

# the little servants of Christ The King prayer community

## Sudbury, Ontario

. . . . proclaiming the power of the Holy Spirit and a personal relationship with Jesus Christ

# November 2022



## Mission Statement

*"If we live by the truth and in love, we shall grow in all ways into Christ, who is the head by whom the whole body is fitted and joined together, every joint adding its own strength, for each separate part to work according to its function. So the body grows until it has built itself up, in love."*

*Ephesians 4:15-16*

# the little servants of Christ the King prayer community

proclaiming the power of the Holy Spirit - and a personal relationship with Jesus Christ

## VISION

The little servants of Christ the King prayer community is a spiritual group within the Catholic Church in the Diocese of Sault Ste. Marie. It is incorporated and designated as a registered charity under the income tax act. Our goal is to advance and teach the Message of Jesus Christ as announced and practiced by the Catholic Church with an emphasis on having a personal relationship with Jesus Christ, and expressing the gifts of the Holy Spirit.

Our time and resources are dedicated to the work of **EVANGELIZATION**.

In everything we do, everyone is invited from the different Sectors of our Diocese (English, French, and Native). Although, all our activities are conducted in English, we do everything possible to reach out to all.

## THE STREAMS

The Prayer community is divided into FOUR STREAMS.

- Stream 1.** Evangelization.
- Stream 2.** Perpetual Adoration of the Blessed Sacrament.
- Stream 3.** Developing a Personal Relationship with Our Lord.
- Stream 4.** Building Our Faith through Special Days Of Reflection.

We are a group that rely wholly on the guidance of the Holy Spirit and the patronage of the Blessed Virgin Mary, our Mother of Perpetual Help.

**QUOTE:** "**FOR NOTHING IS IMPOSSIBLE TO GOD**" - **Luke 1:37**

## THE POPE'S MONTHLY INTENTIONS FOR 2022 NOVEMBER

### Children Who Suffer

We pray for children who are suffering, especially those who are homeless, orphans, and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.

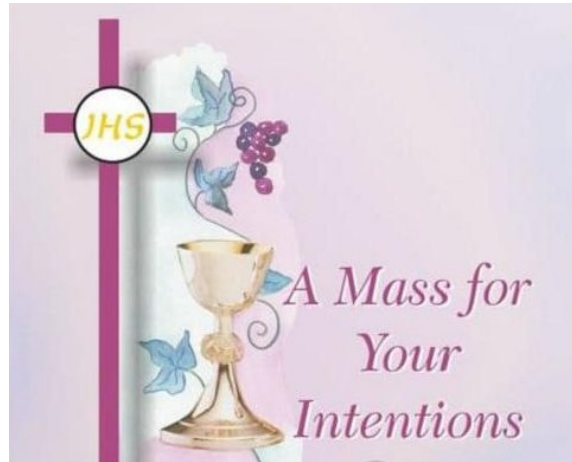


Knights of Columbus Council 1387  
Supporting your Church and the little servants of  
Christ The King prayer group

[kofc.org/joinus](https://kofc.org/joinus)



# *Mass Intentions For Africa*



Beloved, greetings in the Name of Our Lord Jesus Christ:

For the past several years we have been collecting mass intentions and stipends for priests working in rural parishes in Africa. The masses are celebrated for our various intentions, and the stipends are used to meet their daily needs in their ministries. We have records of the masses that have been celebrated by different priests in Africa, and we continue to receive emails from them to acknowledge their receipts.

This year between Thursday, October 6th, and Thursday, December 8th, we will be collecting mass intentions for priests in Africa. You may give your intentions and stipend personally to Father Patrick, if he is present on the Thursday evening, otherwise, you may give your envelope to Gerard Frappier. You may also contact Adele Donnelly for drop off, or for more clarification at [ckprayergroup@bell.net](mailto:ckprayergroup@bell.net)

Remain blessing, and remain in union of prayers.

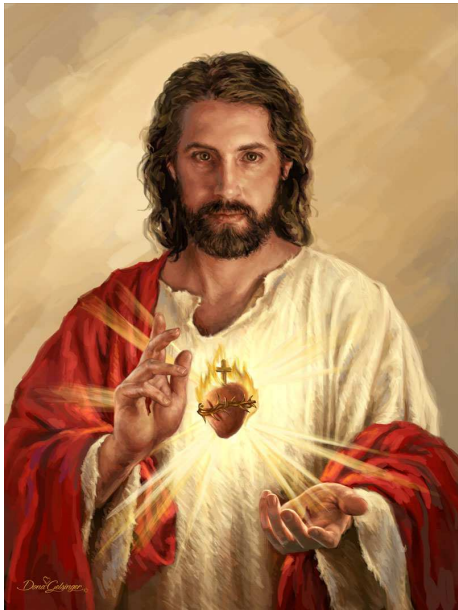
Fr Patrick Okenyi, sma

Spiritual Director of the Prayer Group



## *A Word From Our Lord....*

### *Why won't you come to Me?*



*Peace, My beloved ones. I am in your midst and I come with peace. I come with love, with gentleness, with forgiveness, with mercy.*

*Do you recognize Me among you? I'm the littlest one remember? I came into this world as a little baby, in a stable amongst animals who warmed Me with their breath. I came humbly among you and yet, you are afraid of Me. You're afraid to share with Me your burdens and your sorrows, your fears and your anxieties. Why are you afraid? Why do you not trust Me?*

*My Father made Me come among you to take on your humanity so that I would know how you feel. I chose to die on the cross to make you My brothers and sisters. You have one Father and He is in Heaven. You have one big Brother who died for you. You have the Spirit who enlightens you, guides you and refreshes you. Why are you afraid?*

*How often must I tell you how much I love you? How often do I have to tell you that I am mercy, that I have died for you in order to open the gates of Heaven for you? Why do you not trust Me? Why do you question? You trust your governments. You trust in electric lights when you turn on the switch. You trust your radio, your TV, your internet, but you do not trust Me? Why? I have given you breath, and I have given you life. And when I gave you breath and life, I created you out of love, not out of anger or hatred.*

*Will you promise Me that you will look upon Me as a babe, and recognize that I came helpless into the world? I laid aside My Divinity in order to bring you to Me, in order for you to feel relaxed and be at peace and to trust Me. And yet you are afraid to come to Me with all your problems, with your sorrows and your fears. Do you still not know that I love you?*

*When? When, my beloved ones, will you truly come to Me with all your burdens, so that I can refresh you, that I can heal you, that I can strengthen you, and that the Spirit can enlighten you, and the Father can place His loving arms around you?*

*I love you, and I give you My peace. Be at peace, My beloved ones.*



## *When God Sends Us Trials*

*Written by Fr. Jean Baptiste Saint-Jure, S.J.*

If you would be convinced that in all He allows, and in all that happens to you... God has no other end in view, but your real advantage and your eternal happiness. Reflect a moment on all He has done for you; you may be suffering now, but remember that the Author of this suffering, is He who chose to spend His life suffering to save you from everlasting suffering. Whose angel is always at your side guarding your body and soul by His order? Who sacrifices Himself daily on the altar to expiate your sins, and appease His Father's anger. Who comes lovingly to you in the Holy Eucharist, and whose greatest pleasure is to be united with you.

We must be very ungrateful to mistrust Him, after He has shown such proofs of His love; and to imagine that He can intend us harm. But, you will say, this blow is a cruel one... He strikes too hard. What have you to fear from a hand that was pierced and nailed to the Cross for you? — The path I have to tread is full of thorns. If there is no other way to reach Heaven, do you prefer to perish forever, rather than to suffer for a time? Is it not the same path He trod before you, out of love for you? Is there a thorn in it that He has not reddened with His own blood? — The chalice He offers you is a bitter one. But remember that it is your Redeemer who offers it.

Loving you as He does, could He bring Himself to treat you so severely if the need were not urgent, and the gain not worthwhile? Can we dare to refuse the chalice He has prepared for us Himself? Reflect well on this. It should be enough to make us accept and love whatever trials He intends we should suffer. Moreover it is the certain means of securing our happiness in this life quite apart from the next.

### **Loving Recourse to God**

Let us now suppose that by these reflections, and the help of God, you have freed yourself from all worldly desires, and can now say to yourself: All is vanity and nothing can satisfy my heart.

The things that I so earnestly desire, may not be at all the things that will bring me happiness. It is difficult for me to distinguish what is good from what is harmful because good and evil are nearly always mixed, and what was good for yesterday, may be bad for today. My desires are only a source of worry, and my efforts to realize them mostly end in failure. After all, the will of God is bound to prevail in the end.

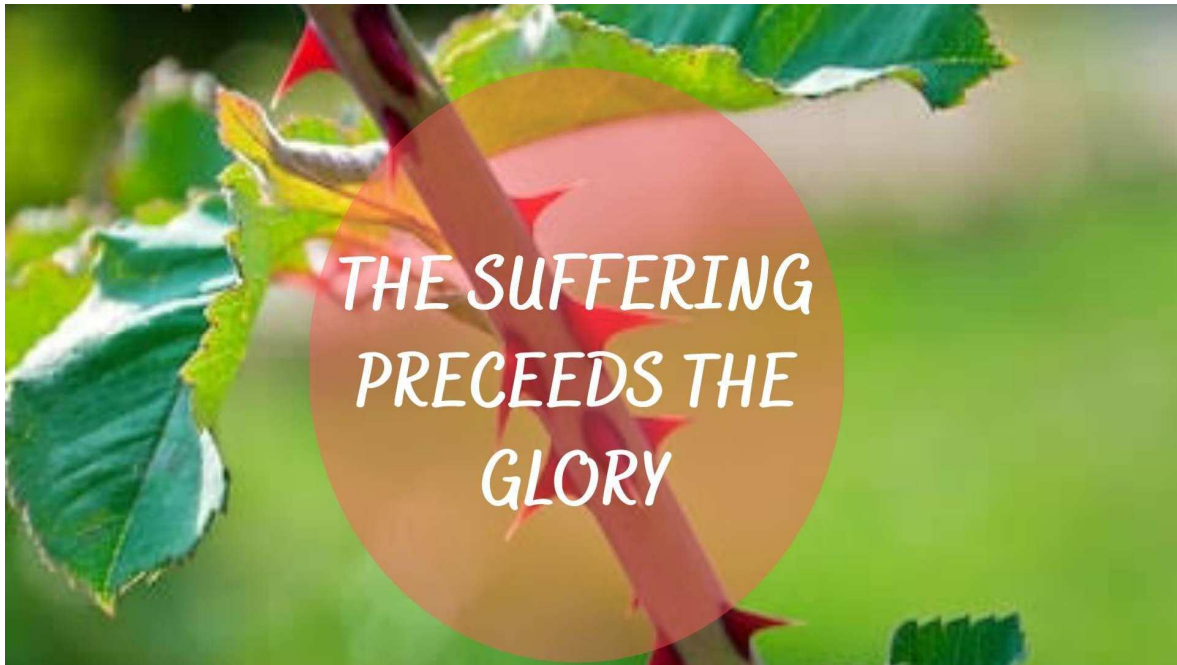
Nothing can be done without His command, and He cannot ordain anything that is not for my good. After this let us suppose that you turn to God with blind trust, and surrender yourself unconditionally and unreservedly to Him; entirely resolved to put aside your own hopes and fears; in short, determined to wish nothing except what He wishes, and to wish all that He wishes. From this moment you will acquire perfect liberty, and will never again be able to feel troubled or uneasy, and there is no power on earth capable of doing you violence or giving you a moment's unrest.

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## *When God Sends Us Trials*

*Written by Fr. Jean Baptiste Saint-Jure, S.J.*

You may object that a person on whom both good and evil make the same impression is a pure fiction. It is nothing of the kind. I know people who are just as happy if they are sick or if they are well; if they are badly off or they are well off. I know some who even prefer illness and poverty, to health and riches.



Moreover, it is all the more remarkable that the more we submit to God's Will, the more He tries to meet our wishes. It would seem that as soon as we make it our sole aim to obey Him, He on His part does His best to try and please us. Not only does He answer our prayers, but He even forestalls them by granting the very desires we have endeavoured to stifle in our hearts in order to please Him, and granting them in a measure we had never imagined.

Finally, the happiness of the person whose will is entirely submitted to God's is constant, unchangeable and endless. No fear comes to disturb it, for no accident can destroy it. He is like a man seated on a rock in the middle of the ocean, who looks on the fury of the waves without dismay, and can amuse himself watching and counting them as they roar and break at his feet.

Whether the sea is calm or rough; and whichever way the waves are carried by the wind, is a matter of indifference to him, for the place where he is, is firm and unshakable. That is the reason for the peaceful and untroubled expression we find on the faces of those, who have dedicated themselves to God.

***“For our light and momentary troubles are achieving for us  
an eternal glory that far outweighs them all.”***

*2 Corinthians 4:17*

## *Catholic Devotion for the Month of November* *The Holy Souls/The Faithful Departed*

The Holy Souls are those who have died in the state of grace, but who are not yet free from all punishment due to their unforgiven venial sins, and all other sins already forgiven for which satisfaction is still to be made. They are certain of entering Heaven, but first they must suffer in Purgatory. The Holy Souls cannot help themselves because for them the night has come, when no man can work (John 9:4). It is our great privilege that we can shorten their time of separation from God by our prayers, good works, and especially the Holy Sacrifice of the Mass.

The doctrine of Purgatory gives to Catholics comfort and joy. They feel the black gulf of death is bridged across, and they are still knit together to those near and dear to them in the bonds of love and sympathy. The sting of death and the sharpness of its sorrow, is mitigated by the thought that they are still bound to these departed, by the golden chain of prayer. Whilst they are able to pray for us, they cannot pray for themselves.

### **A Prayer for the Souls in Purgatory**

**O most gentle Heart of Jesus, ever present in the Blessed Sacrament,  
Ever consumed with burning love for the poor captive souls in Purgatory,  
Have mercy on the souls of Your departed servants.  
Be not severe in Your judgments, but let some drops of Your Precious Blood  
Fall upon the devouring flames.  
And do You, O Merciful Saviour, send Your holy angels to conduct them  
to a place of refreshment, light and peace.**

**Amen**



### *In Memory Of*



*Lucia Biondi*

We would like to extend our deepest sympathies to the family and friends of **Lucia Maria (Alegi) Biondi**, a long time member of our prayer community, who passed away Tuesday, October 4<sup>th</sup>, 2022.

*Eternal rest grant unto her, O Lord; and let perpetual light shine upon her.  
May her soul, and the souls of all the faithful departed,  
through the mercy of God, rest in peace.  
Amen.*

## MESSAGE OF HIS HOLINESS POPE FRANCIS

***“In old age they will still bear fruit.”***

Psalm 92:15

Dear Friends,

*“In old age they will still bear fruit.”* (Psalm 92:15) These words of the Psalmist are glad tidings, a true “gospel” that we can proclaim to all the elderly. They run counter to what the world thinks about this stage of life, but also to the attitude of grim resignation shown by some elders, who harbour few expectations for the future.

Many people are afraid of old age. They consider it a sort of disease with which any contact is best avoided. The elderly, they think, are none of their concern and should be set apart, perhaps in homes or places where they can be cared for, lest we have to deal with their problems. This is the mindset of the “throw-away culture”, which leads us to think that we are somehow different from the poor and vulnerable in our midst; untouched by their frailties and separated from “them” and their troubles. The Scriptures see things differently. A long life – so the Bible teaches – is a blessing, and the elderly are not outcasts to be shunned, but living signs of the goodness of God who bestows life in abundance. Blessed is the house where an older person lives! Blessed is the family that honours the elderly!



Old age is not a time of life easily understood, even by those of us who are

already experiencing it. Even though it eventually comes with the passage of time, no one prepares us for old age, and at times it seems to take us by surprise. The more developed societies expend large sums on this stage of life without really helping people to understand and appreciate it; they offer healthcare plans to the elderly but not plans for living this age to the full. This makes it hard to look to the future and discern what direction to take. On the one hand, we are tempted to ward off old age by hiding our wrinkles and pretending to be forever young, while on the other, we imagine that the only thing we can do is bide our time, thinking glumly that we cannot “still bring forth fruit”.

Retirement and grown children make many of the things that used to occupy our time and energy no longer so pressing. The recognition that our strength is ebbing, or the onset of sickness can undermine our certainties. The fast pace of the world – with which we struggle to keep up – seems to leave us no alternative but to implicitly accept the idea that we are useless. We can resonate with the heartfelt prayer of the Psalmist: “Do not cast me off in the time of old age; forsake me not when my strength is spent”. (71:9)

Yet that same psalm – which meditates on how the Lord has been present at every stage of our lives – urges us to persevere in hope. Along with old age and white hairs, God continues to give us the gift of life, and to keep us from being overcome by evil. If we trust in him, we will find the strength to praise him still (cf. vv. 14-20). We will come to see that growing old is more than the natural decline of the body or the inevitable passage of time, but the gift of a long life. Aging is not a condemnation, but a blessing!

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For this reason, we ought to take care of ourselves, and remain active in our later years. This is also true from a spiritual standpoint: we ought to cultivate our interior life through the assiduous reading of the word of God, daily prayer, reception of the sacraments and participation in the liturgy. In addition to our relationship with God, we should also cultivate our relationships with others: first of all by showing affectionate concern for our families, our children and grandchildren, but also for the poor and those who suffer, by drawing near to them with practical assistance and our prayers. These things will help us not to feel like mere bystanders, sitting on our porches or looking out from our windows, as life goes on all around us. Instead, we should learn to discern everywhere the presence of the Lord. Like “green olive trees in the house of God,” (cf. Psalm 52:10) we can become a blessing for those who live next to us.

Old age is no time to give up and lower the sails, but a season of enduring fruitfulness: a new mission awaits us and bids us look to the future. “The special sensibility that those of us who are elderly have for the concerns, thoughts and the affections that make us human, should once again become the vocation of many. It would be a sign of our love for the younger generations”. This would be our own contribution to the revolution of tenderness, a spiritual and non-violent revolution in which I encourage you, dear grandparents and elderly persons, to take an active role.

Our world is passing through a time of trial and testing, beginning with the sudden, violent outbreak of the pandemic, and then by a war that is harming peace and development on a global scale. Nor is it a coincidence that war is returning to Europe at a time when the generation that experienced it in the last century is dying out. These great crises risk anaesthetizing us to the reality of other “epidemics”, and other widespread forms of violence that menace the human family and our common home.

All this points to the need for a profound change, a conversion, that disarms hearts and leads us to see others as our brothers or sisters. We, the elderly people, have a great responsibility: to teach the women and men of our time to regard others with the same understanding and loving gaze with which we regard our own children. We ourselves have grown in humanity by caring for others, and now we can be teachers of a way of life that is peaceful and attentive to those in greatest need. This attitude may be mistaken for weakness or resignation, yet it will be the meek, not the aggressive and the abusive, who will inherit the earth. (cf. Matthew 5:5)

One fruit that we are called to bring forth is protecting the world. “Our grandparents held us in their arms and carried us on their knees”; now is the time for us to carry on our own knees – with practical assistance or with prayer alone – not only our own children and grandchildren, but also the many frightened children whom we have not yet met, and who may be fleeing from war, or suffering its effects. Let us hold in our hearts – like Saint Joseph, who was a loving and attentive father – the little ones of Ukraine, of Afghanistan, of South Sudan...

## We Need A Revolution of Tenderness

Many of us have come to a stage and humble realization of what our world very much needs: the recognition that we are not saved alone, and that happiness is a bread we break together. Let us bear witness to this before those who wrongly think that they can find personal fulfilment and success in conflict. Everyone, even the weakest among us, can do this. The very fact that we allow ourselves to be cared for – often by people

who come from other countries – is itself a way of saying that living together in peace is not only possible, but necessary.

We are called to be artisans of the revolution of tenderness in our world! Let us do so by learning to make ever more frequent and better use of the most valuable instrument at our disposal, and indeed, the one best suited to our age: prayer. “Let us too become, as it were, poets of prayer: let us develop a taste for finding our own words, let us once again take up those taught by the word of God”. Our trustful prayer can do a great deal: it can accompany the cry of pain of those who suffer, and it can help change hearts. We can be “the enduring ‘chorus’ of a great spiritual sanctuary, where prayers of supplication and songs of praise sustain the community that toils and struggles in the field of life”.

This is an opportunity to proclaim once more, with joy, that the Church wants to

celebrate together with all those whom the Lord – in the words of the Bible – has “filled with days”. Let us celebrate it together! I ask you to seek out those elderly persons who feel most alone, at home or in residences where they live. Let us make sure that no one feels alone. Expecting a visit can transform those days when we think we have nothing to look forward to; from an initial encounter, a new friendship can emerge. Visiting the elderly who live alone is a work of mercy in our time!

Let us ask Our Lady, Mother of Tender Love, to make all of us artisans of the revolution of tenderness, so that together we can set the world free from the spectre of loneliness and the demon of war.

To all of you, and to your loved ones, I send my blessing and the assurance of my closeness and affection. And I ask you, please, not to forget to pray for me!

## Reflection

Come, Holy Spirit.... Take a moment to sit in silence before God the Father. Know that He is looking upon you with love. Reflect on that knowledge that the Father is present to you and is looking on you with love for as long as you want. Imagine the Father repeating the words He spoke of Jesus to you: **“You are my beloved son/daughter; with you I am well pleased.”**

(Luke 3:22)



## ***ADDRESS OF HIS HOLINESS JOHN PAUL II TO THE STUDENTS OF THE CATHOLIC UNIVERSITY***

*Washington  
Sunday, 7 October 1979*

I am pleased to know that reflection on spiritual and religious values is part of your desire to live fully this time of your lives. Materialistic concerns and one-sided values are never sufficient to fill the heart and mind of a human person. A life reduced to the sole dimension of possessions, of consumer goods, of temporal concerns will never let you discover and enjoy the full richness of your humanity. It is only in God — in Jesus, God made man — that you will fully understand what you are. He will unveil to you the true greatness of yourselves: that you are redeemed by him and taken up in his love; that you are made truly free in him who said about himself: "If the son frees you, you will be free indeed". (*John 8:36*)

I know that you, like students all over the world, are troubled by the problems that weigh on society around you and on the whole world. Look at those problems, explore them, study them and accept them as a challenge. But do it in the light of Christ. He is "the way, and the truth, and the life" (*John 14 :6*). He put all human life in the dimension of truth and of authentic love. True knowledge and true freedom are in Jesus. Make Jesus always part of your hunger for truth and justice, and part of your dedication to the well-being of your fellow human beings.

Enjoy the privileges of your youth: the right to be dynamic, creative and spontaneous; the right to be full of hope and joy; the opportunity to explore the marvelous world of science and knowledge; and above all the chance to give of yourself to others in generous and joyful service.

I leave you now with this prayer: that the Lord Jesus will reveal himself to each one of you, that he will give you the strength to go out and profess that you are Christian, that he will show you that he alone can fill your hearts. Accept his freedom and embrace his truth, and be messengers of the certainty that you have been truly liberated through the death and Resurrection of the Lord Jesus. This will be the new experience, the powerful experience, that will generate, through you, a more just society and a better world.

God bless you and may the joy of Jesus be always with you!

### ***On the Lighter Side of Things***

***A little boy opened the large old family Bible, and he looked with fascination at the ancient pages as he turned them one by one.***

***He was still in Genesis when something fell out of the Bible. He picked it up and looked at it closely. It was a very large old tree leaf that had been pressed between the pages of the Bible long ago. "Momma, look what I found!" the boy called out.***

***"What do you have there?" his mother asked.***

***With astonishment in his voice, the young boy answered, "I think it's Adam's underwear!"***



## *St. Therese's Prayer for Priests*

**O Jesus, eternal Priest, keep your priests within the shelter  
of Your Sacred Heart, where none may touch them.**

**Keep unstained their anointed hands,  
which daily touch Your Sacred Body.**

**Keep unsullied their lips, daily purpled with your Precious Blood.**

**Keep pure and unearthly their hearts, sealed with  
the sublime mark of the priesthood.**

**Let Your holy love surround them and shield them  
from the world's contagion.**

**Bless their labours with abundant fruit, and may the souls to whom  
they minister be their joy and consolation here and in heaven  
their beautiful and everlasting crown.  
Amen.**



**the little servants of Christ The King prayer community**  
**Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.  
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about our prayer group, our meeting times and our upcoming events.

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