

# C. K. P. G.

Proclaiming the POWER of the Holy Spirit  
and  
A personal relationship with Jesus Christ

## June 2023

### Executive Board

#### **President**

Gerard Frappier

#### **Vice-President**

Janet Lalonde

#### **Treasurer**

Patrice Campeau

#### **Secretary**

Adele Donnelly

#### **Spiritual Director**

Fr. Patrick Okenyi, sma

#### **Assistant Spiritual Director**

Fr Benjamin Ubi, sma

#### **Advisor**

Terry Shannon

### Service Group Team

#### **Facilitator / Mass Prep**

Christine Charlton

#### **Welcoming Ministry**

Diana Frappier

#### **Book Store**

Faye Gartley

#### **Liturgical and Adoration Chapel**

Linda Giusto

#### **Evangelization**

Amelia deBlacam

#### **Music Ministry**

Guy Ladouceur

Gerald McLean

#### **Newsletter**

Donna Ladouceur

Harold Arnold

#### **Electronic Board**

Tibor Berecz

Zsuzsi Kerekes

#### **Heart to Heart Ministry**

Fernande Richard

Marinella Pegoraro

#### **Prayer Warrior Ministry**

Bertilla Rodriguez

Debra Poulin

#### **Cancer Ministry**

Paulette Bean

Nicole Madore

#### **Additional Members**

Magda Arsenault

Jack Cook

## *Special Pentecost Edition*



**ACTS 1:8**

*...but you WILL receive the power of the Holy Spirit which will COME ON YOU, and then you will be My witnesses not only in JERUSALEM but throughout JUDAEA and SAMARIA, and indeed to earth's remotest end.*

### Priests of the Prayer community

Father Raymond Akor

Father Ken Gauthier

Father Joseph Ogah

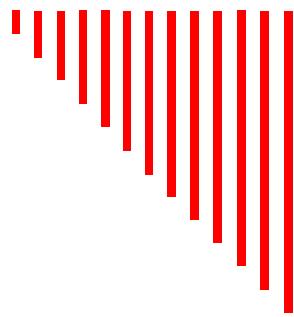
Msgr. André Tremblay

Father Celestine Agwu, smmm

Father Gérald Lajeunesse

Father Patrick Okenyi, sma

Father Benjamin Ubi, sma



# Pentecost Retreat

Saturday, May 27th, 2023



## In Review

*A time to receive the outpouring of the Holy Spirit, and to enter more deeply into this special solemnity in the life of the Church, through Mass, Eucharistic Adoration, Confession, praise and talks.*

---

## *Pentecost Homily*

### May 27, 2023 - Father Patrick Okenyi, sma

Today Christians all over the world celebrate the solemn feast of Pentecost.

Pentecost, according to the Jewish culture, is a feast which celebrates the ancient covenant, which God gave to His chosen people through Moses. There was the tradition that the covenant was given to the people on the fiftieth day after the exodus – that was why it was called “**pentekoste**”, from the Greek word for fiftieth.

In the Christian tradition, Pentecost is the fiftieth day after Easter, when God sent His Spirit on His disciples; the day when fear was transformed into courage; weakness was transformed into strength; and sorrow was transformed into joy.

Before the Pentecost day, the disciples were living in fear and they were always meeting in hiding. They met in Upper-rooms, basements and they met secretly in their homes. The disciples were hungry for something: ***They were hungry for the “Open”***. However, they lacked the courage and the power to come out and practice their faith in the “open”.



But when they received the Holy Spirit on the day of Pentecost, they received Courage and Power:

***The Courage and Power to Stand-Out,  
The Courage and Power to face Oppositions,  
The Courage and Power to Witness,  
The Courage and Power to Perform Miracles,  
The Courage and Power to Love,  
The Courage and Power to Lead,  
The Courage and Power to Live...***

In our contemporary world where all the rulers and rules are working against our faith, we unquestionably need this courage and power; we need a new Pentecost.

There is so much to be said about the Holy Spirit and about Pentecost, but I would like to draw your attention to the following points:

#### **1. Pentecost is not just what happened to the apostles in the Upper room; it is what happens to us when we ask God to send His spirit on us in a special way:**

The Gospel of John 3:8 says, “***the Spirit blows where it will...***” meaning, the Holy Spirit cannot be limited to time and space.

Pentecost hence, is not a one-time event; although it happened once in the history of the church, it can still happen again, and it does happen again and again: In the Sacrament of Confirmation; at the laying on of hands after the “*Life in the Spirit Seminar*”; and also, when we go into deep prayer and invite the Holy Spirit to come upon us.



At times we don't need to invite the Holy Spirit to come during our holy moments, but He comes. Remember, in Acts of Apostles 10:44-47 while Peter was still speaking the Holy Spirit fell on all those who were listening.

This “conscious” and “special” encounter with the person of the Holy Spirit has become today a “sine qua non” (an essential requirement) for all Christians.

## **2. With the coming of the Holy Spirit, Christians are now empowered to speak a language that everyone can understand:**

One particularity in the event of Pentecost was when the disciples started praising God in “strange” and “foreign” tongues.

This event happened in the commercial city of Jerusalem; maybe in the “down-town” of Jerusalem. And they were traders, tourists and visitors from all over, even from Africa. This event became more interesting, and drew the attention of “*all and sundry*” when they could all hear words in their language from the Upper-room of one of the buildings. The Holy Spirit came upon the disciples, and while they were praising God, they could be understood by everyone: inhabitants of Jerusalem, visitors, traders and tourists. The power to be understood by all, was part of the gift they received from the Holy Spirit. Although the listeners couldn't understand everything, they heard words from their own languages.

My brothers and sisters, the Holy Spirit, from the day of Pentecost, has empowered all Christians to speak a language that everyone can understand, and that language is neither French nor English, nor Chinese nor Idoma; that language is called love. That is why we call the Holy Spirit, the Spirit of love. Hence, if you have all the gifts as mentioned in First Corinthians ch.12, and you don't have love as mentioned in 1 Corinthians ch. 13 then you have nothing. For love is the only thing we owe everyone says Romans ch. 13:8-10.

## **3. With the coming of the Holy Spirit, Christians are now empowered to communicate with God like children:**

The gift that the disciples received on the day of Pentecost was a gift with two facets. On one side, the disciples were empowered to speak a language that everyone could understand: **love**. On the other side, the disciples were empowered to communicate with God in such a way that it was only God who could put together the bits and pieces of what they were saying.

This is an invitation for us to take our natural position before God, as children, and speak to God as little children do to their mother or father. Jesus, in the Gospel of Matthew ch. 18:3 invites us to become like little children, and how do little children communicate with their parents? **they babble**. In prayer, the Holy Spirit takes control over your tongue and makes you communicate with God in the language of children; you babble! Exactly what happened to Hannah when she was praying for the gift of a child in 1 Samuel ch. 1:9-28. She was babbling while praying, and the priest Eli thought she was drunk.

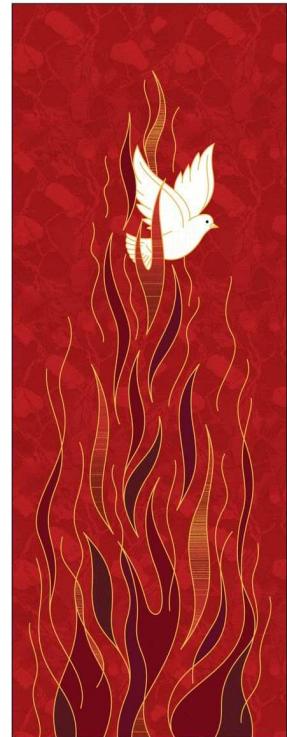
According to Romans ch. 8:26, at times when we pray the Holy Spirit “groans” within our hearts, with words that cannot be uttered or understood by men. My brothers and sisters, the gift of speaking in tongues is a particular gift that is given to some people, but the gift of praying in tongues is a gift that is given to all Christians. For it simply means, **being influenced by the Holy Spirit during our prayer times to communicate with God like a child!**

4. The Holy Spirit comes with gifts for our personal growth and sanctification, and He comes also with gifts meant for the edification of others and the growth of the church:

**The Seven Gifts of the Holy Spirit (Isaiah 11:1-2):** Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord are graces given for “personal sanctification” and personal growth.

**While the Spiritual/Charismatic Gifts (1 Cor 12):** are natural and miraculous abilities that are empowered by the Holy Spirit for the edification of others and for the growth of the church.

My brothers and sisters, we must always remember that the Holy Spirit breathes on us, and breathes through us, ***In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.***



## ***Symbols Of The Holy Spirit***

**May 27, 2023 — Father Joseph Ogah**

This feast sets out to concisely explain the symbols of the Holy Spirit, the third person of the Blessed Trinity. This is because the human person being limited in so many ways, and particularly in matters of faith and beliefs, needs concrete images, concrete symbols to help us mediate to our minds the presence of God. A lot of people don't have problems relating to God the Father as the creator of the world, and God the Son as redeemer of the world, but the problem mostly is identifying the Holy Spirit. It is my hope that our reflection on the symbols of the Holy Spirit, will deepen our understanding of the third person of the Blessed Trinity.

***We shall look at the following symbols of the Holy Spirit:***



**Fire:** A number of Old Testament passages help us to understand the symbol of the Holy Spirit as fire. For example, when Moses encountered God at the burning bush, and later when God appeared in a pillar of fire to lead the Israelites in the wilderness. Also, the prayer of the Prophet Elijah, who arose like fire and whose words burned like a torch, brought down fire from Heaven on the Sacrifice on Mount Carmel.

In Acts of the Apostles, the tongues of fire represent the Holy Spirit. This fulfills John the Baptist's Prophecy that the Messiah would Baptize 'with the Holy Spirit and fire' (Matthew 3:11-12). Jesus Himself will say of the Holy Spirit; I came to cast fire upon earth, and how I wish it were blazing already. The Holy Spirit comes to transform us, cleanse us and purify us to become more like Christ in our daily living.

**Wind:** The rushing wind at Pentecost in Acts 2:2 invokes this symbol. The gentle breeze or the sound of a rushing wind Serves as a power reminder of the Holy Spirit.

**The Symbol of Water:** In the Gospel of John 7:37-39, Jesus proclaimed; if any one thirsts, let him come to Me and drink. He who believes in Me, as the scriptures says, out of his heart shall flow rivers of living water. Hence our constant use of Holy Water to sanctify and purify ourselves. As the Church teaches in her Catechism (no 694), the symbolism of water signifies the Holy Spirit's action in Baptism, since after the invocation of the Holy Spirit it becomes the efficacious sacramental sign of new birth; the baptismal water signifies that our birth into Divine life is given to us in the Holy Spirit. The Holy Spirit is the living water welling up from Christ crucified as its source and welling up in us to eternal life.

**Dove:** At the end of the flood, whose symbolism refers to baptism, a dove released by Noah returns with a fresh olive-tree in its beak, as a sign that the earth was again habitable. After the baptism of Jesus at the River Jordan, the Holy Spirit, in the form of a dove, came upon Him and remains with Him. The same Holy Spirit comes down and remains in the purified hearts of the baptized (Catechism of the Catholic Church, no 701).

**Anointing:** The symbolism of anointing with oil signifies the Holy Spirit. In Christian initiation, anointing is the sacramental sign of confirmation, where the spirit is fully received. Jesus was anointed by the Holy Spirit to launch Him into the public ministry giving Him power and wisdom to accomplish His mission. The spirit of the Lord is upon me, He has anointed me.... (Luke 4:18ff). In fact, the name Christ means **anointed** (Catechism of the Catholic Church, no 695).

**Cloud and Light:** The Catechism of the Catholic Church (no 697), teaches us that cloud and light occur together in the manifestation of the Holy Spirit, and this is evident in Moses' spiritual encounter on Mount Sinai (Exodus 24:16-18), in the tent of meeting (Exodus 33:9-10) and during the wandering in the wilderness (Exodus 40:36-38). We also see this with Solomon at the dedication of the temple (1 Kings 8:10-12). These figures, as clearly stated in the catechism, are fulfilled by Christ in the Holy Spirit. Thus, the Holy Spirit, like the cloud overshadowed the Blessed Virgin Mary, so that she might conceive and give birth to Christ; the Holy Spirit being represented as cloud, is also seen in the transfiguration, the ascension and shall be seen again in the final coming of Christ (Luke 1:35; 9:34-35; 21:27; Acts 1:9).





**The Seal:** The seal is also a symbol of the Holy Spirit; the Father sets His Seal on Christ and we are also sealed in Him. This indicates the indelible marks we receive in the sacraments of baptism, confirmation and Holy Orders by the anointing with the Holy Spirit (Catechism of the Catholic Church, no 698).

**The Hand:** It is by laying His hands on the sick and little children that Jesus heals and blesses them respectively. And, by the imposition of the hands by the Apostles, the Holy Spirit was given (Mark 6:5; 8:23; Acts 8:17-19; 13:3; 19:6; see also Catechism of the Catholic Church, no 699).

**The Finger:** This is another symbol of the Holy Spirit and this is clearly in the fact that Jesus cast demons by the finger of God (Luke 11: 20), and this accounts for why in the hymn “*veni creator spiritus*,” the Holy Spirit is invoked as the finger of God.

**In Conclusion,** these symbols help us to image the invisible Holy Spirit. God Is present in nature by His power, presence and essence. Thus, in our prayers, we can use these images to invoke the Holy Spirit; we can invoke the fire of the Holy Spirit to consume the evil in our lives; we can ask the Holy Spirit to overshadow us like the cloud; we can ask the Holy Spirit to use us as His hands and fingers in the world; we can ask the Holy Spirit to wash us with the water that gushed forth from the side of Christ on the cross of Calvary. We pray that the Holy Spirit may melt us, mold me, fill us and use us. Amen.



## *Seven (7) Steps To Being Baptized in The Holy Spirit*

**May 27, 2023 — Rev. Fr. Benjamin Ubi, SMA**

We could address this topic from different dimensions. Its vast nature is overwhelming. Being baptized is originally considered as the purification from original and personal sins, being made a child of God, and automatically a member of the Church. However, receiving the baptism of the Holy Spirit could mean acceptance of a renewed purification and strength. Nevertheless, we shall just consider the fact that being baptized in the Holy Spirit means being filled and imbued with a Divine power that is incomparable to none.

To achieve any height in life; to reach our destination; to realize our dreams; to be baptized in the Holy Spirit, we must follow paths that lead there. Consequently, it is pertinent to consider the steps leading towards the reception of the Holy Spirit's baptism (Acts 1:5). The following seven steps aren't exhaustive. The Holy Spirit will be considered as a feminine reality in the little talk.

**1. Recognition of our sinful state.**

**2. Renunciation of sin.**

**3. Free and conscious decision to stop sin.**

**4. Acceptance of Jesus Christ as Lord and Saviour.**

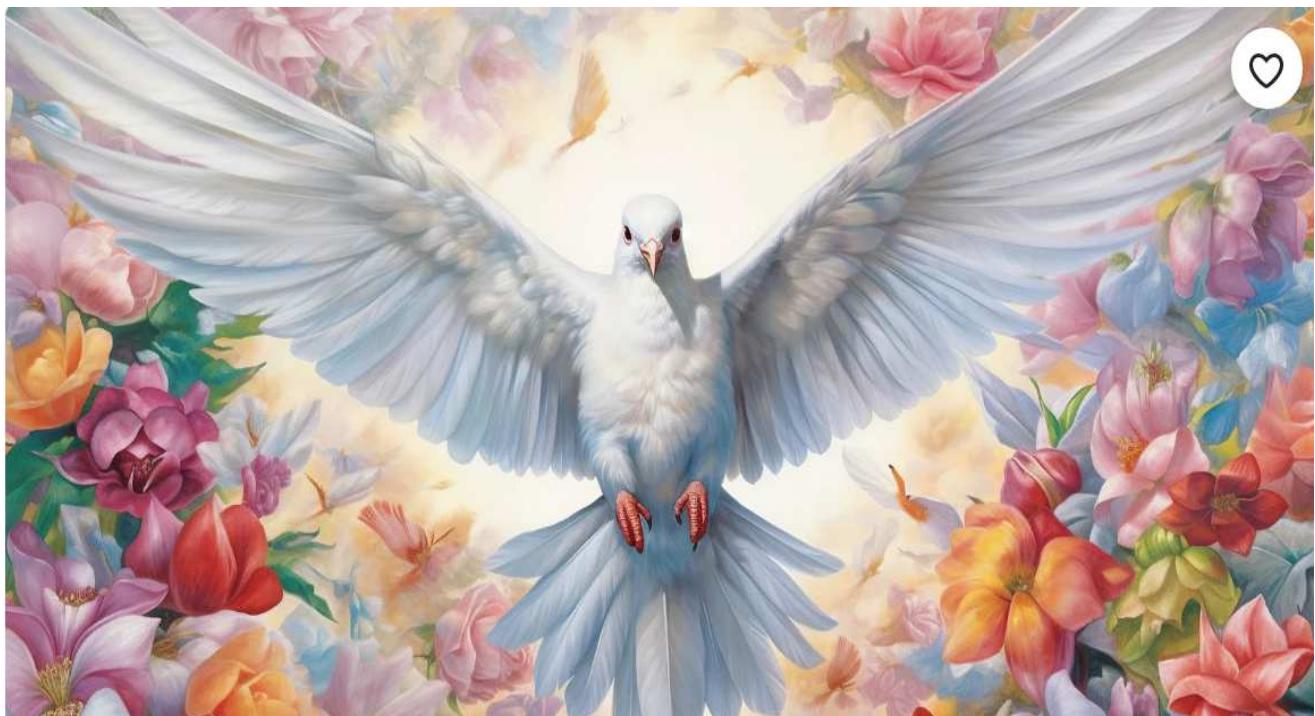
**5. Absolute surrender to God.**

**6. Desire to receive the Holy Spirit.**

**7. Be ready for the newness and the baptism in the Holy Spirit.**

- 1. Recognition of our sinful state:** This is the first, and apparently, most important step towards receiving the baptism of the Holy Spirit. It's the fact of being conscious of our limitedness, our frailty, our weakness and our humanity. "If we say we have no sin in us, we are deceiving ourselves and refusing to admit the truth; but if we acknowledge our sins, then God Who is faithful and just will forgive our sins, and purify us from everything that is wrong" (1 John 1:8-9).
- 2. Renunciation of sin:** This act must come from within the person who is willing to be baptized in the Holy Spirit. All sins must be renounced, confessed, repented from, agonized for and finally forgiven. The Holy Spirit, due to Her pure nature, can not live in an unclean or impure environment. As such, Her dwelling place must be stainless. The prophet Isaiah made it obvious when he wrote without mincing words: "Come now, let us talk this over, says Yahweh. Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool" (Isaiah 1:18). John the Baptist, Jesus and His Apostles all invited sinners to repentance, as a criterion for the reception of the renewed power that the Holy Spirit brings (Matthew 3:1-12; John 8:21-24; Acts 2:37-41).
- 3. Free and Conscious decision to stop sin:** After rescuing the adulterous woman from the hands of the scribes and pharisees who wanted her stoned to death, Jesus said to her: "...go away and don't sin any more" (John 8:11). Deciding to stop sin takes a great effort. It is usually said that: "Bad habits die hard". When sin has become a part of one's life, breaking away is always harder, but possible. Saint Paul in his letter to the Ephesians 4:25-32 says: "From now on, there must be no more lies... Even if you are angry, you must not sin... Never have grudges against others, or lose your temper, or raise your voice to anybody...". To make this effective, one has to discover alternatives to occasions of sins. Thus, there is the necessity to change friends, places and things that encourage sin.
- 4. Acceptance of Jesus Christ as Lord and Savior:** Jesus came that we might have life and have it in abundance. He came that we might be filled with His joy, peace and truth. He came to pay for our sins, redeem us and win us back to God. Before ascending into heaven, He promised to send the Holy Spirit into the world as our Counselor, Advocate and Defender. Evidently then, acceptance of Jesus as Saviour and Lord opens us already to a deep friendship with him, and consequently, it opens us to the baptism in the Holy Spirit (Acts 2:38).

- 5. Absolute surrender to God:** Here, the popular song “I have decided to follow Jesus...” comes readily to mind. It’s a song that depicts complete self-giving and surrender to God without reserve. The hymn places material gain and worldly allurement behind, while instituting spiritual benefits and heavenly interest as primordial. “...you should, instead, offer yourselves to God, and consider yourselves dead men brought back to life; you should make every part of your body into a weapon fighting on the side of God...” (Romans 6:13). Anyone who wants to be baptized in the Holy Spirit must therefore offer himself/herself as a holy sacrifice, truly pleasing to God (Romans 12:1-2). The experiences of the Apostles and Paul after Pentecost perfectly illustrate this wholesome surrender.
- 6. Desire to receive the Holy Spirit:** In as much as all the aforementioned steps are important, this too is equally non-negotiable. The desire to receive anything fills us already with it even before its accomplishment. Once we will/desire for something, we act towards achieving it. In His goodness, God grants whatever we ask from Him. “What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? ...how much more will the heavenly Father give the Holy Spirit to those who ask Him!” (Luke 11:11-13). “At night my soul seeks for you and my spirit in me seeks for You” (Isaiah 26:9). Since Wisdom is equated with the Holy Spirit, when we seek the former, we automatically seek the latter (Ecclesiasticus 4:12-14).



7. **Be ready for the newness and the baptism of the Holy Spirit:** Lastly, of all the steps is the readiness to be baptized in the Holy Spirit. The fire of the Spirit brings newness, cleansing, purification, strength, courage and every gift that is necessary for being witnesses to God. This openness of heart is a great requisite for Her indwelling. It is a total self-giving that is done without calculations nor reservations. There must exist no doubt in our hearts of what the Holy Spirit can do. No, what ifs. That is why in Mark's Gospel 11:24 it is written: "I tell you therefore: everything you ask and pray for, believe that you have it already, and it will be yours".

All this being said, we must conclude that the Holy Spirit is received, not as a personal merit, but as a free gift from God. Her work in us must be visible in daily life. She gives Herself to us for our sake and for the sake of others. The portion we receive is only a part to complete the entire building. For this reason, there are a variety of gifts, but always the same Spirit. One may have the gift of preaching, another may have the gift of faith, another still may have the gift of healing, while someone else may have the power of miracles, or prophecy, or recognizing spirits, or the gift of tongues and another the ability to interpret them. All these are distributed to different people for a particular purpose just as God chooses (1 Corinthians 12:4-11).

## *The Person of the Holy Spirit.*

**May 27, 2023 – Fr. Raymond Akor**

The Holy Spirit is the third person of the Trinity, the triune Godhead, and is co-equal with the Father and the Son. The symbols of the Holy Spirit are:

**Dove:** the baptism of Christ, Matthew 3:16 "After Jesus was baptized, He came up from the water and behold, the heavens were opened (for Him), and He saw the Spirit of God descending like a dove (and) coming upon Him".

**Fire:** Acts 2:3-4 <sup>3</sup>"they saw what seemed to be tongues of fire that separated and came to rest on each of them. <sup>4</sup>All of them were filled with the Holy Spirit and began to speak in other tongues<sup>[a]</sup> as the Spirit enabled them".

**Wind:** Acts 2:1-2 "When the day of Pentecost came, they were all together in one place. <sup>2</sup>Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting".

Looking at the symbols of the Holy Spirit, one would be tempted to think that the Holy Spirit is a force. He is not just a force; He is a person with a personality. The Holy Spirit is a person who has a mind, emotions, and a will. According to Scripture, the Holy Spirit is not only God, but He has a will, a personality, and can even be offended.

### ***What the Bible says about Grieving the Holy Spirit***

Grieving the Holy Spirit is a term used in the Bible to refer to actions that cause the Holy Spirit to feel sorrow or pain. One of the places in Scripture where we read about grieving the Holy Spirit is in [Ephesians 4:29-32](#). The apostle Paul writes:

**“Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. And do not grieve God’s Holy Spirit by the way you live.... Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of malicious behaviour. Instead, be kind to each other, tender-hearted, forgiving one another, just as God through Christ has forgiven you.”**

To grieve the Holy Spirit means to cause Him sorrow or sadness by our actions. Just like we can grieve a person’s heart, we can also grieve the heart of the Holy Spirit. When we choose to sin or live in a way that is contrary to God’s will, we cause the Holy Spirit to feel pain and sadness.



## ***Do Not Grieve The Holy Spirit***

**EPHESIANS 4:30**



# THE HOLY SPIRIT

## Third Person of the Trinity

### Ways in which a person grieves the Holy Spirit

There are many ways in which a person can grieve the Holy Spirit. Some examples include:

Foul and abusive language makes the Holy Spirit sad. Verse 29 says, “Don’t use foul or abusive language. This includes obscene language, profanity, dirty stories, vulgarity etc.

**Anger:** When a person becomes angry and allows their anger to control their actions, they are grieving the Holy Spirit.

**Slander:** Speaking negatively about others, spreading rumours or gossip, or engaging in any form of slander can grieve the Holy Spirit.

**Bitterness:** Holding onto bitterness or resentment towards others can cause pain to the Holy Spirit.

**Quenching the Spirit:** When a person ignores the guidance of the Holy Spirit, or refuses to follow the will of God, they are quenching the Spirit.

### Ways we prevent grieving the Holy Spirit

To live an obedient life. This means following the truth of the Bible, repenting of our sins, and forgiving others as we have been forgiven. We should speak words that build others up, and give grace to those who hear ([Ephesians 4:29](#)). We should be kind and compassionate, forgiving one another as God has forgiven us ([Ephesians 4:32](#)). To walk in the light. This means living a life of honesty and transparency, confessing our sins to God and to one another ([1 John 1:7-9](#)). When we walk in the light, we have fellowship with one another, and the blood of Jesus cleanses us from all sin.

**In conclusion, repenting from grieving the Holy Spirit is an essential part of the Christian life. Once you identify the ways in which you have grieved the Holy Spirit, you must then turn away from those actions and turn towards God in repentance. This involves confessing one’s sins and asking for forgiveness, as well as making a conscious effort to live in a manner that is pleasing to God. As the Apostle John wrote in [1 John 1:9](#), “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”**

**1. Greg Laurie, Sins Against the Holy Spirit:**

Sins Against the Holy Spirit - A New Beginning with Greg Laurie (oneplace.com)

**2. Pastor Duke T, What does it mean to “Grieve the Holy Spirit?”**

What Does It Mean to Grieve the Holy Spirit? (viralbeliever.com)

**3. Greg Morse, The love in His Grief:**

The Love in His Grief: How the Spirit Responds to Our Sin | Desiring God

## *Our Pentecost Retreat Presenters*



Father Patrick Okenyi, SMA



Father Joseph Ogah



Father Benjamin Ubi, SMA



Father Raymond Akor

# Prayers To The Holy Spirit

Spirit of wisdom and understanding, enlighten our minds to perceive the mysteries of the universe in relation to eternity. Spirit of right judgment and courage, guide us and make us firm in our baptismal decision to follow Jesus' way of love. Spirit of knowledge and reverence, help us to see the lasting value of justice and mercy in our everyday dealings with one another. May we respect life as we work to solve problems of family and nation, economy and ecology. Spirit of God, spark our faith, hope and love into new action each day. Fill our lives with wonder and awe in your presence which penetrates all creation. Amen.

Holy Spirit of light and love, You are the substantial love of the Father and the Son; hear my prayer. Bounteous bestower of most precious gifts, grant me a strong and living faith which makes me accept all revealed truths and shape my conduct in accord with them. Give me a most confident hope in all divine promises which prompts me to abandon myself unreservedly to You and Your guidance. Infuse into me a love of perfect goodwill, and act according to God's least desires. Make me love not only my friends but my enemies as well, in imitation of Jesus Christ Who through You offered Himself on the Cross for all people. Holy Spirit, animate, inspire, guide me, and help me to be always a true follower of You. Amen.

Breathe into me, Holy Spirit, that my thoughts may all be holy. Move in me, Holy Spirit, that my work, too, may be holy. Attract my heart, Holy Spirit, that I may love only what is holy. Strengthen me, Holy Spirit that I may defend all that is holy. Protect me, Holy Spirit, that I may always be holy. Amen!

## **ACT OF CONSECRATION TO THE HOLY SPIRIT**

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth". Amen.

*The righteous man walks in his integrity;  
his children are blessed after him.  
Proverbs 20:7*

**Heavenly Father, thank You for being the perfect father and the example for all men. Lord, we ask that You would bless all the fathers in the world. Help them to be the fathers that You created them to be. Help them to lead and guide their children in the way they should go. Bless them, Lord, and let Your face shine upon them. Amen**

**THE POPE'S MONTHLY INTENTIONS FOR 2023  
JUNE**

**For the abolition of torture**

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.



Knights of Columbus Council 1387  
Supporting your Church and the little servants of Christ The King prayer group

[kofc.org/joinus](http://kofc.org/joinus)



**the little servants of Christ The King prayer community  
Follow us on one or more of the following:**



We still provide Mail Outs to those who prefer this method only.  
Our official address is:  
**the little servants of Christ The King prayer community  
1935 Paris Street  
Box 21056  
SUDBURY ON P3E 6G6**



Official E-Mail Address Is:  
[ckprayergroup@bell.net](mailto:ckprayergroup@bell.net)



Visit us on Facebook  
<https://www.facebook.com/LSCKPG/>



Please visit our website at [www.lsckpg.wordpress.com](http://www.lsckpg.wordpress.com) to find information about our prayer group, our meeting times and our upcoming events.

*Artwork by Donna Gelsinger, Prints and gifts available at Glowdecor.com*