

**the little servants of Christ The King prayer community**  
**Sudbury, Ontario**

... proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

**June 2022**



**Our Mission Statement:** *"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."* - Ephesians 4:15-16

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## VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus Christ, and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

## THE STREAMS

The Prayer community is divided into FOUR STREAMS.

- Stream 1.** Evangelization.
- Stream 2.** Perpetual Adoration of the Blessed Sacrament.
- Stream 3.** Developing a Personal Relationship with Our Lord.
- Stream 4.** Building Our Faith through Special Days Of Reflection.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

**QUOTE:** "**FOR NOTHING IS IMPOSSIBLE TO GOD**" - **Luke 1:37**

## THE POPE'S MONTHLY INTENTIONS FOR 2022 JUNE

### Families

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.



Knights of Columbus Council 1387  
Supporting your Church and the little servants of  
Christ The King prayer group

[kofc.org/joinus](http://kofc.org/joinus)



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*Each Thursday Evening has a special intention for the celebration of Eucharist*

## First Thursday of each Month

Mass is offered for all members of our prayer community who have passed on to The Lord since 1972 during the month we are in.

## Second Thursday of each Month

Mass will be offered for everyone who will be celebrating their Birthday during the month we are in.

## Third Thursday of each Month

Mass will be offered for all who are having an Anniversary during the month.  
(ie. Wedding, Graduation, Ordination)

## Fourth Thursday of each Month

Mass will be celebrated and the Sacrament of the Sick will be administered to all who are present, and who are ill, and in need of this Sacrament.

Canon Law states:

“Every Priest and a Priest alone validly administers the anointing of the sick.”

## Fifth Thursday of the Month

In this year 2022, there are four months that have a fifth Thursday. They are March, June, September and December. Mass will be offered on these Thursday evenings for all aborted children and their parents.

Also, all those in the Medical Assistance Dying Group – euthanasia.

The Catholic Catechism states: “We should not despair of the eternal Salvation of persons who have taken their own lives.” (2282-83). The repose of the souls  
of

these children and suicide victims will be offered up to Our Lord.

**The Sacrament of Reconciliation** will be available each Thursday evening one hour before Mass begins. St. Pope John Paul II was quoted as saying: *“Confession is an act of honesty and courage - an act of entrusting ourselves, beyond sin, to the mercy of a loving and forgiving God.”* His Holiness went to confession weekly.

## *A Word From Our Lord....*

*to persevere and not give up!!*



*Come to Me. Come to Me, my little ones. Do not be afraid. I am with you. I have chosen you. I have created you. I have made everything that is. All creation belongs to Me. You are My children. Let Me walk with you. Let us walk together side by side. Share with Me your life. I give you life, and I want to give you the fullness of life. But you must come to Me. Enter in with Me. Commune with Me. Let Me love you.*

*Learn to be who you are. Be content just to be. You will find rest. Your souls will be full. Do not let fear keep you from Me. There is no need to be afraid. Your sins, which are many, I have taken to the cross. I love you as deep as the ocean. My desire for you is as high as the heavens.*

*I am here. Let Me take you by the hand. As a Father I desire to hold the hands of My children, to walk with you through life. Never be alone.*

*My children, believe. Believe in the truth. I am God. There is no other. Accept Jesus. Accept My Son. Let Him come into your heart. It is the greatest pleasure to My heart to be yours. As the gospel says, as the truth was spoken, "God so loved the world that He gave his begotten Son, so that all who believe in Him may have eternal life."*

*Look forward, My children. Look forward to eternal life. This is your destiny. The trials and troubles of this life are nothing in comparison to the glory that awaits you. Persevere, My children, persevere. Do not give up. I am with you until the end of time.*

# Why Spend A Holy Hour With Jesus?



***Here are 12 reasons from the teachings of the church for wanting to spend one hour with Jesus in the Blessed Sacrament:***

1. You are greatly needed! "The Church and the world have a great need of eucharistic adoration." (Pope John Paul II, *Dominicae Cenae*)
2. This is a personal invitation to you from Jesus. "Jesus waits for us in this sacrament of love." (Pope John Paul II, *Dominicae Canae*)
3. Jesus is counting on you because the Eucharist is the centre of life. "Every member of the Church must be vigilant in seeing that the sacrament of love shall be at the centre of the life of the people of God, so that through all the manifestations of worship due Him, shall be given back 'love for love' and truly become the life of our souls." (Pope John Paul II, *Redeemer of Man*)
4. Your hour with Jesus in the Blessed Sacrament will repair for evils of the world, and bring about peace on earth. "Let us be generous with our time in going to meet Jesus, and ready to make reparation for the great evils of the world. Let your adoration never cease." (Pope John Paul II, *Dominicae Cenae*)
5. Day and night Jesus dwells in the Blessed Sacrament because you are the most important person in the world to Him! "Christ is reserved in our churches as the spiritual centre of the heart of the community; the universal Church and all humanity, since within the veil of the species, Christ is contained, the invisible heart of the Church, the Redeemer of the world, the centre of all hearts, by Him all things are and of whom we exist." (Pope Paul IV, *Mysterium Fidei*)
6. Jesus wants you to do more than to go to mass on Sunday. "Our communal worship at mass must go together with our personal worship of Jesus in Eucharistic adoration in order that our love may be complete." (Pope John Paul II, *Redeemer of Man*)

*/...continued on page 6*

7. You grow spiritually with each moment you spend with Jesus! "Our essential commitment in life is to preserve and advance constantly in Eucharistic life and Eucharistic piety, and to grow spiritually in the climate of the Holy Eucharist." (Pope John Paul II, Redeemer of Man)
8. The best time you spend on earth is with Jesus, your Best Friend, in the Blessed Sacrament! "How great is the value of conversation with Christ in the Blessed Sacrament, for there is nothing more consoling on earth; nothing more efficacious for advancing along the road of holiness!" (Pope Paul VI, *Mysterium Fidei*)
9. Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of His grace, His love, His peace. "Christ is truly the Emmanuel, that is, God with us, day and night, He is in our midst. He dwells with us full of grace and truth. He restores morality, nourishes virtue, consoles the afflicted, strengthens the weak." (Pope Paul VI, *Mysterium Fidei*)
10. If Jesus were actually visible in church, everyone would run to welcome Him, but He remains hidden in the Sacred Host under the appearance of bread, because He is calling us to faith, that we may come to Him in humility. "The Blessed Sacrament is the 'Living Heart' of each of our churches, and it is our very sweet duty to honour and adore the Blessed Host, which our eyes see, the Incarnate Word, whom they cannot see." (Pope Paul VI, *Credo of the People of God*)
11. With transforming mercy, Jesus makes our heart one with His. "He proposes His own example to those who come to Him, that all may learn to be like Himself, gentle and humble of heart, and to seek not their own interest but those of God." (Pope Paul VI, *Mysterium Fidei*)
12. If the Pope himself would give you a special invitation to visit him in the Vatican, this honour would be nothing in comparison to the honour and dignity that Jesus himself bestows upon you with the invitation of spending one hour with Him in the Blessed Sacrament. "The divine Eucharist bestows upon the Christian people the incomparable dignity." (Pope Paul VI, *Mysterium Fidei*)

***O Sacrament most holy.  
O Sacrament divine!  
All praise and all thanksgiving.  
Be every moment thine.***

***"And behold, I am with you always, to the end of the age."***

*Matthew 28:20*



# Solemnity of the Sacred Heart of Jesus



We celebrate the Solemnity of the Sacred Heart of Jesus on June 24, 2022.

The Friday that follows the Second Sunday in Time after Pentecost is the Feast of the Sacred Heart, which brings to mind all the attributes of His Divine Heart. Many Catholics prepare for this Feast by beginning a Novena to the Sacred Heart on the Feast of Corpus Christi, which is the Thursday of the week before. On the Feast of the Sacred Heart itself, we can gain a plenary indulgence by making an Act of Reparation to the Sacred Heart.

From the earliest days of the Church, "*Christ's open side and the mystery of blood and water were meditated upon, and the Church was beheld issuing from the side of Jesus, as Eve came forth from the side of Adam. It is in the eleventh and twelfth centuries that we find the first unmistakable indications of devotion to the Sacred Heart. Through the wound in the side, the wound in the Heart was gradually reached, and the wound in the Heart symbolized the wound of love.*" (Catholic Encyclopedia)

This general devotion arose first in Benedictine and Cistercian monasteries of that time, especially in response to the devotion of St. Gertrude the Great; but specific devotions became popularized when St. Margaret Mary Alacoque (1647-1690), a Visitation nun, had a personal revelation involving a series of visions of Christ, as she prayed before the Blessed Sacrament. She wrote, "*He disclosed to me the marvels of his Love and the inexplicable secrets of his Sacred Heart.*" Christ emphasized to her His love -- and His woundedness caused by man's indifference to this love.

Christ promised that, in response to those who consecrate themselves and make reparations to His Sacred Heart, that:

- He will give them all the graces necessary in their state of life.
- He will establish peace in their homes.
- He will comfort them in all their afflictions.
- He will be their secure refuge during life, and above all, in death.
- He will bestow abundant blessings upon all their undertakings.
- Sinners will find in His Heart the source and infinite ocean of mercy.
- Lukewarm souls shall become fervent
- Fervent souls shall quickly mount to high perfection.
- He will bless every place in which an image of His Heart is exposed and honoured.
- He will give to priests the gift of touching the most hardened hearts.
- Those who shall promote this devotion shall have their names written in His Heart.
- In the excessive mercy of His Heart that His all-powerful love will grant to all those who receive Holy Communion on the First Fridays, in nine consecutive months, the grace of final perseverance; they shall not die in His disgrace, nor without receiving their sacraments. His divine Heart shall be their safe refuge in this last moment.

## *Pray And Don't Ever Stop!*



Summer time seems to keep us very distracted from praying. All the social obligations such as parties, weddings, showers, graduations, picnics and vacations give us an excuse that we don't seem to have time to pray. Then add social networks like Facebook, Twitter and television to the mix. It seems we always find the time to keep up with all of this...so why not prayer?

While Jesus was on earth, He was dependent on spending vital time in prayer with the Father. How much more should we pray? Jesus offered up prayers and petitions with loud cries and tears to the One who could have saved Him from death, and He was heard because of His reverent submission.

Do you realize that what breathing is to our physical lives, prayer is to our spiritual lives? Prayer is not magic; it isn't simply submitting a grocery list to God. Remember that our Father is in Heaven and we are on earth. But as children, we can be confident that He wants to bless us, guide us, use us, and provide for us. Perhaps you have not, because you ask not.

Aside from Sunday mass and Holy Days of Obligation, the Church offers many opportunities for prayer to obtain many graces, but sadly, very few take advantage. Daily prayer is a way to acknowledge who is really in control of our lives. God is overall.

*He deserves our worship and praise. Nothing happens to us without Him knowing about it. Talk to Him as you would your dearest friend. Tell Him all that fills your mind and heart. Ask for many graces for yourself, your family and others. Ask for peace in the world. Tell Him all your faults and ask for help and guidance. Discuss your plans for the future. Tell Him all your crosses, disappointments and pain. Prayer gives us the opportunity to share all aspects of our lives with Him. Always give Him honour, thanks, and praise.*

### *Honour Your God*

*Our soul finds rest in God alone.*

**O, Sweet Jesus, let me lay at Thy Sacred Feet my daily share of  
joys, struggles, and sorrows; of hopes, fears, and failings.  
Gather them tenderly into Thy most Sacred Heart.  
Console my doubts and calm my fears.  
Grant that I may become more united to Thee.  
Amen.**



## *Come And Receive.....The Sacrament Of Reconciliation*

### ***It is a special gift of GOD'S DIVINE MERCY***

Do not lose hope. Do not grieve about a sin that is past and gone. Keep your mind focused on Christ. The sin against hope is the absterbate despair in the hope for salvation. (ccc 1853). Hope is the theological virtue by which we place our trust in Christ's promises and relying not on our own strength, but on the help of the grace of The Holy Spirit. (ccc 1817). This virtue (hope) takes up the hopes that inspire men's activities, and purifies them so as to order them to the kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment. Lifted up in hope, he is preserved from selfishness and led to the happiness that flows from charity. (ccc 1818).

Sin cannot be undone, only forgiven. The Sacrament of Reconciliation is a powerful healing sacrament. In Sister Faustina's Diary "Divine Mercy in My Soul," paragraph 699 states: "Let no soul fear to draw near to Me, even though their sins be as scarlet."

### *In Memory of...*

We would like to extend our most sincere condolences  
to the family and friends of the following:



***Sister Edith Arsenault***

***Sunday, May 1, 2022***

***St. Joseph's Motherhouse***

Sister 'Anita' was the sister of Larry Arsenault (deceased & past member),  
and sister-in-law of Magda Arsenault who is a member of our prayer community.

**A beautiful soul, full of love and faith, has now ascended to heaven.  
May God give her eternal rest.**

**Eternal rest grant to them, O Lord; and let perpetual light shine upon them.  
May their soul, and the souls of all the faithful departed,  
through the mercy of God, rest in peace. Amen.**

***Please Note:***

***There will be no newsletter for the months of July and August***



*Let us pray for those fathers who freely choose the obligation of fatherhood, including stepfathers and foster fathers. Let us pray for those men who have “fathered us” in their role as mentors and guides, including our Pope Francis and the priests. May they continue to be obedient to God the Father. Let us pray for the fathers who have lost a child to death or misunderstandings, and may they continue to hold their child in their heart. Let us pray for those men who have no children, but cherish the next generation as if they were their own. Let us pray for those men who are about to become fathers, and may they openly delight in their children. Let us pray for those fathers who have died, but live on in our memory and whose love continues to nurture us. Let us pray to St. Joseph, Jesus’ foster father who led by example, and ask that we have the grace to do the same.*

*We humbly pray:*

*God, bless all the fathers in the world. Guide them to be good role models and loving to all their children. Help them to be a father like you are. Give them grace and patience to handle situations in a loving way. Amen.*



## **the little servants of Christ The King prayer community** **Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.

Our official address is:

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