

C. K. P. G.

Proclaiming the POWER of the Holy Spirit
and
A personal relationship with Jesus Christ

March 2023

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From the desk of our Spiritual Director



God is Good...

Fr. Patrick Okenyi, sma

I welcome you all to the month of March. March is the first month of spring in the northern half of the world.

The meaning of March comes from ancient Rome-In Latin, it was called *Martius Mensis or the month of Mars*. It was the first month in the early Roman calendar because war would start again after the winter. It was for this reason that it is named after the Roman god of war, Mars.

For us Christians, "**Mars**" invites us to resume our "**war**" against hatred, injustice, poverty, greed, selfishness, and all that is evil.

Since this is already the third month of the new year, let us take a moment to think about how far we have come since the beginning of the year 2023. Every second, every good action, no matter how little, builds up to a bigger and better existence. What did you do last month to move the needle of your life? Are you still conscious of our theme for the year 2023, Our Year of "**Come and See!**"?

Last month I challenged you to be another Andrew who did not just respond to Jesus' invitation to "Come and See", but who also, in turn, brought people to Jesus.

This month of March, I want us to reflect on Philip, for it would be unfair to talk about Andrew and his unquenchable desire to always bring people to Jesus and not mention Philip.

Philip was the beneficiary of the second phase of Jesus' invitation to "Come and See" (John 1:43-46). On his part, Philip extended this invitation to Nathaniel: "*We have found Him of whom Moses in the law, and also the prophet wrote, Jesus of Nazareth, the son of Joseph.*"

"And Nathaniel said to him, 'can anything good come out of Nazareth?' Philip said to him, "Come and See".

Philip knew Nathaniel's personality and could easily predict how he was going to answer him, but he was not deterred, nor was he afraid.

In this month of Mars, let us wage a "war" against the spirit of timidity and fear. Let us be courageous enough to extend the invitation to the House of the Lord, to our loved and close ones, to our acquaintances and even to strangers.

Be a Philip and say to a Nathaniel, "Come and See".

2023, "Our Year of "Come and See!"

Do have a love-filled Month of March and stay blessed!

Priests of the Prayer community

Father Raymond Akor

Father Celestine Agwu, smmm

Father Ken Gauthier

Father Gérald Lajeunesse

Father Joseph Ogah

Father Patrick Okenyi, sma

Msgr. André Tremblay

Father Benjamin Ubi, sma

LENTEN MISSION 2023

February 25th

March 4th

March 11th

March 18th

March 25th

Schedule for the Morning

7:30 a.m. Confessions Begin
 8:30 a.m. Morning Prayer
 10:15 a.m. Break
 11:45 a.m. Conclusion

8:00 a.m. Rosary
 9:15 a.m. Father Patrick - Talk
 10:45 a.m. Eucharistic Celebration
 Saturday Liturgy

Loving God, during the sacred season of Lent, bring me closer to You.
 Prepare a place in my home and heart for silence and solitude,
 so that I may re-discover the grace of simplicity.
 Enlarge my heart so that I give to those in need,
 and in so doing, re-discover the grace-filled time
 to rekindle my love and faith in You.

Amen.

THE POPE'S MONTHLY INTENTIONS FOR 2023 MARCH

For Victims of Abuse

We pray for those who have suffered harm from members of the Church;
 may they find within the Church herself a concrete response to their pain and suffering



Knights of Columbus Council 1387
 Supporting your Church and the little servants of
 Christ The King prayer group

kofc.org/joinus



TAKE A STEP.....



One of God's greatest promises explains what happens when you spend time with Him:

"Draw near to God, and He will draw near to you" (James 4:8). Nearness means you'll get to know God better, and learn to recognize His voice. Jesus said He leads His sheep with His voice. "The sheep hear His voice, and He calls His own sheep by name and leads them out" (John 10:3). With Christ in the lead, you'll go in the right direction and will make it to your destination. You won't stumble around in a fog of confusion or wander aimlessly, not knowing where to go. Staying close to Jesus also ensures you'll have life "abundantly" (John 10:10). This doesn't mean you won't have challenges or hardships, but it does mean you'll always have peace, power, and joy that can help you deal with any situation. How can you do this?

TAKE A STEP...

**SLOW DOWN AND MAKE MORE ROOM FOR JESUS IN YOUR LIFE.
YOUR REWARD IS ETERNAL SALVATION!**

LENT gives you six weeks leading up to Easter to draw near, spending 40 days of fasting, sacrifice and almsgiving. How will you prepare for the Resurrection this year? Lent is a perfect opportunity to start and reboot your prayer life and relationship with God.

- Make room for some quiet time. It's just between you and God.
- The Adoration Chapel is a great place to open your heart and make room for the Lord.
- Do a good self-examination of your conscience.
- Make a good Confession.
- Read through the accounts of Jesus' life on earth in the Gospels.
- Recite and meditate on the Stations of the Cross.
- Focus on Our Lady of Sorrows.
- Observe: Prayer, Fasting, and Almsgiving

Many people fast during the days leading up to Easter. Don't just fast, but fast and pray. If you fast from time spent in one activity, and spend that time with God in prayer, you might find that it's a habit worth continuing even after Easter. Are you ready to take the next step? St. Clare of Assisi said:

"IF YOU SUFFER WITH HIM, YOU WILL REIGN WITH HIM. IF YOU CRY WITH HIM, YOU WILL HAVE JOY WITH HIM. IF YOU DIE WITH HIM ON THE CROSS OF TRIBULATION, YOU WILL POSSESS THE ETERNAL DWELLING PLACE IN THE SPLENDOR OF THE SAINTS. AND YOUR NAME, WRITTEN IN THE BOOK OF LIFE, WILL BE GLORIOUS AMONG MEN."

A GLIMPSE OF HEAVEN

It was the morning of September 20, 2006. Jeff Markin recalls heading to work as usual. What he doesn't remember is driving himself to the hospital. He had called his boss and told him he didn't feel well. His boss was concerned and convinced Jeff to go to the emergency room. Somehow Jeff made it. Once he got there, he collapsed.

Dr. Chauncey Crandall was doing rounds in the intensive care unit that morning. He recalls that an alert call came over the PA system, and that someone had arrived at the hospital with a massive deadly heart attack. Then a second call went out over the PA system, and specifically asked for me because I was the cardiologist on that day. When I arrived there, it was like a war zone. It was chaos. Everyone there was fighting to keep this man alive. The ER staff worked on Jeff for 40 minutes. They shocked him a dozen times. Despite their efforts, there was no response. Once Dr. Crandall decided the team had done everything medically possible, he called the time of death. Medically, Jeff was dead, but he was still experiencing consciousness.

"I was standing in the back of a funeral home, and at that time, I determined that I had died," Jeff Markin says. "This funeral home was empty, and I was wondering where all my friends and family were."

While a nurse prepared Jeff's body for the morgue, Dr. Crandall updated the charts. "As soon as my notes were completed, I walked out through the door to this emergency room and I heard this voice say, "Turn around and pray for this man." I wanted to ignore that voice because I said to myself, how can I pray for that man? He has passed away. There's no life in him, so I keep walking. The voice came back again and said, "Turn around and pray for that man." I stopped and thought I need to honour the Lord. So I turned around at the doorway, and I walked to the side of the body. "The nurse was on the other side of the

body, and she's looking at me thinking, 'What are you doing? Why are you here?' I stood there next to the body, and I opened my mouth and these words came out: **"Father God, I cry out for this man's soul. If he does not know You as his Lord and Saviour, Father, raise him from the dead now, in Jesus name."**

I remember staring at bright lights and they were swirling around, Jeff says. Out of those bright lights came an image, and He told me that He was there to look over me and make sure that everything was going to be fine.

Dr. Crandall continues.... another doctor walked in the room and he pointed to him and said, "Shock this man one more time." He looked at me and said, "Dr. Crandall, we can't shock him. He's dead. There's no life in him. He's gone." I said, "For me, shock him one more time." That doctor, out of respect and honour for me, went over to the body with the defibrillator paddles, and put the paddles on that patient and shocked him. Immediately, an instant heartbeat came back. It was instant, perfect, and regular. We have never seen this happen before. Then, suddenly his abdomen started moving, and he started breathing. Then in a couple of moments, his fingers started twitching.

They immediately moved Jeff to the intensive care unit. Three days later, Jeff woke up with no evidence of brain or organ damage.

"Once I woke up, my daughter Jillian was there," Jeff said. "That's when she told me what had happened." Dr. Crandall said that when he came in Monday morning, Jeff was sitting up in bed. He said, "Where were you that day that I prayed for you in the emergency room?" And Jeff said, "I was in total darkness, and I was so disappointed."

... continued on page 5

Then the Dr. said, "Jeff, what were you disappointed about?" He said, "I was alone for eternity." Jeff recalls, He asked me at that time if I was willing to accept God into my life and into my heart, and I did. I just opened my arms and accepted God. It was just a very emotional time, and I remember crying in his arms.

Today Jeff is back at work and gets regular check-ups with Dr. Crandall. "He still has no heart problems, or residual complications from his brush with death," Dr. Crandall says.

To understand what I had gone through, and to be fortunate enough to be alive has been a part of my daily battle in understanding why I was saved? "Why have I been so

blessed to have God shine on me? It has been tremendous. I have been physically reborn. I've been spiritually reborn, and I am just very grateful for that."

This day that I prayed for Jeff was a day of very little faith. It wasn't one of my big God days, Dr. Crandall said. I was in such a rush with my work, and I didn't have a lot of faith backing that prayer up that day, however **the Lord asked me to do it, so I honoured the Lord and prayed. That's all we need. Just a spark of faith like that mustard seed, and when you cry out to the mighty Holy Spirit, He will take over.**

Miracles are real, and they are real today. God can change your life, if you will let Him.



Pray for Turkey & Syria

Heavenly Father, our hearts are moved by the effects of the earthquakes in Turkey and Syria. The grief felt by families who have lost loved ones, or await news of loved ones, is unimaginable. We turn to you, God of all comfort, and ask that you be close to people in the days ahead, and that they might know your peace that surpasses all understanding. Lord, bring them comfort, strength and renewed hope.

Amen.

YOU ARE INVITED

To spend an hour or more with the Lord in the Perpetual Adoration Chapel located at
Our Lady of Hope Parish (591 Brennan Rd., Sudbury).

**THE ADORATION CHAPEL IS OPEN DAILY FROM 6:00 a.m. UNTIL MIDNIGHT
EVERYDAY OF THE WEEK.**

DURING THE WEEK DAYS:

- 6:00 a.m. to 8:30 a.m. you need to use a code to enter
- 8:30 a.m. to 4:30 p.m. when the parish office is open, no code is needed
- 4:30 p.m. to midnight a code must be used

If you attend on the weekend, entrance is by code only. The keypad is situated at the Chapel entrance by the office.

When you enter and no one is in the Chapel, simply open the new Tabernacle doors, and visit with the Lord for as long as you wish. YOU DO NOT HAVE TO WAIT FOR SOMEONE TO COME IN TO TAKE YOUR PLACE. You may then close the Tabernacle doors, and leave the Chapel by the same entrance. The door will automatically lock behind you.

How do you obtain the code to enter the Chapel? Come to the prayer meeting on a Thursday evening to receive the code. We need to be cautious for security purposes at this time. If you are unable to stay for the entire meeting, please drop by between 5:00 p.m. until 7:30 p.m. to obtain this important piece of information. This new procedure is in place, and you will come to see that it will be beneficial for all. Everyone is welcome!



YOU ARE ALSO INVITED

Every Thursday Evening at
6:00 PM

PRAISE AND WORSHIP EUCHARISTIC CELEBRATION

PRAY THE ROSARY

CONFESS

Bring a friend, bring a loved one, bring a neighbour...bring someone!

Beatitudes for Friends of the Aged

Author Unknown

*Blessed are they who understand
My faltering steps and shaking hands.
Blessed, who know my ears today
Must strain to hear the things they say.*

*Blessed are those who seem to know
My eyes are dim and my reactions slow.
Blessed are those who look away
When I spilled my tea that weary day.*

*Blessed are they, who with a cheery smile
Stopped to chat for a little while.
Blessed are they who know the way
To bring back memories of yesterday.*

*Blessed are those who never say
"You've told that story twice today."
Blessed are they who make it known
That I am loved, respected and not alone.*

*And blessed are they who will ease the days
As I continue my journey, in loving ways.*



Be The Blessing To Others

Our Condolences

We would like to extend our deepest sympathies to the family and friends, of two of our prayer group members, who have recently passed away.



Ted Jolicoeur

Ted was a long time member of our prayer group, and he will be deeply missed.



Simone Chevrier - January 30, 2023

Simone was a strong, courageous, and proud woman who took on many challenges in her life in service to others.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen



the little servants of Christ The King prayer community Follow us on one or more of the following:



We still provide Mail Outs to those who prefer this method only.

Our official address is:

**the little servants of Christ The King prayer community
1935 Paris Street
Box 21056
SUDBURY ON P3E 6G6**



Official E-Mail Address Is:
ckprayergroup@bell.net



Visit us on Facebook
<https://www.facebook.com/LSCKPG/>



Please visit our website at www.lsckpg.wordpress.com to find information about our prayer group, our meeting times and our upcoming events.

Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com