

the little servants of Christ The King prayer community
Sudbury, Ontario

.... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

DECEMBER 2021



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

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VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a.** Lenten Mission of 5 weeks.
- b.** Annual Pentecost, Trinity and Corpus Christi Retreats.
- c.** Life in the Spirit and Future Growth seminars.
- d.** Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: “FOR NOTHING IS IMPOSSIBLE TO GOD” - Luke 1:37

THE POPE'S MONTHLY INTENTIONS FOR 2021 DECEMBER

Catechists

Let us pray for the catechists, summoned to announce the Word of God: may they be its witnesses, with courage and creativity and in the power of the Holy Spirit.



Knights of Columbus Council 1387
Supporting your Church and the little servants of
Christ The King prayer group

kofc.org/joinus



Guidelines for our Prayer Meetings During Covid Times

>>> We must follow the guidelines set by our Diocese and do so with prudence and caution. <<<

Before coming to church: • Please check temperature of all family members before coming to church. If any family members have a fever, please remain home.

Arriving at church • Maintain physical distancing at all times – two metres (six feet) from others – in the parking lot, church entrance and in the church itself.

- Put on mask/face covering before entering church. It must cover both nose, mouth and chin.
- Follow directions of the volunteers, sign in your name. No shaking of hands, hugging.
- Sanitize hands upon entry and regularly wherever possible
- Pews and aisles will be marked to note physical distancing requirements. Families and households living at the same residence may sit together; the same two metre (six feet) distance should be maintained concerning others.

Celebration of the Eucharist • Masks/face coverings should be removed only after you have first received Holy Communion in your hand and after you arrive at the space designated for you to receive the Host. Do not take your mask off before arriving at the designated area and put it back on after consumption of the Host and prior to returning to your pew.

- Under the guidance of local medical health officials, the faithful are asked to receive Holy Communion in the hand by placing one on top of the other, allowing the Eucharistic Minister to safely place the Body of Christ in one's hand without contact. Communion is not to be taken on the tongue at this time or by other means.
- Follow directions of the ushers. We must follow physical distancing at all times. • There will be no congregational singing at Mass. • There will be no offertory or collection. Please leave donation in the designated basket upon entry/departure as directed.
- We ask that people do not hold hands or shake hands during any portion of the celebration of the Eucharist. At the Sign of Peace, a nod or bow to others is appropriate.
- Follow directions provided for dismissal and departure – exits may be different than those you are accustomed to. • Following Mass, please depart the church so that cleaning may commence. While it is our nature to congregate/socialize in the foyer or parking lot, we ask you NOT to do so at this time. Please maintain physical distancing.
- If you suddenly feel ill, start coughing or sneezing, please leave the church for the health and safety of others gathered.

December Birthdays



1 – Nona Devost
 Carol Fahey
 Roger Gaudrault
 3 – Bishop Francois
 10 – Edna Tuttle
 12 – Noella Latimer
 15 – Yvette Hutchinson
 17 – Claudette Brisebois
 Allain Soulliere
 19 – Sister Noreen Muldoon
 20 – Donna Ladouceur
 Cécile Bonin
 21 – Nicole Madore
 22 – Joe Deganuto
 Rita Greenough
 Louise Landry
 23 – Leo Cameron
 24 – Beatrice Bilema
 Jeanna Spina
 Leona Mealey
 25 – Jesus The Lord
 Noella Varabioff
 26 – Monette Gagné
 27 – Andrew Shannon
 28 – Noella Forget
 29 – Terry Shannon
 Marilyn Pilbacka Thompson
 31 – Roger Gaudreau
 Fr. Emmanuel Zinsu

*Happy Birthday
 and
 God's Blessings*



Rita Tonnos – December 31, 1976
 John Jamieson – December 12, 1983
 Justin Proulx – December 14, 1983
 Charles Cormier – December 11, 1984
 Marie J. Meakes – December 3, 1985
 Emile Fabbro – December 10, 1986
 Ida Connors – December 20, 1986
 Michael Talbot – December 25, 1988
 Marie Turgeon – December 3, 1990
 Fr. Francis Farrell, s.j. – December 15, 1990
 Norah Ann Kelly – December 26, 1998
 Pauline Leroux-Fleming – December 3, 1993
 Jerome Tovey – December 5, 2001
 Werner Wittmer – December 9, 2001
 Peter Vensku – December 13, 2003
 Mary Elizabeth Mulligan
 – December 15, 2004
 Rita Farrell – December 10, 2005
 Fr. Ovila Campeau – December 10, 2005
 Dana Ron Andrews – December 25, 2006
 Helen Laliberte – December 3, 2009
 Rosemary Limarzi – December 23, 2009
 Vern Johnson – December 1, 2010
 Yvonne Sheahan (Kirwan)
 – December 27, 2010
 Lyle Koett – December 19, 2012
 Angele Crepeau-Rankin
 – December 20, 2013
 Edgar Houle – December 27, 2014
 Bernice Legris – December 17, 2015
 Marie "Kim" Fisher (Ingriselli)
 – December 12, 2016
 David Mazerolle – December 29, 2016
 Pasquale (Pat) Niro – December 26, 2018
 Marg Plausini – December 14, 2019
 Robert Fera – December 25, 2019
 Joyce Tovey – December 3, 2020

*Eternal rest grant unto them, O Lord
 and let perpetual light shine upon them.
 May their souls and the souls of all the faithful
 departed, through the mercy of God, rest in peace.
 Amen*

In Memory of...



We would like to extend our most sincere condolences to the family and friends of **Mrs. Regina Ogah**, who passed away on Friday, October 22nd, 2021, in Nigeria. Beloved mother of Father Joseph Ogah, pastor of St-François-Xavier parish, Cartier, St. Bartholomew parish, Levack, St-Etienne-Martyr parish, Dowling, and member of our prayer group. She will be deeply missed.



Our deepest condolences to Father Patrick Okenji, on the passing of his dear Aunt **Maria Dickson**, October 2021. She was a very active person, kind, compassionate and always smiling. She touched the hearts of many.



Pauline Rancourt

We are saddened to announce that **Pauline Rancourt**, a member of our prayer group, passed away on Monday, October 25th, 2021. We offer our most sincere condolences to her family and friends. She was an extremely loving person, with a very strong faith.



Marlynn McBain (nee Kealey)

We would like to extend our deepest and most heartfelt condolences to the family and friends of Marlynn McBain, who passed away peacefully at Health Sciences North, in the early hours of Tuesday, November 2, 2021. Our beloved Marlynn was a devoted and most faithful member of our prayer group for 40 years, and her dedicated involvement in the numerous ministries will be genuinely missed. She was a mentor and a friend to so many; always available and supportive. Her soft smile, gentleness of manner, capacity to listen, and source of motivation are only a few of her endearing qualities, which made her very special. Her words and her teachings will live on, as will the memory of her kindness and love towards everyone. She was a true gift to all of us, and we will miss her dearly. As her children said, *"To our beautiful Mother, your life was well lived, and you were well loved. We will miss you everyday."*

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Beautiful souls, full of love and faith, have now ascended to heaven. May God give them eternal rest.

Eternal rest grant to them, O Lord; and let perpetual light shine upon them. May their soul, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

Mass Intentions For Africa

Beloved, greetings in the Name of Our Lord Jesus Christ:

For the past seven years we have been collecting mass intentions and stipends for priests working in rural parishes in Africa. The masses are celebrated for our various intentions, and the stipends are used to meet their daily needs in their ministries. We have records of the masses that have been celebrated by different priests in Africa, and we continuously receive emails from them to acknowledge their receipts.

Between the first week of October, and the middle of December, we will be collecting mass intentions for priests in Africa. You may drop off your intentions and the stipends, in an envelope at St Patrick's parish, 39 Walford Road, Sudbury. You may also contact Adele Donnelly for drop off, or for more clarification at ckprayergroup@bell.net

Remain blessed, and remain in union of prayers.

Fr Patrick Okenyi, sma

Spiritual Director of the Prayer Group/Parish Priest of St Patrick's Parish



Helping Hands

I thirst for you.

"Imagine Jesus saying these words directly to you."

Blessed Mother Teresa of Calcutta



It is true. I stand at the door of your heart, day and night. Even when you are not listening; even when you doubt it could be Me, I am there. I await even the smallest sign of your response; even the least whispered invitation that will allow Me to enter.

And, I want you to know that whenever you invite Me, I do come – always, without fail. Silent and unseen I come, but with infinite power and love, and bringing the many gifts of My Spirit. I come with My mercy, with My desire to forgive and heal you, and with a love for you beyond your comprehension – a love every bit as great as the love I have received from the Father. ("As much as the Father has loved Me, I have loved you..." (John 15:10). I come - longing to console you and give you strength; to lift you up and bind all your wounds.

I bring you My light, to dispel your darkness and all your doubts. I come with My power, that I might carry you and all your burdens; with My grace, to touch your heart and transform your life; and My peace I give to still your soul.

I know you through and through. I know everything about you. The very hairs on your head I have numbered. Nothing in your life is unimportant to Me. I have followed you through the years, and I have always loved you – even in your wanderings. I know every one of your problems. I know your needs and your worries. And, yes, I know all your sins. But I tell you again that I love you – not for what you have or haven't done – I love you for you; for the beauty and dignity My Father gave you, by creating you in His own image. It is a dignity you have often forgotten; a beauty you have tarnished by sin. But I love you as you are, and I have shed My Blood to win you back. If you only ask Me with faith, My grace will touch all that needs changing in your life, and I will give you the strength to free yourself from sin, and all its destructive power.

I know what is in your heart – I know your loneliness and all your hurts – the rejections, the judgments, the humiliations. I carried it all before you. I carried it all for you, so you might share My strength and victory. I know especially your need for love – how you are thirsting to be loved and cherished. But how often have you thirsted in vain, by seeking that love selfishly; striving to fill the emptiness inside you with passing pleasures – with the even greater emptiness of sin. Do you thirst for love? "Come to Me all you who thirst..." (John. 7:37). I will satisfy you and fill you. Do you thirst to be cherished? I cherish you more than you can imagine – to the point of dying on a cross for you.

/...continued on page 8

I THIRST FOR YOU. Yes, that is the only way to even begin to describe My love for you. **I THIRST FOR YOU.** I thirst to love you and to be loved by you – that is how precious you are to Me. **I THIRST FOR YOU.** Come to Me, and I will fill your heart and heal your wounds. I will make you a new creation, and give you peace. Even in all your trials **I THIRST FOR YOU.** You must never doubt My mercy, My acceptance of you, My desire to forgive, My longing to bless you, and live My life in you.

I THIRST FOR YOU. If you feel unimportant in the eyes of the world, that matters not at all. For Me, there is no one any more important in the entire world than you. **I THIRST FOR YOU.** Open to Me, come to Me, thirst for Me, give Me your life – and I will prove to you how important you are to My Heart. Don't you realize that My Father already has a perfect plan to transform your life, beginning from this moment? Trust in Me. Ask Me every day to enter and take charge of your life, and I will. I promise you before My Father in heaven that I will work miracles in your life. Why would I do this? Because **I THIRST FOR YOU.** All I ask of you is that you entrust yourself to Me completely. I will do all the rest. Even now I behold the place My Father has prepared for you in My Kingdom. Remember that you are a pilgrim in this life, on a journey home. Sin can never satisfy you, or bring the peace you seek. All that you have sought outside of Me has only left you more empty, so do not cling to the things of this life.

Above all, do not run from Me when you fall. Come to Me without delay. When you give Me your sins, you gave Me the joy of being your Saviour. There is nothing I cannot forgive and heal; so come now, and unburden your soul. No matter how far you may wander; no matter how often you forget Me; no matter how many crosses you may bear in this life; there is one thing I want you to always remember.... one thing that will never change - **I THIRST FOR YOU** – just as you are.

You don't need to change to believe in My love, for it will be your belief in My love that will change you. You forget Me, and yet I am seeking you every moment of the day – standing at the door of your heart and knocking. Do you find this hard to believe? Then look at the cross; look at My Heart that was pierced for you. Have you not understood My cross? Then listen again to the words I spoke there – for they tell you clearly why I endured all this for you: "I THIRST..." (John 19: 28). Yes, **I THIRST FOR YOU** – as the rest of the psalm – verse I was praying says of Me: "I looked for love, and I found none..." (Ps. 69: 20). All your life I have been looking for your love – I have never stopped seeking to love you, and to be loved by you. You have tried many other things in your search for happiness; why not try opening your heart to Me, right now, more than you ever have before.

Whenever you do open the door of your heart; whenever you come close enough you will hear Me say to you again and again, not in mere human words, but in spirit: "No matter what you have done, I love you for your own sake. Come to Me with your misery and your sins; with your troubles and needs, and with all your longing to be loved.

I stand at the door of your heart and knock. Open to Me, for **I THIRST FOR YOU...**"

Feast of The Immaculate Conception



Saturday, December 8th, is the feast of the Immaculate Conception. It celebrates an important point of Catholic teaching, and it is a holy day of obligation. The most Blessed Virgin Mary was, from the first moment of her conception, by a singular grace and privilege of almighty God and by virtue of the merits of Jesus Christ, Saviour of the human race, preserved immune from all stain of original sin. Because of the way redemption was applied to Mary at the moment of her conception, she not only was protected from contracting original sin, but also personal sin. The Catechism explains: (493) The Fathers of the Eastern tradition call the Mother of God "the All-Holy" (Panagia), and celebrate her as "free from any stain of sin, as though fashioned by the Holy Spirit and formed as a new creature". By the grace of God, Mary remained free of every personal sin her whole life long. "Let it be done to me according to your word. . ." To become the mother of the Saviour, Mary "was enriched by God with gifts appropriate to such a role." The angel Gabriel at the moment of the annunciation salutes her as "full of grace". In fact, in order for

Mary to be able to give the free assent of her faith to the announcement of her vocation, it was necessary that she be wholly borne by God's grace. Mary never sinned. The Catechism (492) goes on to state: The "splendour of an entirely unique holiness" by which Mary is "enriched from the first instant of her conception" comes wholly from Christ: she is "redeemed, in a more exalted fashion, by reason of the merits of her Son". The Father blessed Mary more than any other created person "in Christ with every spiritual blessing in the heavenly places," and chose her "in Christ before the foundation of the world, to be holy and blameless before Him in love". (508) From among the descendants of Eve, God chose the Virgin Mary to be the mother of his Son. "Full of grace", Mary is "the most excellent fruit of redemption" (SC 103): from the first instant of her conception, she was totally preserved from the stain of original sin, and she remained pure from all personal sin throughout her life. Adam and Eve were both created immaculate -- without original sin or its stain. They fell from grace, and through them mankind was bound to sin. Christ and Mary were also conceived immaculate. They remained faithful, and through them mankind was redeemed from sin.

Immaculate Heart of Mary, my Mother, I come to you in childlike prayer. I earnestly desire that all the people of the world may be brought back to the humble knowledge and love of the Sacred Heart of your dear Son. I pray, dear Mother of my God, that the wonderful beauty and purity of your own Immaculate Heart may so win our souls that we may detest all sin, and dedicate our lives to the honour and glory of the God who created us. You revealed the secrets of your own sad heart at Fatima and begged for penance, prayer, and conversion of the world to God. What more can I do than unite my heart to yours in this great yearning? What can I add but the fervent prayer that all the world may listen to your pleading? I give my heart to you, my heavenly Queen, and in confidence I leave to you what is best for me in answer to my prayer for love and reparation. Immaculate Heart of the Mother of my God, I implore through your powerful intercession, the conversion of the hearts of men, complete victory over sin, and the return of the peace which you have promised. Amen.

The Patron Saint Of Priests

St. John Vianney — patron of priests worldwide, universally known as the “Curé [Priest] of Ars” — was born on May 8, 1786 in the village of Dardilly, France.

After serving a short time in the army during the Napoleonic period he entered a seminary to become a priest. He had a difficult time, particularly with Latin. Many, including his formation directors and instructors in the seminary, had serious doubts that this man who did not have strong intellectual gifts, would be suitable for the priesthood. However, he persevered and was ordained in 1815 and served as a priest in the village of Ars in France.

He was a man of great dedication to his call to be a priest, and to serve his people. He preached in a very simple manner, had a great love of the Blessed Sacrament and the Blessed Mother, and a special devotion to St. Philomena. Through his work as a confessor, he brought about a spiritual renewal that touched not only the people of his parish, but all of France. He spent 14 to 18 hours a day in the confessional, surviving on only a few hours of sleep, and a diet of boiled potatoes.

As the word spread of his extraordinary abilities as a confessor, thousands made the journey to receive his spiritual counsel. He is an example of how God works wonderfully through those who dedicate their lives to him, and who seek to do his will. John Vianney, a humble parish priest, is regarded by the Church as one of its great figures simply because he was faithful. John Vianney was canonized by Pope Pius XI in 1925.



Prayer for Priests

By St. John Vianney

God, please give to your Church today
many more priests after your own heart.

May they be worthy representatives of Christ the Good Shepherd.

May they wholeheartedly devote themselves to prayer and penance;

be examples of humility and poverty;
shining models of holiness;

tireless and powerful preachers of the Word of God;
zealous dispensers of your grace in the sacraments.

May their loving devotion to your Son Jesus in the Eucharist

and to Mary his Mother

be the twin fountains of fruitfulness for their ministry.

Amen.

To Our Beloved Priests We Thank You

As the year 2021 comes to a close, we the little servants of Christ The King prayer community, would like to offer a very special thank you to our faithful priests for all you have done, and all that you continue to do.

It has been another challenging year for everyone due to the pandemic, however the corona virus has struck at the very heart of the ministry of our priests. It has curtailed their normal outreach to the community, the sick, the elderly and the dying. Everyone was forced indoors with the lock downs, forced to stay apart which prevented our shepherds from having the public celebration of Mass, and it hindered them from offering the healing sacraments of Reconciliation and Anointing in the normal manner. The virus closed our schools. Our priests were preaching to empty pews; they were unable to visit people who were ill or shut-in; events had to be cancelled, and not being able to hear the choir and parishioners sing was particularly difficult. The virus postponed the joyful celebrations of Baptism and Marriage, and it delayed the happiness of Confirmation and First Holy Communion days. It heightened anxieties and fears amongst our parishioners and community, and threatened their jobs and livelihoods. Perhaps the saddest of all, is that the pandemic cruelly restricted our shepherds' capacity to draw close and minister to the families who are bereaved. No priest could have imagined telling the faithful to stay home on Sunday, or to celebrate the resurrection of our Lord without the Eucharist. Yet from coast to coast, the heads of dioceses obediently cancelled masses, and other gatherings that may put lives at risk.

Little by little the doors are slowly opening to our current "new normal," and yet another heavy burden our priests have found themselves carrying is to ensure that the staff and parishioners follow the health and safety precautions required of churches. More guidelines, more rules and more protocols... all in order to keep us safe!!!

Our priests are our shepherds, and they care for us deeply. **THANK YOU ALL** for living out your vocation in the truest way possible, by bringing Christ to us in this time of uncertainty. Thank you for giving us hope and consolation; thank you for guiding your flock, and for helping us navigate these confusing times. Thank you for remaining strong during this crisis; to be with us in whatever manner possible. Thank you! We love you!



The following story was so well received last year that I decided to share it again.

Imagine This



This day I invite you to visit the Holy Family. Move slowly. Let each meaningful event of the visit reach the deepest part of your soul. Breathe deeply. Slowly go from where you are now to the temporary, but cozy home of the Holy Family — the manger scene.

In wonderment, you enter this holy place.

Emmanuel . . . Emmanuel . . .

Radiant Mary comes to welcome you with a tender kiss and hug. The light of Christ shines in her face. Beaming Joseph strongly shakes your hand, and gives you a happy embrace. After talking for a little while, Joseph shows you to a comfortable place. . . You sit down and immediately reach out your arms as Mary, in her happiness, gives you the soft bundle of blankets covering the Prince of Peace. . . From her humanity she gave Him, His humanity. . .

Mary and Joseph quietly leave you, while they attend to some chores. . .

You sit there a minute in awe. . . You — are holding — the SON OF GOD. . .

You bring Him closer to you. . . Your whole body relaxes. . .

Your heart beats slower, as the meaning of Christmas warms your soul. . .

Joy fills you as Baby Jesus wakes and smiles up to you. . .

He smiles again — right at you — you smile back. . . Your God's love surrounds you. . .

For a while the whole world is far away as you rest in His Love. . .

You hold Him very close to your heart — He holds you in the palm of His hand — never to let each other go. . . Strength — a strength that is quiet and gentle covers you. . .

AN ETERNITY PASSES. . .

Slowly you rise — walk over to Mary, God's Mother who has now returned, and lay Jesus gently in her arms. . . Your eyes meet for a second time, and the joys and sorrows of many years to come, quickly flash by. . . Then she smiles the smile of faith. . . Thankfulness and love pour from your heart. . . You gently kiss Mary and her Son Jesus. . . You embrace Joseph. . . You pause for a minute. . .

Then leave in beautiful peace — letting them live for ever and ever in your soul. . .

Just Imagine. . .

Community Bulletin Board

***On behalf of:
the little servants of Christ The King prayer community,
we would like to wish you all a very.....***



MERRY CHRISTMAS

May you have the gift of faith,
the blessing of hope, and the
joy of family.

David's Divine Rosaries



David Samuel, who is a long time member of our prayer community, is creating rosaries for purchase. They are available in our bookstore every Thursday evening. All rosaries are made with good quality material, glass beads, and are available in various patterns and colours. In addition to rosaries, David also makes the St. Michael chaplet. Customized orders can be made for a desired colour for your own personalization, or to present as a special gift to a loved one. For further information, please see David in the bookstore. God Bless!

I Believe

I BELIEVE that *Christmas is more than a time for parties and ornaments; it is a time for remembering Christ, and the incarnation of God's love in human flesh.*

I BELIEVE there are gifts more important than the ones under the *Christmas tree: the things we teach our children, the way we share ourselves with friends, and the industry with which we set about reshaping the world in our time.*

I BELIEVE that the finest carols are often sung by the poorest voices; *from hearts made warm by the wonder of the season.*

I BELIEVE in the angel's message that we should not be afraid — that the *Child of Bethlehem is able to overcome all anxieties and insecurities.*

I BELIEVE in prayer and quietness as a way of appropriating *Christmas — that if I wait in silence I will experience the presence of the One born in the manger, for He lives today as surely as He lived then.*

I BELIEVE in going away from *Christmas as the wise men went: "another way." I want to be different when these days are past — more centered, more thoughtful, more caring.*

AND I BELIEVE God will help me. Amen.

Let the Christ-life of Christmas live in your heart, and peace shall abide forever!



the little servants of Christ The King prayer community **Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.
Our official address is:
the little servants of Christ The King prayer community
1935 Paris Street
Box 21056
SUDBURY ON P3E 6G6



Official E-Mail Address Is:
ckprayergroup@bell.net



Visit us on Facebook
<https://www.facebook.com/LSCKPG/>



Please visit our website at www.lsckpg.wordpress.com to find information about our prayer group, our meeting times and our upcoming events.

Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com