased by every effort, no matter how humble or simple. In fact, I prefer the prayers of the humble and simple heart, prayer made without pretence, in faith, in hope, and in charity. I will hear the prayers of those who recite this chaplet and My priests will experience its fruits in their lives."

Many have been saying both Chaplets each day. How could we ever do enough to receive the Divine Mercy of God. We are sinners and we need His Mercy daily. Please pray both Chaplet daily. It only takes 10 minutes to pray each one.

### *THE CHAPLET OF DIVINE MERCY*

*Recited on ordinary Rosary Beads and begin with:*

Our Father, Hail Mary, I believe in God

*On the Our Father Beads:*

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ.

In atonement for our sins and those of the whole world.

*On the Hail Mary Beads:*

For the sake of His sorrowful Passion  
Have mercy on us and on the whole world

*After five decades – Conclude with 3 times:*

Holy God, Holy Mighty One, Holy Immortal One  
Have mercy on us and on the whole world.

*Notations:*

Jesus says: "Oh. What great graces I will grant to souls who say this chaplet." (848)

Jesus says: "Let no soul fear to draw near to Me, even though its sins be as scarlet." (699)

Jesus says: "I will refuse nothing to the soul that makes a request of Me in virtue of My Passion." (1320)

*Words From The Lord:*

*Days of great change are upon you. Be on guard. Stay awake. Look around you and read the signs of the times in the light of the Gospel. Remain watchful and faithful, and be ready for My return whenever it may be. Pray, pray, pray that The Holy Spirit, the Spirit of Truth, will teach all things for wisdom and understanding.*

*/...continued on page 8*

## *Divine Mercy Chaplet and The Chaplet of Reparation*

### **THE CHAPLET OF REPARATION**

*This Chaplet is an offering of the Precious Blood for Priests.*

*Recite on ordinary Rosary Beads and begin with:*

Our Father, Hail Mary, I believe in God

*Introductory Prayer:*

Incline unto my aid, O God; O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now, and ever shall be, world without end. Amen

Alleluia: Praise be to You O Lord, King of eternal glory.

*On the Our Father Beads:*

Eternal Father, I offer You the Precious Blood of Your Beloved Son, Our Lord Jesus Christ, the Lamb without blemish or spot, in reparation for my sins and for all Your priests.

*On the Hail Mary beads:*

By Your Precious Blood, O Jesus, purify and sanctify Your priests.

*After five decades: Conclude with 3 times:*

O Father, from whom all Fatherhood in heaven and on earth is named, have Mercy on all Your priests, and wash them in the Blood of the Lamb.

*Notations:*

Jesus says: "Go to My Mother in all your needs."

Jesus says: "Humility is the armor that frustrates and confounds the enemy."

Jesus says: "There is no suffering that I cannot heal"

*On Monday, March 8, 2010, Our Lord said the following to the Monk: "You please Me by praying the Chaplet of Reparation and by offering My Precious Blood to My Father for the purification and sanctification of My priests. I received that prayer and brought it before My Father; abundant graces fell upon the priests of My Church in response to that simple prayer. I am pleased by every effort, no matter how humble or simple. In fact, I prefer the prayers of the humble and simple heart, prayer made without pretence, in faith, in hope, and in charity. I will hear the prayers of those who recite this chaplet and My priests will experience its fruits in their lives."*

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## THANKSGIVING FOR PRAYERS

*In March, 2018 I was diagnosed with lung cancer. I had surgery to remove the upper lobe of the left lung. Today I am in remission.*

*I am so grateful of prayer. The prayer community prayed for me. Today I begin my day with prayer and the Eucharist; the Rosary, and then a time of silent adoration. The Divine Mercy Chaplet at 3:00 p.m., and I spend time with the scripture of the day because The Lord speaks through The Word and guides me on my journey.*

*The Holy Spirit is the one who inspires me to pray. I continue to Trust in The Holy Spirit, for all the Holy Moments I receive. Again a very special thank you to the little servants of Christ The King prayer community for all their support and prayers.*

*- Marie Bardswich*

## THANKSGIVING

The prayer community has been open for the last three weeks. We started with the Sacrament of Reconciliation each evening for so many of us have not had the opportunity to receive this Sacrament since we have been closed for over 500 days. We hope and pray that you have taken advantage of this great Sacrament.

Sister Faustina in her book talks about the powerful gift of MERCY that The Lord showers us with when we go to confession. In paragraph 1448 of her book The Lord says the following:

Write, speak of My Mercy. Tell souls where they are to look for solace; that is, in the Tribunal of Mercy, The Sacrament of Reconciliation. There the greatest miracles take place and are incessantly repeated. To avail oneself of this miracle, it is not necessary to go on a great pilgrimage or to carry out

some external ceremony; it suffices to come with faith to the feet of My representative (a priest) and to reveal to him one's misery, and the miracle of Divine Mercy will be fully demonstrated. Were a soul like a decaying corpse so that from a human standpoint, there would be no hope of restoration and everything would already be lost, it is not so with God. The Miracle of Divine Mercy restores that soul in full. Oh, how miserable are those who do not take advantage of the miracle of God's mercy! You will call out in vain, but it will be too late.

What a powerful message. Have you gone to confession within the last month? Are there others within your family and friends who need to receive God's Divine Mercy? Invite them to come on Thursday evenings at 6:30 pm.

## Three Legged Turkey



A man was driving down a country road one day at 45 miles per hour when suddenly he noticed a 3-legged turkey running at the same speed beside his truck. Though he thought this odd, the man decided to speed up so he wouldn't cause an accident with the turkey.

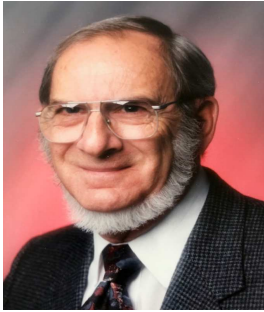
The man sped up to 55 miles per hour, but low and behold, so did the 3-legged turkey. The man then sped up to 65 miles per hour only to again be equalled in speed by the 3-legged turkey. As the man watched in amazement, the turkey suddenly made a sharp left turn and took off down a side road toward a small farm.

The man quickly also made the left turn and followed the turkey to the small farm, parking out front. Looking around the man found the farmer around back in the midst of many 3-legged turkeys. After greeting the farmer, the man asked him why he was raising 3-legged turkeys.

"Well we figure," said the farmer, "that with an average family of 3 people cooking a standard turkey only 2 can have a turkey leg. But with a three legged turkey, each member of the family can enjoy a turkey leg of their own on Thanksgiving." "That's pretty wise," said the man, who then asked, "Well how do your 3-legged turkeys taste?" "I don't know," said the farmer. "We've never been able to catch one."

## *In Memory of...*

We would like to extend our most sincere condolences to the family and friends of the following prayer group members, who have recently passed away:



**Fr. Jean Gobeil, s.j.**

On Thursday, July 15, 2021, at the Residence Notre-Dame de Richelieu (Quebec), Fr. Jean Gobeil, s.j. passed away, after 69 years of religious life with the Jesuits. Father Gobeil resided at Villa Loyola in Sudbury until 2020, at which time he moved to Quebec.



**Denis Gouin**

The family announces with great sorrow his passing in Sudbury, on Sunday, July 18, 2021. He was deeply loved and cherished.



**Lucrezia De Cata**

It is with heavy hearts that the family announces her passing in Sudbury on Friday, August 6, 2021. Lucrezia loved being with her family, and always provided a beautiful celebration with her fabulous cooking.



**Lorraine Sahadat (Nault)**

On Saturday, September 18, 2021 our beloved Lorraine passed away peacefully at home, surrounded by her loved ones. Cherished wife of Dr. John Sahadat (predeceased May 3, 2021); both long time members of our prayer group. Lorraine inspired, ignited the imagination, and instilled the love of learning in everyone. She was a devout Catholic, and her faith was immeasurable.

*Beautiful souls, full of love and faith, have now ascended to heaven.  
May God give them eternal rest.*

## October Birthdays



- 2 Catherine Arsenault  
Julienne Boisvert  
Micheline Grandmaison
- 3 Tina Giusto
- 5 Susan Fortin
- 6 Janet Lalonde  
France Robidoux
- 7 Claude Charbonneau  
Greg Thompson
- 9 Maggie Remeikis
- 10 Fr. Patrick Okenyi, sma
- 11 Veronica Gaudar
- 13 Dennis Campeau  
Michael Leblanc
- 16 Gianna Moschetta
- 18 Barbara E. Stewart  
Noreen Talbot
- 19 Ryan Felhaber  
Lenore Zuliani
- 21 Rina Mancini
- 23 Liz Montgomery
- 25 Bertilla Rodriguez
- 26 Lise McLean
- 28 Victor Gagné  
Lucienne Labre
- 29 Adele Donnelly
- 30 Fr. Gerald Lajeunesse
- 31 Robert Leblanc

*Happy Birthday  
and  
God's Blessings*



## IN MEMORIAM



- Vernon Joseph Kavanagh – October 4, 1975
- Anne Kobelka – October 17, 1983
- Bruno Tramontini – October 27, 1986
- Marion Valade – October 14, 1990
- Stella Smith – October 18, 1990
- Dorgere (Molly) Ruddy – October 16, 1991
- Edwin John Jablonski – October, 1993
- Mary Ellen Whalen – October 3, 1993
- Edward Mulcahey – October 25, 1993
- Nancy Reilly – October 4, 1999
- “Pug” Hickey – October 15, 1999
- Zita Mary Maloney – October 5, 2001
- Sister Beatrice Serpell – October 7, 2001
- Annette Ladouceur – October 8, 2001
- Edgar Bertrand – October 28, 2001
- Jean-Marie Grandmaison – October 4, 2004
- Clara MacLeod – October 29, 2004
- Kathleen Bregman – October 26, 2005
- Mary Ellen MacLeod – October 28, 2005
- Patricia Mary Pappin – October 10, 2006
- Ada Marilyn Bawkes – October 22, 2006
- Bertha O'Hare – October 11, 2008
- Loretta Gould – October 12, 2009
- Fr. Bob Bedard – October 6, 2011
- Kathleen Gerbase – October 11, 2011
- Basil Milks – October 30, 2011
- Alda Ross – October 26, 2013
- Pauline Knapp – October 6, 2014
- Mary McParland – October 10, 2014
- Mario Blasutti – October 12, 2014
- Raymond Servant – October 19, 2014
- Anne Yaroshak – October 4, 2016
- Dorothy Shaw – October 17, 2016
- Frank Scappatura – October 31, 2016
- Grace Oechsler – October 7, 2017
- Giuseppina Georgette “Josephine” Di Gioseffo  
– October 16, 2017
- Frances Donnelly – October 30, 2017
- Helen Cameron – October 31, 2017
- Marie Goguen – October 28, 2018
- Joseph Francis Descoteaux – October 20, 2019
- Paula Tarini – October 28, 2019
- Jeannette Marieange Bennett – October 11, 2020
- Dorothy Belfry – October 14, 2020
- Richard Dominique – October 25, 2020

*Eternal rest grant unto them, O Lord  
and let perpetual light shine upon them.  
May their souls and the souls of all the faithful  
departed, through the mercy of God,  
rest in peace. Amen.*

## *The Story of Our Lady of the Rosary*

Saint Pius V established this feast in 1573. The purpose was to thank God for the victory of Christians over the Turks at Lepanto — a victory attributed to the praying of the rosary. Clement XI extended the feast to the universal Church in 1716.

The development of the rosary has a long history. First a practice developed of praying 150 Our Fathers in imitation of the 150 Psalms. Then there was a parallel practice of praying 150 Hail Marys. Soon a mystery of Jesus' life was attached to each Hail Mary. Though Mary's giving of the rosary to Saint Dominic is recognized as a legend, the development of this prayer form owes much to the followers of Saint Dominic. One of them, Alan de la Roche, was known as "the apostle of the rosary". He founded the first Confraternity of the Rosary in the 15th century. In the 16th century, the rosary was developed to its present form — with the 15 mysteries: joyful, sorrowful and glorious. In 2002, Pope John Paul II added the five Mysteries of Light to this devotion.

## *Prayer To Our Lady of the Rosary*

O Virgin Mary, grant that the recitation of thy Rosary may be for me each day, in the midst of my manifold duties, a bond of unity in my actions, a tribute of filial piety, a sweet refreshment, an encouragement to walk joyfully along the path of duty. Grant, above all, O Virgin Mary, that the study of thy fifteen mysteries may form in my soul, little by little, a luminous atmosphere, pure, strengthening, and fragrant, which may penetrate my understanding, my will, my heart, my memory, my imagination, my whole being. So shall I acquire the habit of praying while I work, without the aid of formal prayers, by interior acts of admiration and of supplication, or by aspirations of love. I ask this of thee, O Queen of the Holy Rosary, through Saint Dominic, thy son of predilection, the renowned preacher of thy mysteries, and the faithful imitator of thy virtues. Amen.

## **the little servants of Christ The King prayer community** **Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.

Our official address is:

**the little servants of Christ The King prayer community**  
**1935 Paris Street**  
**Box 21056**  
**SUDBURY ON P3E 6G6**



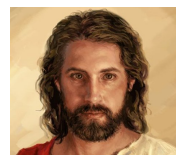
Official E-Mail Address Is:

[ckprayergroup@bell.net](mailto:ckprayergroup@bell.net)



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Please visit our website at [www.lsckpg.wordpress.com](http://www.lsckpg.wordpress.com) to find information about our prayer group, our meeting times and our upcoming events.

*Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com*