

**the little servants of Christ The King prayer community
Sudbury, Ontario**

.... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

March 2022



Our Mission Statement: *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

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VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

Outside our weekly meetings, we use the Diocesan office, regular mail, E-mail (for approximately 350 members), phone calls, Facebook, YouTube, and our website for all our outreach.

The prayer community is divided into **THREE STREAMS**:

STREAM 1. Building our faith through Weekly prayer meetings and the celebration of the Holy Eucharist (Mass).

STREAM 2. Promoting Our Chapel of Perpetual Adoration of the Holy Eucharist.

STREAM 3. Teaching through special days of reflection.

- a.** Lenten Mission of 5 weeks.
- b.** Annual Pentecost, Trinity and Corpus Christi Retreats.
- c.** Life in the Spirit and Future Growth seminars.
- d.** Special Fall Retreats.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

QUOTE: “*FOR NOTHING IS IMPOSSIBLE TO GOD*” - Luke 1:37

THE POPE'S MONTHLY INTENTIONS FOR 2022 MARCH

For a Christian response to bioethical challenges

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



Knights of Columbus Council 1387
Supporting your Church and the little servants of
Christ The King prayer group

kofc.org/joinus



Three Pillars of Lent



As we begin this season of repentance and reflection, let us contemplate what this time means, and how the three pillars of Lent lead us to a closer relationship with God.

The word Lent comes from an old English word meaning “spring,” or “a new birth.” This time of year helps us to renew our lives as Catholics and renew our life in Jesus, His Church, and His Father. These 40 days allow us to journey with Jesus through His passion and death, leading us to rejoice in His resurrection. This is the reality of the Paschal Mystery, the essence of our sacramental life in the Church.

In order to be fully immersed in the Lenten experience, the Church gives us three extraordinary ways to draw closer into this mystery: **Prayer**, **Fasting**, and **Almsgiving**.

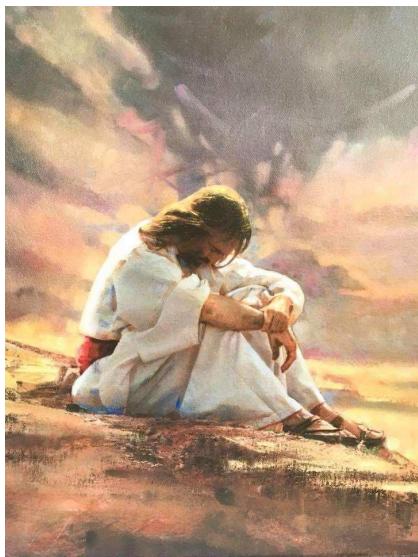
Prayer: Prayer is conversation with God. It is essential for fasting and almsgiving because prayer gives us the strength to fast. Pope Francis said, “Lent is a privileged time for prayer.” In prayer, we draw closer in relationship with God. Relationship with God makes us grateful for the blessings we have received. Prayer is the cornerstone of our Lenten journey and is vital to all of our actions in life.

Fasting & Abstinence: Fasting and abstinence are old traditions in Judeo-Christian history and early Lenten practice. Found in the Scriptures, they offer a way of growing closer to God. Pope Francis reminds us, “Fasting makes sense if it really chips away at our security, and as a consequence, benefits someone else...”

Almsgiving: Almsgiving (giving) is a response to God, one that we can come to through prayer and fasting. It is a way to live out our gratitude for all that God has given us; reflecting the realization that we are the Body of Christ, responsible for each other. Justice, mercy, and charity are integral elements of our baptism that call us to be disciples of Jesus.

Prayer, Fasting, and Almsgiving lead us to the heart of what Lent is about - a deeper conversion.

Forty Days in the Desert



Lent is the time we go to the desert. How is your prayer life going? Is it dry as if you are in the desert? Are you thirsting for Jesus? As Catholics, we know that we are called to be people who pray. As young children, we can remember repeating prayers our parents taught us at the edge of our bed at night. We may not know exactly what we were saying, but soon we comprehended that we were talking to God. We learned formal prayers as we got older, especially as we prepared for our first Holy Communion. We sang hymns in church, which in fact were offered prayers of faith, love and adoration of the Lord. We learned to pray the act of contrition when we approached the sacrament of Reconciliation. We prayed before meals and for our deceased when we went to funerals. And we probably all remember praying fervently, no matter what age we were or are, when faced with a crisis. In a word, prayer is part of our lives as believers. Even those who drift away from our faith will occasionally still pray at times. We have at one time or another though, experienced the feeling that we no longer seem to be able to pray, or that our prayers don't really seem to mean much. We have had spiritual dryness. Perhaps it's

because we, for some reason, feel distant from God. Perhaps we struggle with old sins that make us feel unworthy of the Lord. It is unfortunate that we often feel we must move away from God before we sit down and have a good talk with Him. That is prayer. Prayer is not determined by grammar or vocabulary; it is not measured in terms of length and creativity. It is simply speaking to God no matter what condition we are in! It may be a simple word of thanks and gratitude for something good that has happened; it may be an awareness of some blessing we have forgotten. It may be an expression of gratitude such as "God, you are so good to me." All those simple expressions coming from the heart can be spontaneous, and are indeed prayers. Remember, God has made us for Himself. He knew we needed Him. We cannot be happy without Him. Wealth, fame, pleasure or power can never satisfy us. Prayer is necessary for salvation. Prayer is the principal way to receive grace. You need to ask for grace when you pray. At Mass, or even in private times when we sit and talk with the Lord, we can find our minds filled with distraction. We can be discouraged because even though we intend to pray, we seem weak in our effort. Remember, prayer is in the heart, and not in the head. When we find ourselves distracted, we don't fight it, we simply drop away and try again to be conscious of God's presence in us. The times we are distracted does not mean that our prayer time is wasted. God is always looking at our hearts. Perhaps you have felt unable to pray because you can't do it perfectly, or your efforts aren't pleasing to God. God can read and understand your heart perfectly. That is love. "For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened." (Luke 11:10)

Please Join us For The Search

The excitement is building, and once we are able to gather again on Thursday evenings, we will be introducing everyone to the very special DVD series called ***The Search***.

The world is changing, but the essential human questions remain the same.

***Who am I?
What is my purpose?
What do I want?
Why are we here?
What is life all about?
What happens when we die?***

More than likely, you have a nagging feeling – a yearning – to understand your place in the world. You wonder. You question. You explore. Welcome to the human story. Welcome to ***The Search***.

The Search is an innovative video series that tackles the key questions of every human heart. In seven beautifully filmed episodes, an examination will take place on the larger story of existence. We will explore life's biggest questions. During the series you will find a lot to think about, and when all is said and done, life's questions demand to be answered.



Are you ready for ***The Search***?

Everyone is invited!

Bring your family and bring your friends! Everyone needs to see this enlightening series.

STAY TUNED FOR OUR START UP DATE!!!

*According to His Rhythm
Composed By Father Patrick Okenyi, sma*



Father Patrick, our prayer group's Spiritual Director, has a passion for poems, novels, reflections, music and sports. *“According to His Rhythm”* is a beautifully written book, with a compilation of some of his poems. I would like to share one with you.....

Take Me to Your River

I come to you Lord for I am weary.
Refresh me O'God for I am thirsty.

I am nothing but a land so dry,
Grant me a relief that will make me sigh.

I am in need of a living water,
And in you O'Lord I have found a river.

I do not need to go to a Jacob's well,
For that is not enough to make me well.

Take me to your river and quench my thirst.
And after a bath, you will give me a new vest.

On the cross O'Lord we saw your pierced side,
And from there O'God we got a river so wide.

As you give me, Lord, your living water,
I thank you more for making your heart a sacred river!

In May 2022, the little servants of Christ the King prayer community will celebrated our 50th anniversary. Who are we? We are a group of committed Catholics from across the Sudbury region, who surrender fully to Jesus Christ as our Lord and Saviour. We know the Eucharist is the source and summit of our Catholic faith, and we actively promote Exposition and Adoration. We honour Mary, the Mother of Jesus, and have placed our prayer Community under her protection, as Mother of Perpetual Help. We are loyal to our local Bishop and to the Magisterium of the Church. We give God permission to use us as He wants, and continually seek His Will and follow it to the best of our ability. We spend time both in private, personal daily prayer, and in group prayer spontaneously praying together in praise and thanksgiving. We are a community who recognizes each person's uniqueness and giftedness, sharing experiences, trials and joys. We reach out to the wider community in active service to God's people.

In May of 1972, a group of people began to meet regularly for shared prayer, firstly in a private home, and then in the library at the Sudbury General Hospital. It was not long after that this small group began to meet weekly in the basement hall at Christ the King Church. Thus began the prayer community of Christ the King. It was God's choice to visit us, with a fresh outpouring of the Holy Spirit and His Gifts. In spite of our own personal shortcomings, the Lord used us to usher forth a move of His Spirit through the Charismatic Renewal in the Catholic Church in this region. Many people who reflect on this renewal see it as a providential answer to Pope John XXIII's prayer, at the beginning of the second Vatican Council for a new Pentecost. "Renew Your wonders in this our day, as by a new Pentecost. Grant to Your Church that being of one mind, and steadfast in prayer with Mary, the Mother of Jesus, and following the lead of blessed Peter, it may advance the reign of Our Divine Saviour, the reign of truth and justice, the reign of love and peace. Amen." (prayer of Pope John XXIII to the Holy Spirit from the Documents of Vatican 11, 1996, pp709 and 793)

We have been blessed with gifted spiritual directors who have built the prayer group on a strong foundation of prayer, both personal and communal; the Sacraments; the Lord's Word and the teachings of the Magisterium of the Church. In June 1981, Msgr. Raymond Farrell came to Sudbury as pastor of Christ the King Parish, and then he was moved to Our Lady of Perpetual Help Church. Under the direction of Bishop Plouffe the prayer community moved to Our Lady of Perpetual Help Church (later named Our Lady of Hope), as our spiritual home. After much prayer and reflection, the Perpetual Adoration Chapel opened twenty-four hours a day seven days a week, and remains to this day as a powerful place of worship, where hundreds of people would come each week into the Presence of Our Lord for His peace, joy and love. Unfortunately, due to the Covid pandemic entry to the chapel has been temporarily restricted. The thanksgiving box was continuously full of notes of thanksgiving each month for prayer requests answered. Since its inception, the prayer community has administered this special chapel, and on November 1, 2022, we will be celebrating 32 years of continual adoration of the Lord in the Perpetual Adoration Chapel. It is truly holy ground, and a remarkable witness to the people of the Sudbury area.

Following are some of our activities over these past 50 years. We have facilitated The Life in the Spirit Seminars and the Growth in The Spirit Seminars over ninety times. These courses are used as the foundation for developing a personal relationship with Jesus Christ. Many thousands have taken these seminars, which are very, very powerful. We have been blessed with wonderful guest speakers who have preached numerous weekend retreats, seminars, days of reflection and special teaching courses. The highlight of our many guest speakers was Cardinal Sean O'Malley of Boston, who accepted our invitation to join us on October 14th, 2009 honoring our priests during the Year for Priests. It was a joyous and wonderful celebration!

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Cardinal O’Malley was celebrant and homilist for the Mass and keynote speaker at the banquet, which followed. Over 85 priests and 550 people from across our diocese were present for this wonderful celebration, who gathered to pray, to reflect, to thank and to honour our priests of the Diocese of Sault Ste. Marie. Other guest speakers have come from as far away as India and nearly every state in the United States, as well as many provinces in Canada.

Over these years, we have sponsored a Lenten Mission each Saturday morning for five weeks during Lent. Twice a year, a special Mass for all those living with cancer and other terminal illnesses, their caregivers and family members were celebrated. Bishop Jean Louis Plouffe, and Bishop Marcel Damphousse were the main celebrants and homilists for this event. We are now blessed to have Father Patrick Okenyi as the main celebrant and homilist for the last several years. During November of 2016’s Year of Mercy, a 24 hour “I Am Mercy” Retreat was celebrated and led by Bishop Marcel and four priests of the Diocese. On October 13-14th of 2017, another 24 hour retreat honouring Mary, Our Blessed Mother was celebrated.

In the past, each week before the prayer meeting began, a DVD teaching series was shown on the large screen at Our Lady of Hope Church. All were invited to view these award-winning teaching series', which help us grow in our faith. Everyone is most welcome to attend and participate in all of our activities. Once the covid restrictions have been lifted, we will begin a new series of DVD's called "The Search." You will learn how to uncover the answers to life's big questions on happiness, purpose, meaning, and faith. Everyone is invited.

Father Patrick Okenyi, sma, has been our Spiritual Director for the past ten years, since Msgr. Farrell's illness and ultimate death.

Our prayer meetings are held each Thursday evening year round, for prayer, praise and song honouring God our Father, Our Lord

and Saviour Jesus Christ under the inspiration of The Holy Spirit.

Many, many hundreds of people have been involved with the prayer community over the years, and many have remained to serve those the Lord sends to us. Within the prayer community, we have many active ministries doing God’s work. We are blessed with several gifted teachers and speakers who willingly give their time and expertise to serving God’s people. It is because of their commitment and dedicated service to the Lord and His people that we continue to be the ‘beacon on the hill’ that He is calling us to be.

For all who read this, we pray that you will invite the Lord Jesus to enter into your heart in a special way, to renew you and strengthen you, that you will grow deeply in love with Him, so that you will seek and follow the Will of God our Father.

Evangelization is the main goal of the little servants of Christ the King prayer community. Our Pope Francis summed up the three objectives of evangelization to which we are committed: firstly – to proclaim the Gospel to all people; secondly – to help bring about recommitment to those who already received the gospel but live it only nominally; and thirdly – to deepen the gospel in the lives of believers, so that we all can “Hand on The Faith” to coming generations. Praise be to God!

Respectfully submitted by,
Terrence J. Shannon,
for the little servants of Christ
the King prayer community,
Sudbury, Ontario.



Kerygma (the Good News)

There is no doubt that the earth is beautiful. The grandeur of the Rocky Mountains; the depth and immensity of the Grand Canyon; even a simple sunset over the ocean is a beautiful thing to behold. When viewed from outer space the earth is breathtaking! It does make you wonder though how it all came to be. Everything we see around us either happened by chance, or was created with intent. If everything just “occurred by random chance,” then it follows that there is no meaning to it. Life would then be a “random event;” in other words, purposeless. If everything around us was created by a “being,” thus it would have been created with purpose and intent. If so, then life has a meaning and a purpose.

Who was the “creator,” and has that entity revealed itself? What is the purpose of life?

God, as Creator, has revealed Himself to us. He entered into history and revealed Himself through His chosen people, the people of Israel. The Jewish nation. We believe that all of world history can be summarized by four words:

CREATED, CAPTURED, REDEEMED & RESPONSE.

CREATION - God created everything and everyone out of nothing. God created us because He wanted us to share in His divine life. He did not need us, but chose to create everything out of nothing. Indeed all was created “good”.

CAPTURED - One of God’s creatures disagreed with God’s plan, and out of pride and envy chose to rebel against God, and against God’s commands and laws. Satan has been fighting against God ever since. He deceived Adam and Eve, and through their disobedience both sin and death came into the world. Sin separates us from God, and creates a gulf between us that only God can cross. We, on our own accord, cannot free ourselves from our sinful nature, which has us “in chains”. (ie. I do what I don’t want to do willfully, knowing it was wrong, but did it anyway.)

REDEEMED - We needed a redeemer to free us from both sin and death. God sent us His own Son “hidden in plain sight” in His humanity, all the while retaining His divinity. Jesus willfully chose the cross. He is God, and was crucified only because He allowed Himself to undergo that humiliation. On the cross Jesus was doing three things: **1.** Showing how much God loves us. **2.** He was atoning for our sins, which resulted in the destruction of both sin and death, and thus restored our relationship with God, which was destroyed by the original sin of Adam and Eve. **3.** He was defeating Satan. Satan, in his pride, did not recognize Jesus as God in His humanity. He never thought that God would ever humble Himself so much, and assume human flesh. It was like a mousetrap.... Jesus’ humanity was the bait, and His Divinity was the hammer. Or, it was like a fishhook where Jesus’ humanity was the bait, and His Divinity was the hook. So, Jesus Christ the Son of God became the Son of Man, so that we can become children of God and be with Him for all eternity.

RESPONSE - What is our response to that which God has done for us? Should we not give Him our entire heart and soul and being to Him? Thus, our purpose in life is to know God; to love God, and to serve God in this life, so we can be happy with Him forever in heaven. Earthly life is the “try out” for heavenly life.

March Birthdays



- 1 - Shane McIntyre
James Simaldoni
- 2 - Antoinette Blais
Diane Martel-Titoc
- 3 - Frances Antonini
Diane Bertrand
Anita Greenway
- 4 - Lucia Biondi
Anne Lemster
- 5 - Claudette Pamela Felhaber
- 6 - Pat Green
- 7 - Suzanne Rancourt
- 8 - Gertrude Lemieux
- 9 - Jean Marie Vianney
- 10 - Theresa Baronette
Fr. Gabriel
Fr. Charles Abiamiri
- 11 - Sharon Campbell
- 12 - Wladimir Almenar
Sue Botts
- 13 - Germaine Blais
Adrienne McIntyre
- 14 - Noella Farenzena
- 17 - Chantal Lucarelli
- 19 - Vincent Gauthier
Bishop Marcel Damphousse
- 21 - Eileen Stonley
- 23 - Agathe Lapalme
- 24 - Roger Labonté
Bernadette San Cartier
- 25 - Liza Rizzardi
- 28 - Zenaida Odense
Viviane Lalonde
- 29 - Gerry Bertrand
Julie Bertrand
Marc Grandmaison
- 31 - Demetrius Giroux
Noel Reid

*Happy Birthday
and
God's Blessings*



On Memoriam



- Raymond Joseph Birch – March 30, 1992
- Mark Bennett – March 26, 1992
- Joseph Albert Durand – March 10, 1994
- Dan MacIntyre – March 19, 1995
- Catherine McIsaac – March 15, 1996
- Jean-Paul Beaudry – March 22, 1998
- Fern Richard – March 28, 1998
- Maureen G. Kelly – March 20, 2000
- Fr. Peter Hussey – March 24, 2001
- Fr. Gerry Grant, C.Ss.R. – March 10, 2004
- Jackie Giommi – March 20, 2005
- Rose Anne Dozzi – March 6, 2008
- Maurice Healey – March 26, 2008
- Sister Leona Marchand (Sister St. Leo)
– March 2, 2009
- Leona Remeikis Juska – March 5, 2009
- Connie Thompson – March 31, 2011
- Anthony (Tony) Hall – March 10, 2014
- Giovanni Taglialegne – March 20, 2015
- Rita Bonin – March 25, 2015
- Rose Coltrinari – March 27, 2015
- Ted Szilva – March 9, 2016
- Alfred Louis Favretto – March 12, 2016
- Chase Read – March 14, 2016
- Chrissie MacDonald – March 14, 2017
- Sylvie Regimbal – March 19, 2017
- Robert (Bob) Eyre – March 16, 2018
- Catherine MacLeod – March 20, 2018
- Elaine Cora Wilson – March 3, 2019
- Rhona Thompson – March 15, 2019
- Clemence Wilson – March 18, 2019
- Ann Hubert – March 23, 2019
- Zita Anita Tramontini – March 18, 2020
- Concezio (Con) DiSalle – March 25, 2020
- Alfred (Fred) Schinko – March 26, 2020
- Dorine Brown – March 19, 2021
- Barbara Anna Farrell – March 21, 2021

*Eternal rest grant unto them, O Lord
and let perpetual light shine upon them.
May their souls and the souls of all the faithful
departed, through the mercy of God,
rest in peace. Amen.*

Follow Christ into the desert

Into the solitude of a deeper life of prayer and a more serious effort of penance

St. Mark tells us that our Lord was driven by the Spirit into the desert. He went alone into the place where evil lurked and temptation whispered, and despair clutched at His garment. And we, too, have to follow Christ into the solitude of a deeper life of prayer and a more serious effort of penance.

This will not always be an easy business for there is no promise that the effort to practice our religion will introduce us into a world of sweetness and light. We are supposed to follow Christ, and if we follow Him into the desert of prayer and penance let us not imagine it will be anything at times but a desert.

And, in that desert, there will be cold, dry winds at night which chill the heart and resolution and there will be the sun by day full of false promises lighting up the path to the easy way out; and there will be the voice of the world, of sweet reason and of the devil whispering to us that it has all been a mistake.

But God is faithful, and will not suffer us to be tried beyond what we can bear. If we can take our suffering, both the suffering we impose upon ourselves, and the acceptance of what we cannot change; if we can take our suffering, our loneliness, our bewilderment, our grief and confusion and offer it to Him, then our cross will become His cross, and in that cross we will find Him. And, having found Him we will have found our heart's desire.

"Then turning to His disciples He said privately, "Blessed are the eyes which see what you see! For I tell you that many prophets and kings desired to see what you see, and did not see it, and to hear what you hear, and did not hear it".'

To find our Lord we must stoop and bear our cross, but out of that acceptance of our cross comes the peace and strength of knowing we are on the right road, no matter how hard that road may be. And on the road, comforting, supporting and rescuing will be the Lord, that same Lord of whom a medieval writer said: 'and so good Jesus, Thou didst make laughter for us amidst tears, and music for us in Thine own lament'. †

The Purpose Of Trials and Crosses

The reason, St. John says, that so few people advance in prayer is that they run away from trials and darkness. God allows us to be tried in small things, and finding we are unwilling to bear what is sent us, He leaves us where we are. And if God leaves us where we are then we are a long, long way from uniting our will with the will of God. Iron, says the Saint, cannot be subservient to the intelligence of the artificer, unless he uses fire and a hammer, which do harm to the iron if it is compared to what it was in its former state. Similarly, if God is to make us over into the likeness of His beloved Son we are going to need a good deal of reshaping.



We must, then, be ready to accept trials and difficulties if we are to advance in the life of prayer. Of course, it is easy to accept what we are not at the moment suffering. Nonetheless, quietly and firmly we must resolve for the love of Christ crucified to will the cross as it shows itself in our life. And the cross in our life will not come marked with a ticket saying: 'This is the cross of Christ'. Nor, furthermore, will it come with the assurance that it is a fruitful and efficacious cross. The cross will come and press hard just where we are weakest. The cross of Christ comes not to enhance our self-esteem, but to abase it. When the cross presses hard we lose all sense that it is worthwhile, we are certain we have lost our way, and that no one understands us.

No one could want to be in such a state, even if rationally he might believe it was for his own good. Yet when the going is rough we should remember that our Lord told us that the gate is narrow, and the road is hard. But it is the gate and the road that leads to a good beyond anything we could have hoped for or dreamed of. †

by Father Jonathan Robinson

In Memory of...

We would like to extend our most sincere condolences to the family and friends of the following members of our prayer community:



Constance "Connie" Sottile

Monday, January 17, 2022



Jean Paul Brunet

Thursday, February 10, 2022



Margaret "Peggy" (Weir) Sottile

Friday, February 11, 2022

Eternal rest grant to them, O Lord; and let perpetual light shine upon them. May their soul, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



the little servants of Christ The King prayer community
Follow us on one or more of the following:



We still provide Mail Outs to those who prefer this method only.

Our official address is:

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1935 Paris Street

Box 21056

SUDBURY ON P3E 6G6



Official E-Mail Address Is:

ckprayergroup@bell.net



Visit us on Facebook

<https://www.facebook.com/LSCKPG/>



Please visit our website at **www.lsckpg.wordpress.com** to find information about our prayer group, our meeting times and our upcoming events.

Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com